



Back in the saddle
– *A clinic for horse-assisted therapy*



CONTENT

- Site visits to the old Norwegian School of Veterinary Science at Adamstuen in Oslo
- Participating in a therapy session with the psychiatrist Norunn Kogstad in charge at her clinic in Moelv, Norway
- Introducing the existing building and its surroundings
- Original drawings
- Sketches
- Model photos

SITE VISIT



View from the park "Idioten" towards the old buildings to the School of veterinary science in Norway

”Hesteklinikken”/ the horse clinic



Main entrance



Looking out the hayloft



x-ray machine for horses



the old stables



existing overlight



used when inspecting horses



padded room to prevent sick horses from damage



the south-west facade facing the courtyard

Understanding the roof



The eave change height when it meets the hayloft.



In the space between the slats the eaves is on the same level



The other hayloft on the other roof.



The roof on this end of the building has a lower eave and the same ridge.

Diploma – binder 2



Meeting point for eaves and walls.



The gutter slices the granite stone to bring the water off the roof.

Søren Ruud Dingstad

Site for the outdoor riding space



Treadmill for horses. Building 10 was the workshopbuilding.



Looking at the backside of the main building. The workshopbuilding to the right.



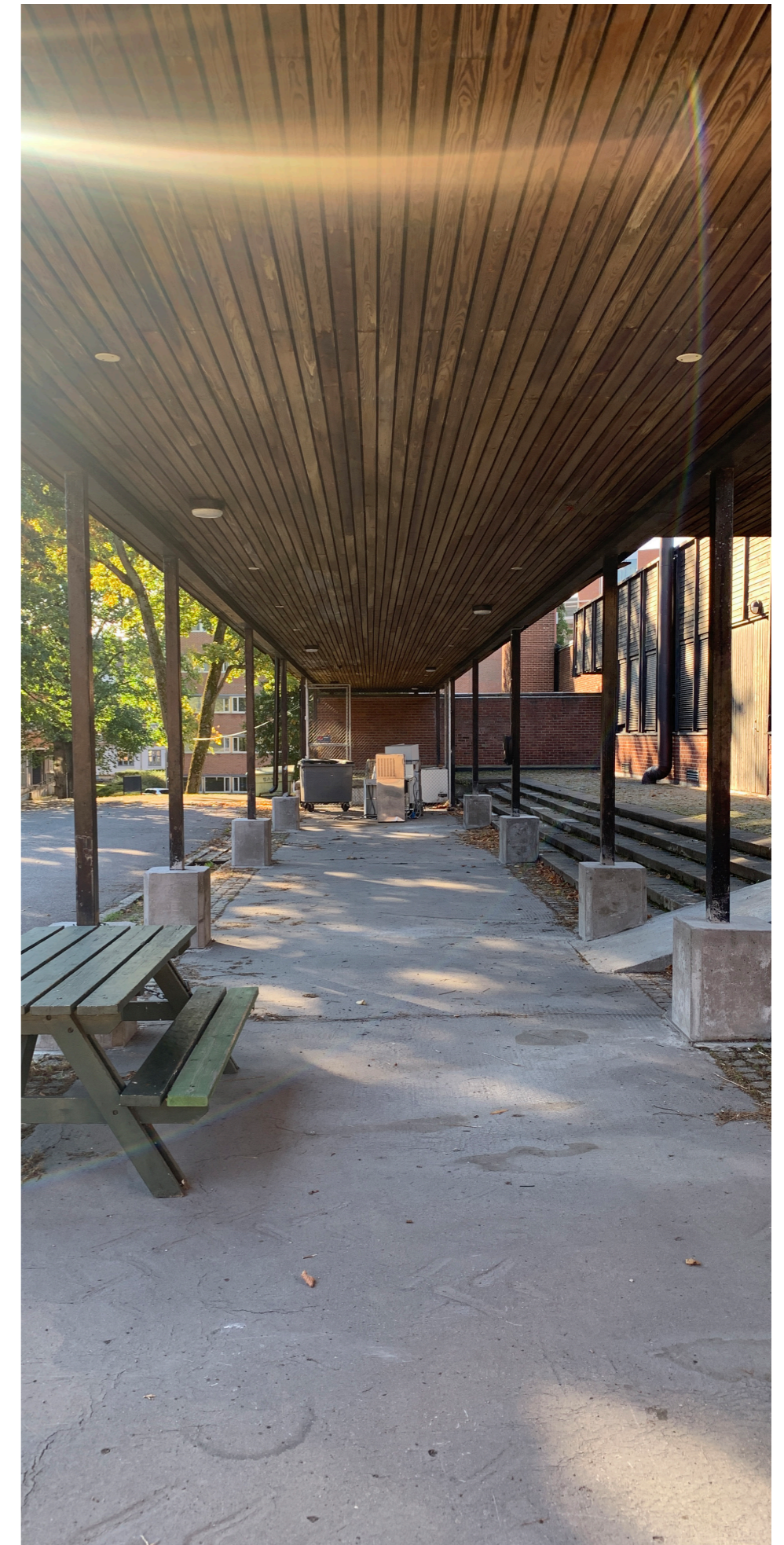
Turned the corner



A "mønstringstripe", for horses to walk back and forth, covered with roof.



