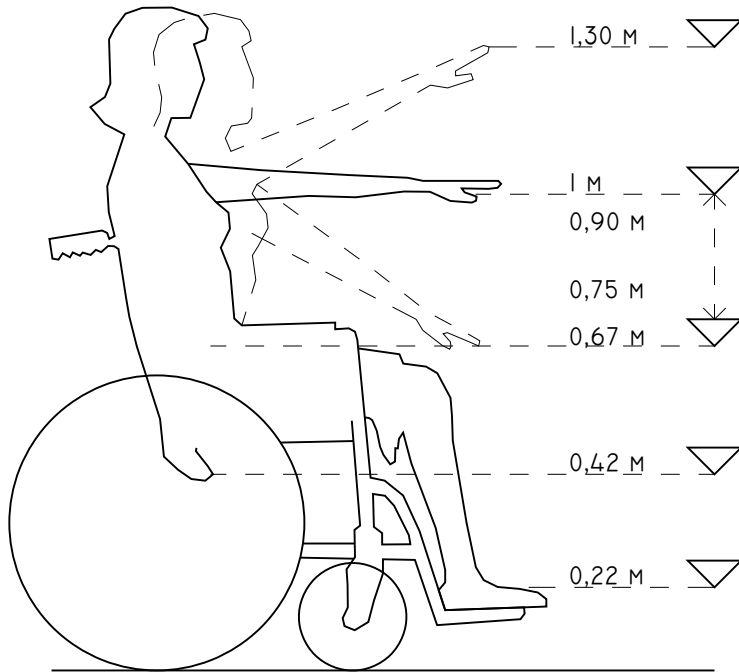


Booklet 01

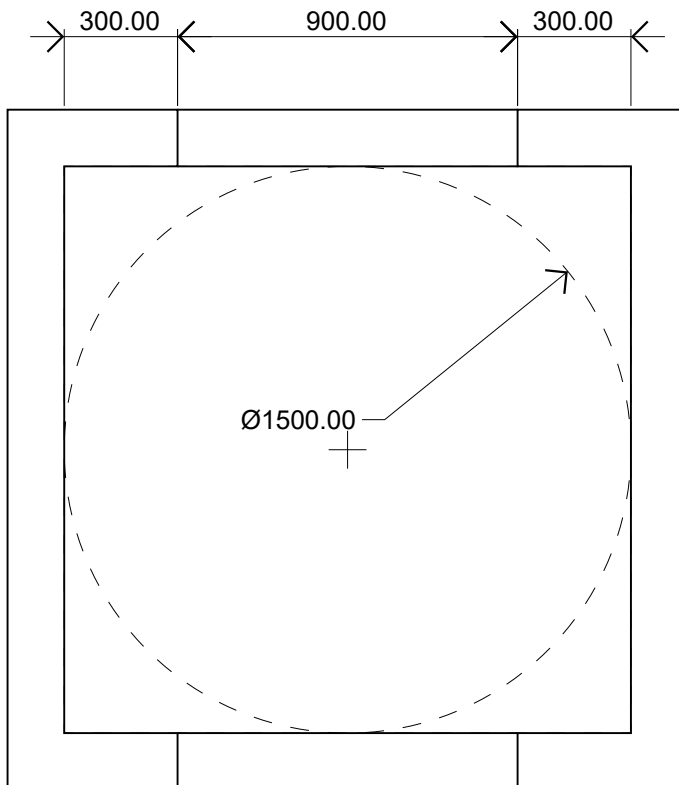
Rules Nursing homes

HEIGHTS & PROPORTIONS

THE DRAWINGS SHOWS THE REGULATIONS FOR HEIGHTS FOR A PERSON IN WHEELCHAIR



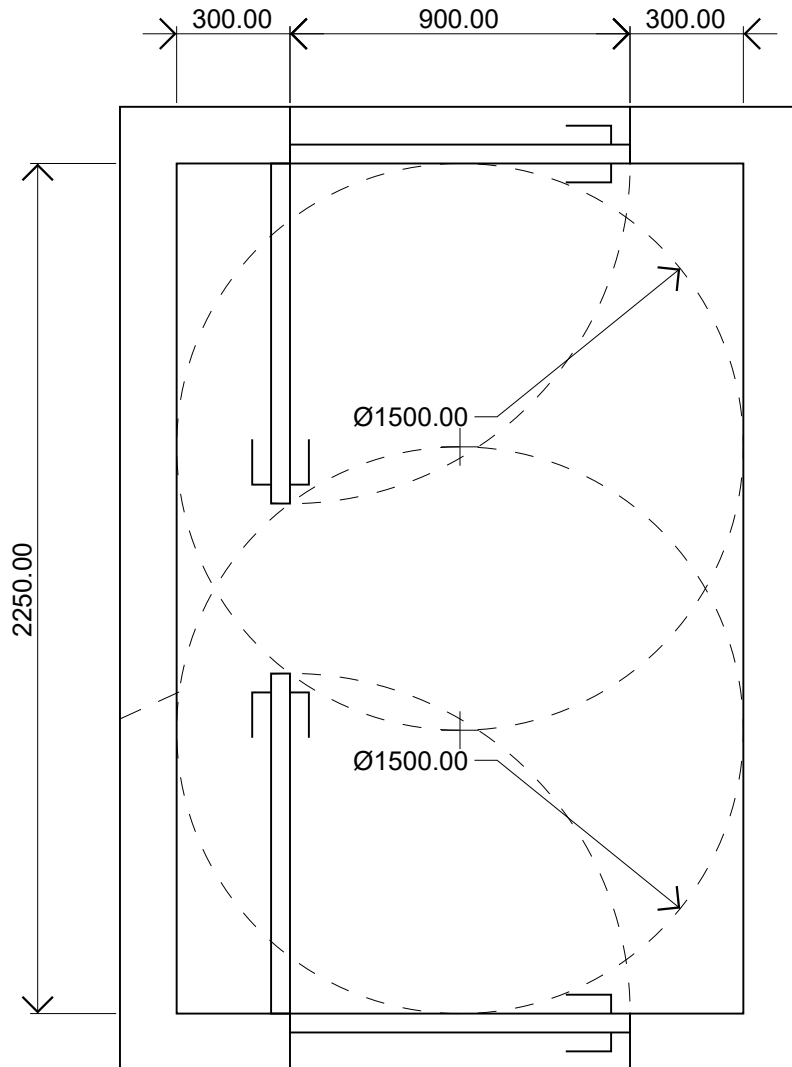
- HIGHEST SHELF IN CABINETS
- MAXIMUM HEIGHT FOR OBJECTS AND EQUIPMENT EVERYONE SHOULD REACH
- HEIGHT OF WORKING SURFACES
- LOWEST HEIGHT UNDERSIDE BENCH, COUNTER, TABLE, SINK, ETC.
- LOWEST ROW HEIGHT
- BOTTOM OF OBSTACLE THAT SUPPORT CAN PASS UNDER



TURN CIRCLE DIAMETER 1,5 M.
SIDESPACED OF 0,3 M IS REQUIRED FOR THE WHEELCHAIR TO BE ABLE TO ROTATE.

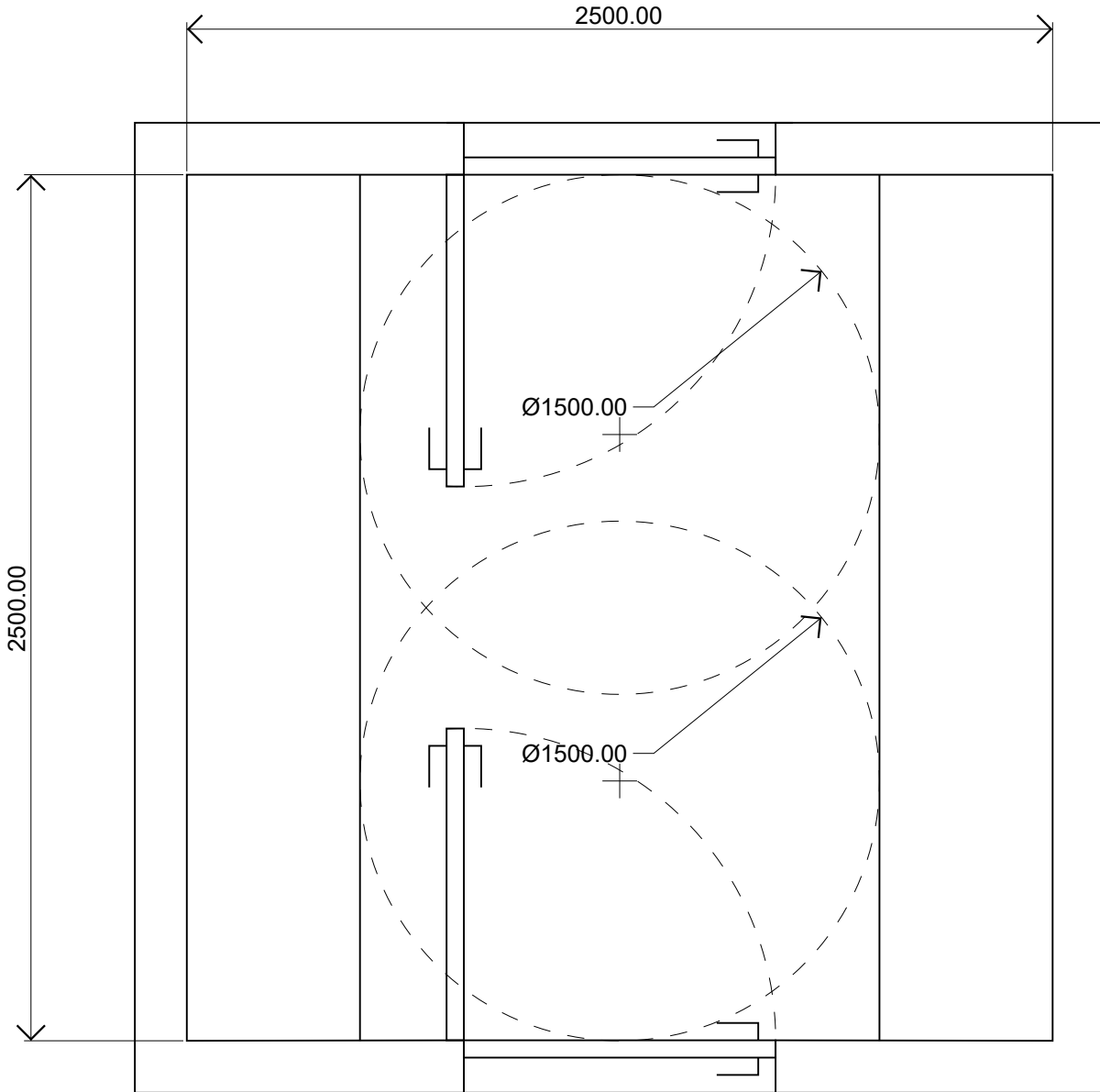
HALWAY

THE TURNING AREA MUST NOT
OVERLAP THE STRIKING AREA OF THE
DOOR TO BE OPERATED



STORAGE

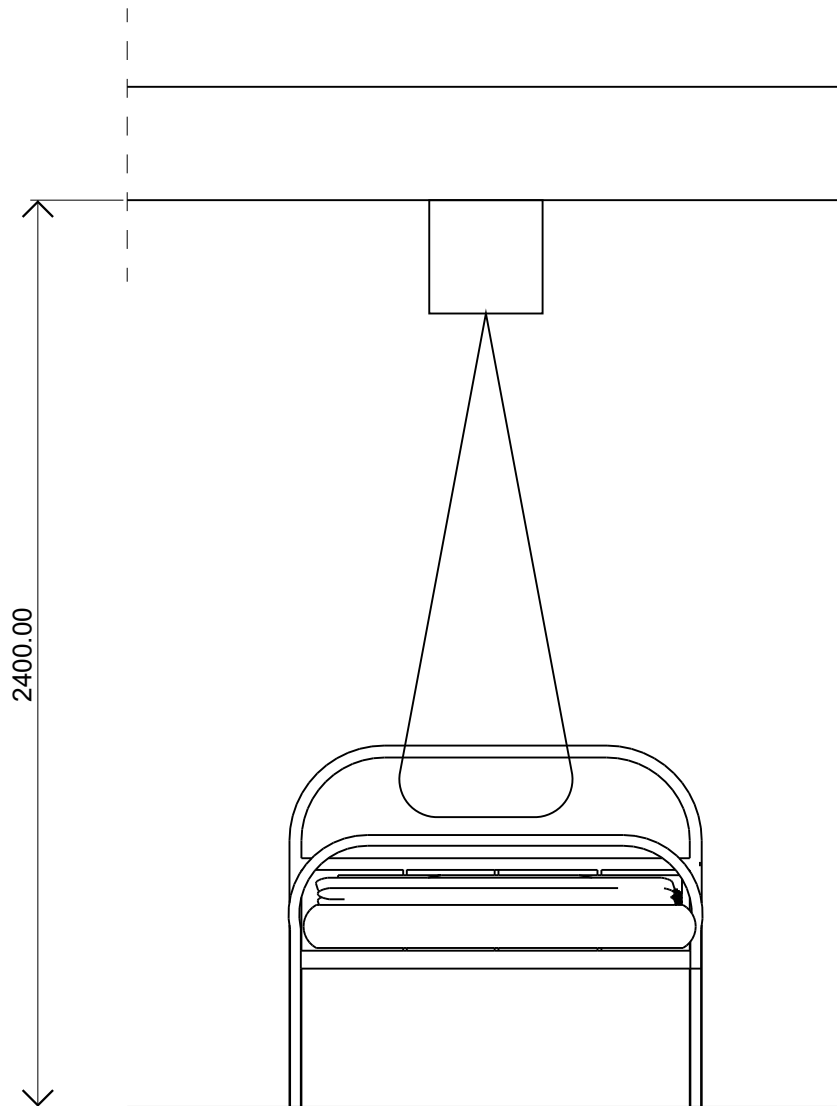
THE TURNING AREA MUST NOT
OVERLAP THE STRIKING AREA OF THE
DOOR TO BE OPERATED



THE HOUSING UNIT MUST HAVE
STORAGE SPACE OR STORAGE SPACE
OF AT LEAST 5.0 M2BRA FOR
BICYCLES, SPORTS EQUIPMENT, PRAMS
AND THE LIKE. FOR HOUSING UNITS
UP TO 50 M2 BRA, THE AREA MUST
BE A MINIMUM OF 2.5 M2 BRA

ROOF ELEVATOR

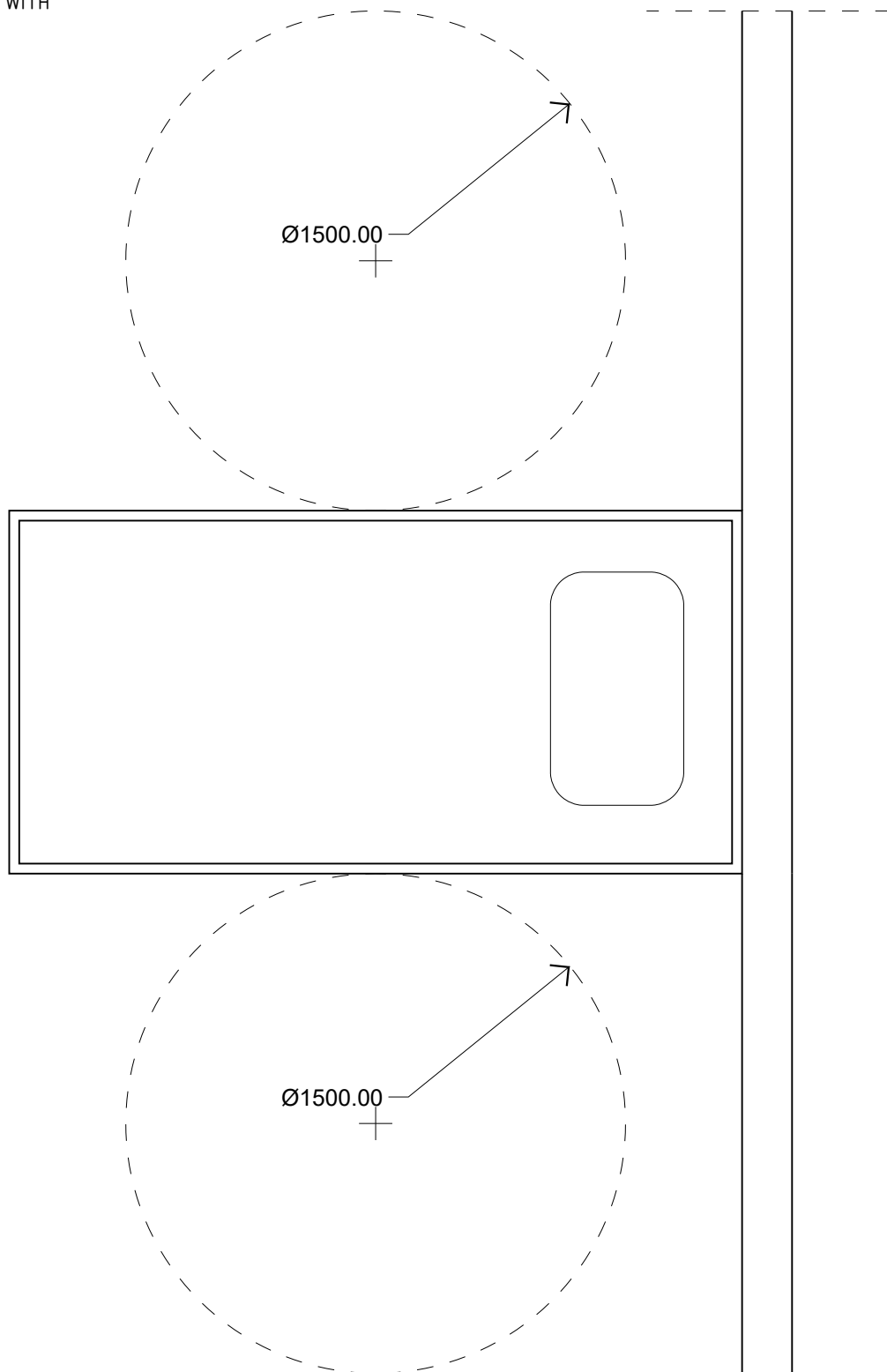
THE ROOF ELEVATOR IS FOR LIFTING THE PATIENTS FROM BEDROOM TO THE TOILET FOR WASHING.



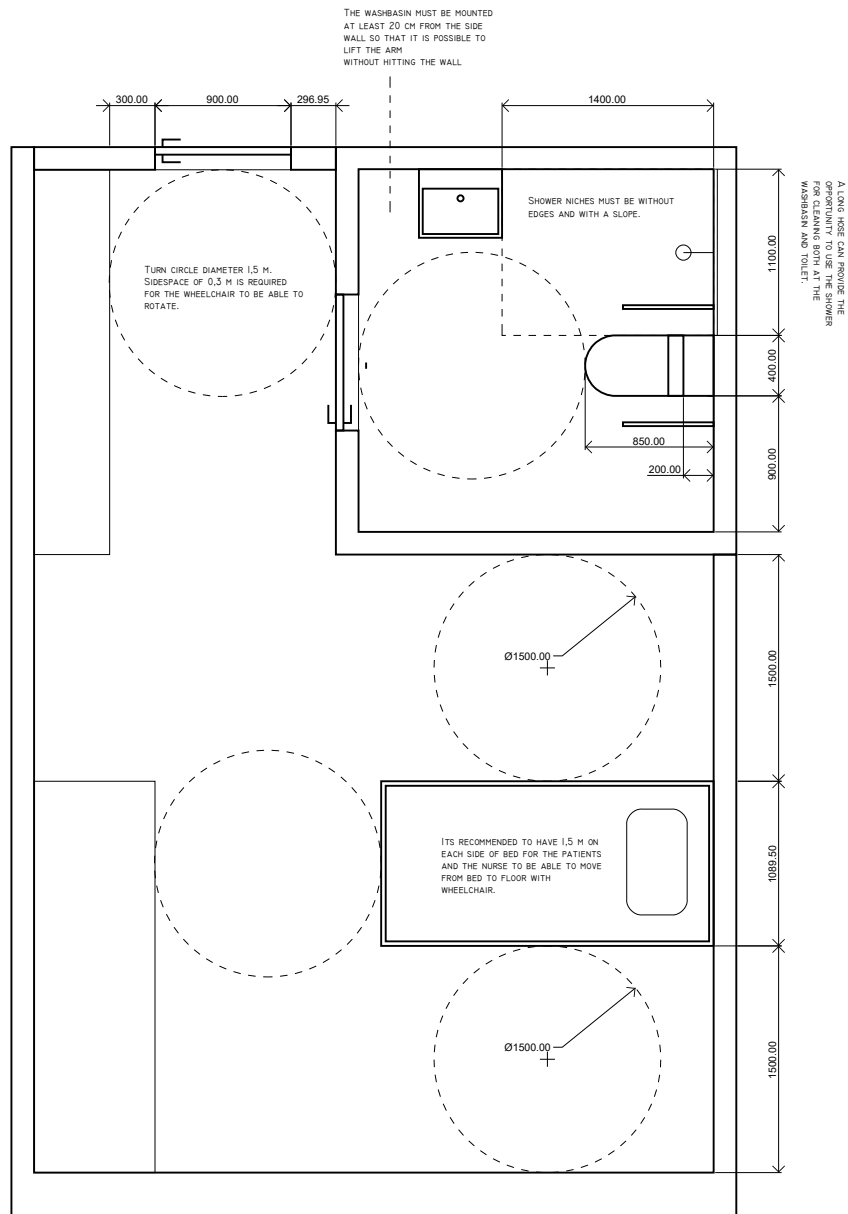
IT IS RECOMMENDED THAT THE CEILING HEIGHT BE THE SAME IN ALL ROOMS WHERE THE ROOF LIFT IS TO PASS THROUGH. TO HAVE SUFFICIENT LIFTING HEIGHT FOR THE ROOF LIFT, THE CEILING HEIGHT MUST BE AT LEAST 240 CM. ROOF CONSTRUCTION MUST BE DIMENSIONED AND ADAPTED FOR THIS.

ROOF ELEVATOR

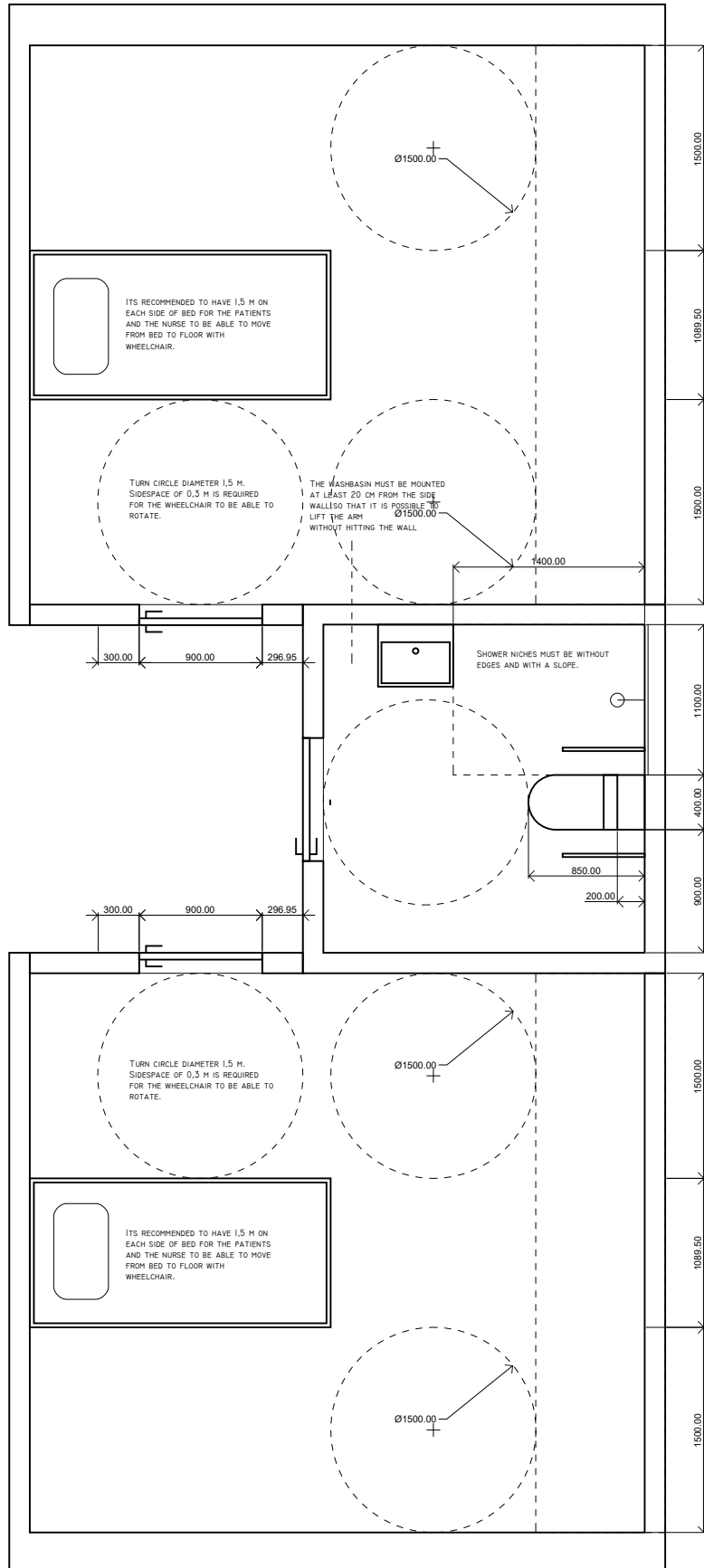
ITS RECOMMENDED TO HAVE 1,5 M ON EACH SIDE OF BED FOR THE PATIENTS AND THE NURSE TO BE ABLE TO MOVE FROM BED TO FLOOR WITH WHEELCHAIR.



IDEAL APARTMENT
FOR ONE PATIENT



IDEAL APARTMENT
FOR ONE PATIENT,
SHARED TOILET

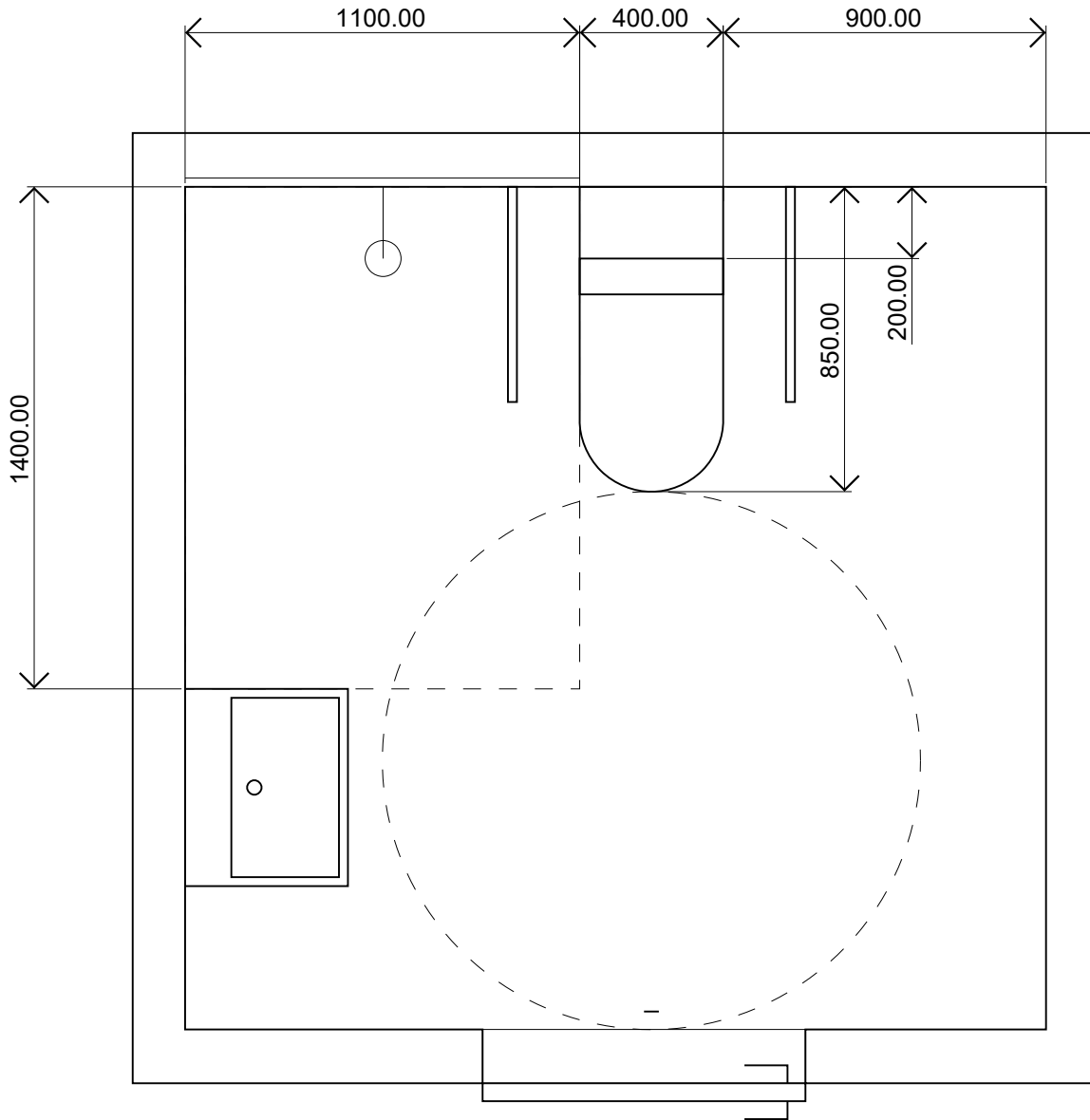


A LONG HOSE CAN PROVIDE THE OPPORTUNITY TO USE THE SHOWER OR CLEANING DOWN AT THE WASHBASIN AND TOILET.

BATHROOM

THE TURNING AREA MUST NOT OVERLAP THE STRIKING AREA OF THE DOOR TO BE OPERATED

THE FRONT EDGE OF THE TOILET SHOULD BE 85 CM FROM THE BACK WALL, REGARDLESS OF WHETHER IT IS WALL-MOUNTED OR FLOOR-MOUNTED TOILET. THIS WILL PROVIDE SPACE FOR A HELPER AS WELL AS THE OPPORTUNITY FOR SIDWAYS TRANSFER FROM WHEELCHAIR.

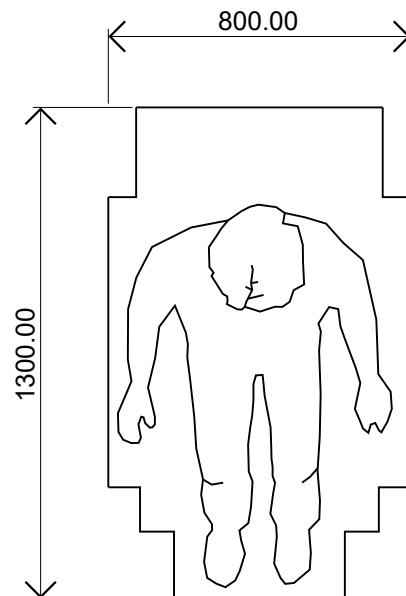
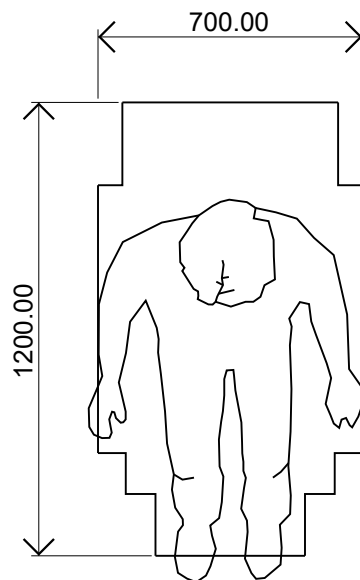


TO ENABLE LATERAL MOVEMENT AND TO FACILITATE THE WORK OF THE HELPER, THERE SHOULD BE 90 CM FREE SPACE IN THE ENTIRE WIDTH ON BOTH SIDES OF THE TOILET BOWL. WHEN SIDE SPACE IS COMBINED WITH SHOWER AREA IT SHOULD BE 110 CM.

FLOOR SPACE BEHIND THE TOILET MUST BE AT LEAST 20 CM FROM THE WALL TO THE REAR CISTERN EDGE WHEN INSTALLED ON THE FLOOR TOILET SO THAT THERE IS ROOM FOR THE HELPER'S FEET AND SPACE FOR CLEANING.

DIMENSIONS WHEELCHAIR

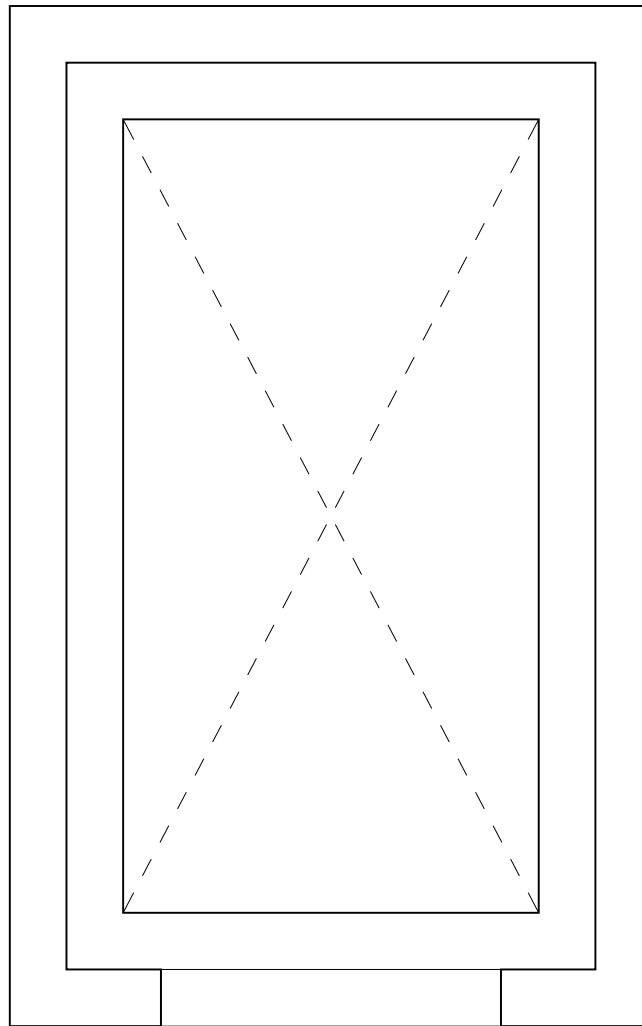
STØRRELSEN OG PLANLØSNINGEN SKAL VÆRE SLIK AT DET ER FRI GULVPASS TIL SNUAREAL FOR RULLESTOL FORAN TOALETET OG MINIMUM 0,9 M FRI GULVPASS PÅ BEGGE SIDER AV TOALETET. DET SKAL VÆRE FRI PASSASJEBREDDE PÅ MINIMUM 0,9 M FRAM TIL FRI PASS VED SIDEN AV TOALETET. TOALETET SKAL HA HÅNDSTØTTE PÅ BEGGE SIDER.



THE SIZE OF AN ORDINARY WHEELCHAIR IS 120 CM X 70 CM, IN ADDITION THERE IS ROOM FOR FEET AND HANDS FOR IT WHO MUST MANEUVER THE CHAIR. WE THEREFORE CALCULATE FUNCTIONAL DIMENSIONS TO BE 130 CM X 80 CM.

ELEVATOR

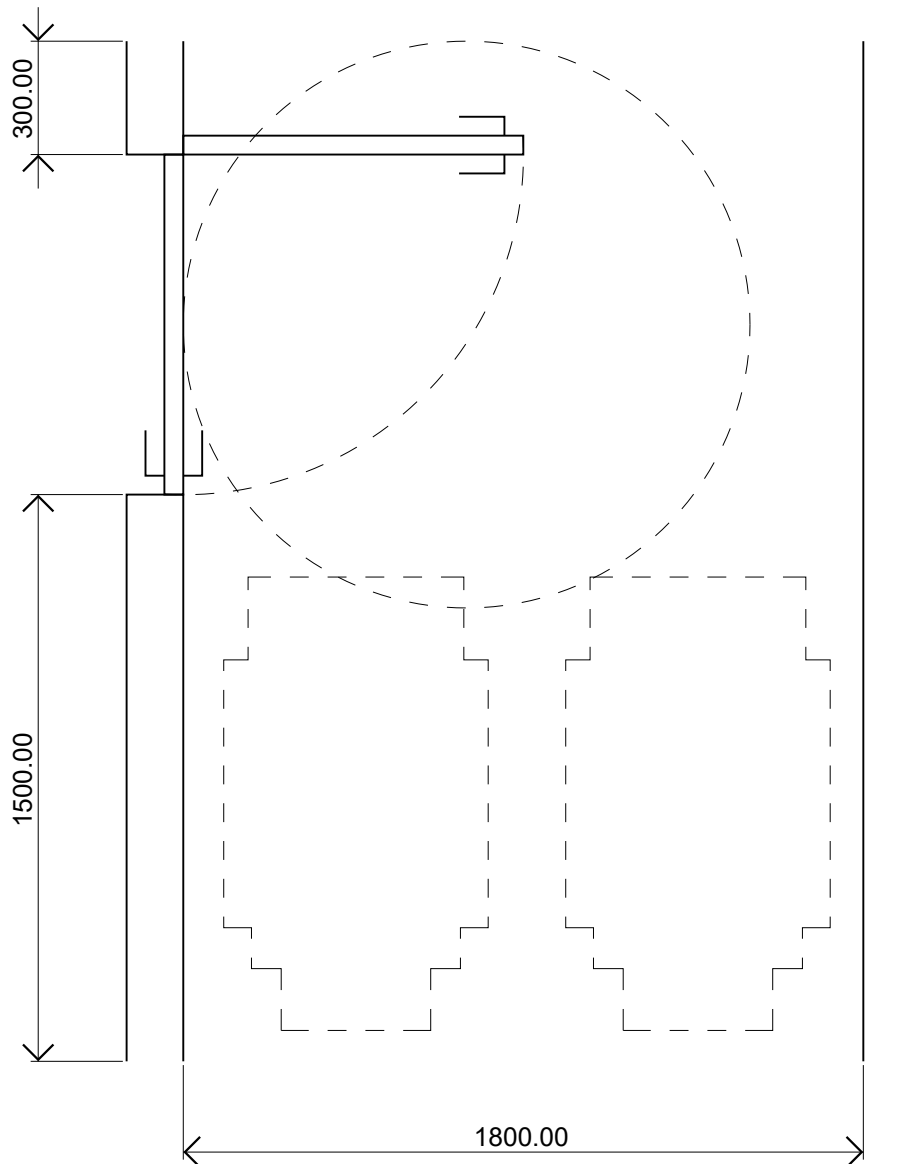
IN BUILDINGS WITH THREE FLOORS OR MORE, AT LEAST ONE LIFT CHAIR MUST HAVE AN INTERNAL SIZE OF AT LEAST 1.1 M X 2.1 M.



THE OPENING SHOULD ALWAYS BE PLACED ON THE SHORTEST SIDE OF THE ELEVATOR.

CORRIDOR

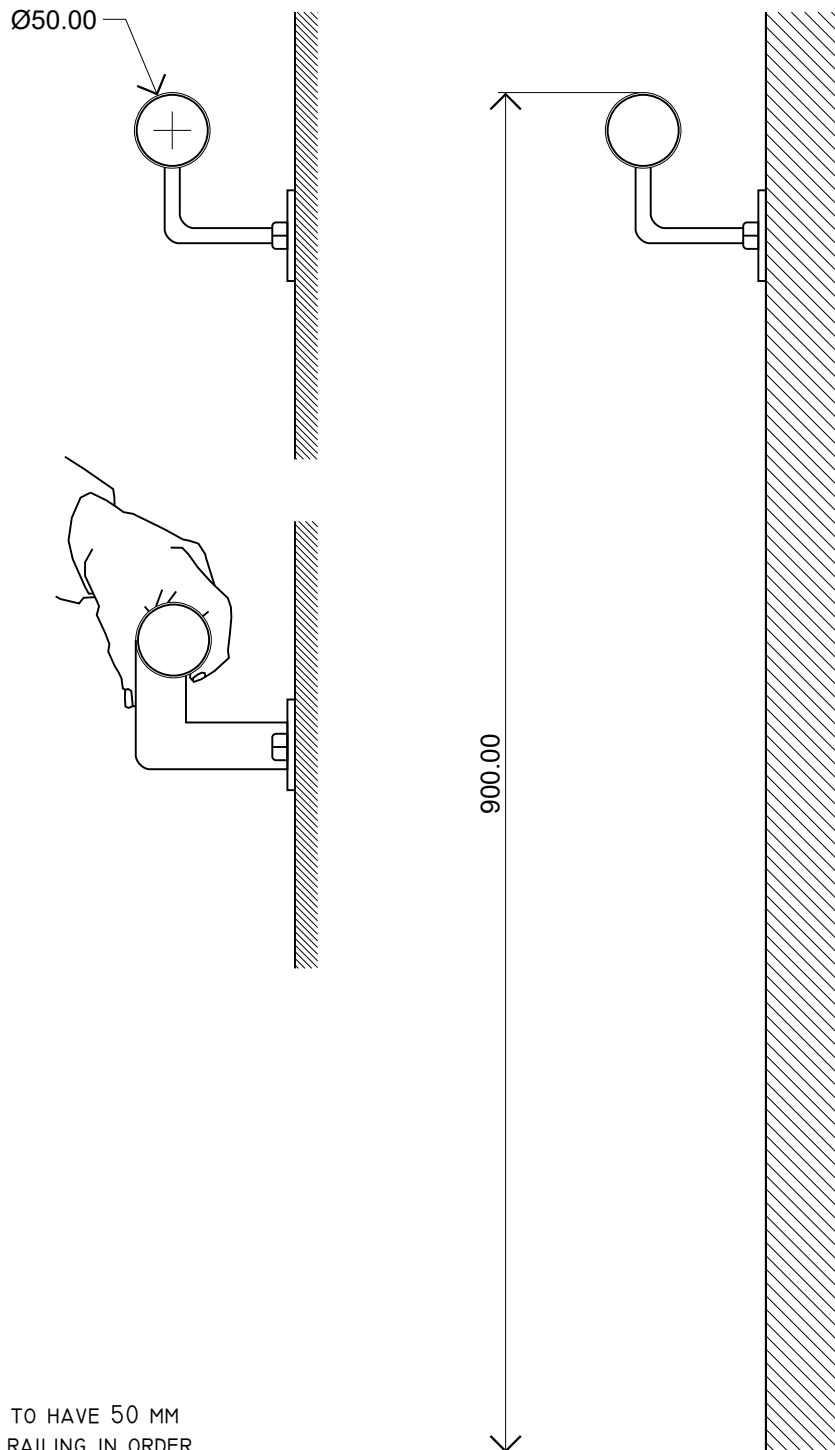
LARGER SYSTEMS OFTEN PROVIDE LONG DISTANCES TO THE EXIT DOOR. IT IS IMPORTANT TO HAVE AS SHORT A PATH AS POSSIBLE, AND POSSIBLY HAVE RESTING OPPORTUNITIES ALONG THE WAY FOR THE ONE WHO IS BAD TO THE BONE.



WHERE THERE IS A NEED FOR TWO WHEELCHAIRS TO BE ABLE TO PASS EACH OTHER, WE RECOMMEND A WIDTH OF AT LEAST 180 CM. SECTIONS BELOW 5 M WHERE THERE IS NO DOOR MAY HAVE A CLEAR WIDTH AT A MINIMUM OF 1.2 M.

RAILING

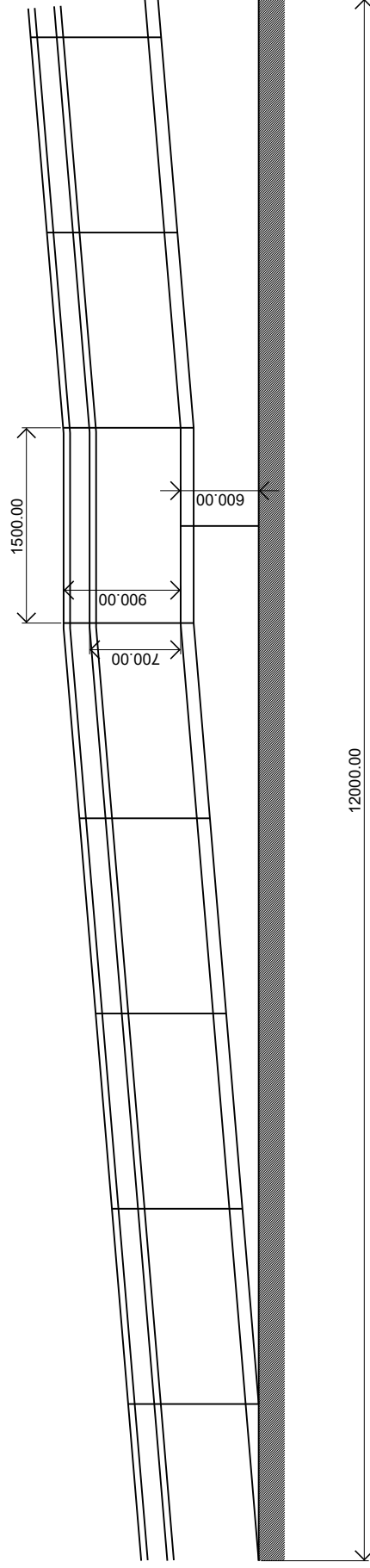
RAILINGS IN STAIRS AND RAMPS MUST HAVE A HEIGHT OF AT LEAST 0.9 M ABOVE THE FLOOR OR STEPS. THE HEIGHT REQUIREMENT ALSO APPLIES TO RAILINGS ON INTERMEDIATE REPOS AND RETURN RAILINGS ON REPOS.



ITS RECOMMENDED TO HAVE 50 MM DIAMTER FOR THE RAILING IN ORDER TO GET A GRIP AROUND THE RAILING. HANDRAILS MUST HAVE A FREE DISTANCE OF AT LEAST 45 MM TO WALLS AND OTHER OBSTACLES.

RAMPS

The ramp shall have handrails on both sides at two heights, 0.7 m and 0.9 m above the deck. Handrails should have a contrast to the wall and railing.



Ramps shall have handrails on both sides at one height with an upper edge of 0.8 m above the deck, or at two heights with an upper edge of 0.9 m and 0.7 m above the deck, respectively. The handrail should have a contrast to the wall and the railing. The handrail must be designed so that it provides good grip.