Forge for shoeing horses



The "mønstringstripe" not in use anymore.



A therapy session at Lundehagen gård, Moelv.

Choosing which horses to take in the riding hall

Bringing the horses into the hall





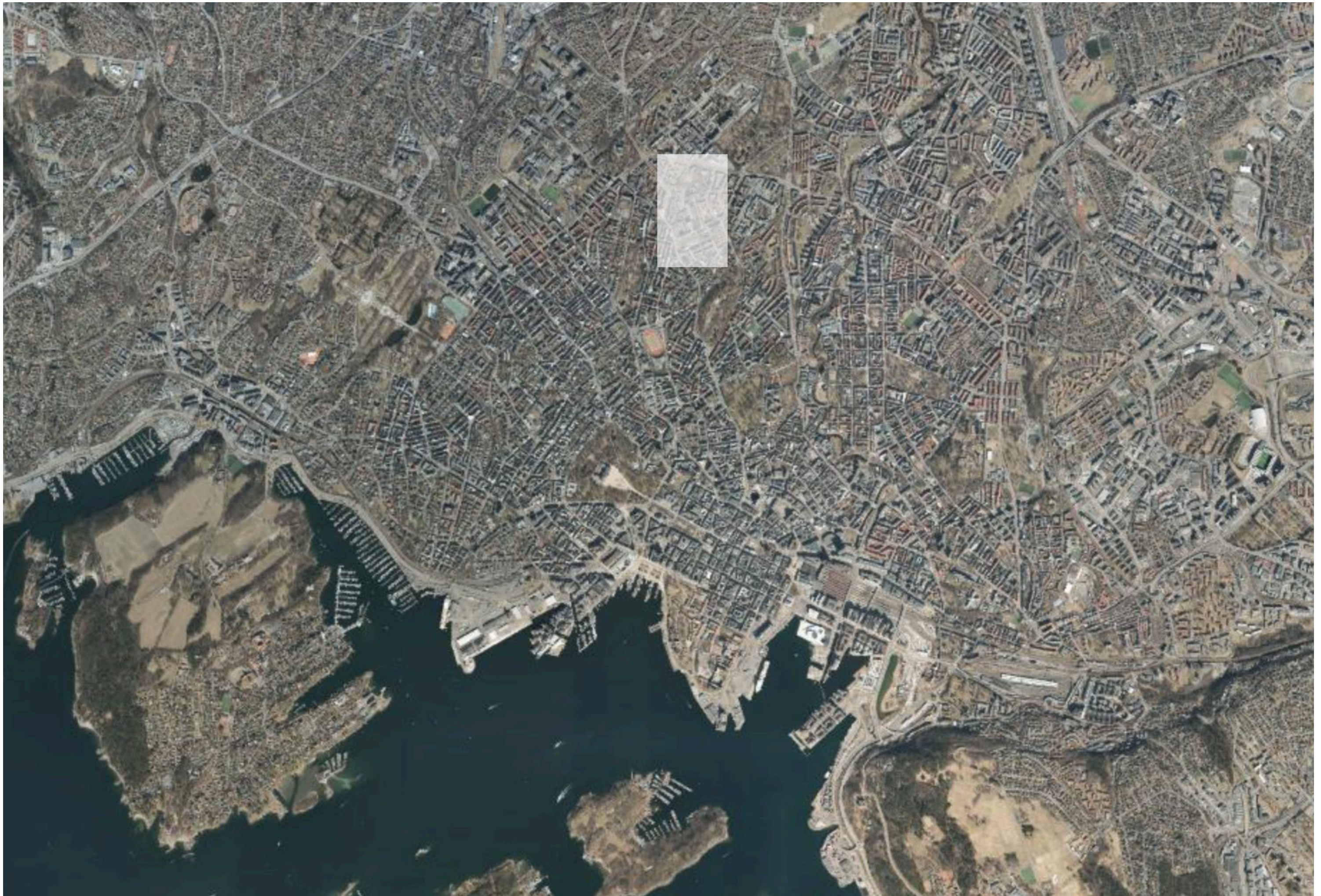
Starting the therapy session

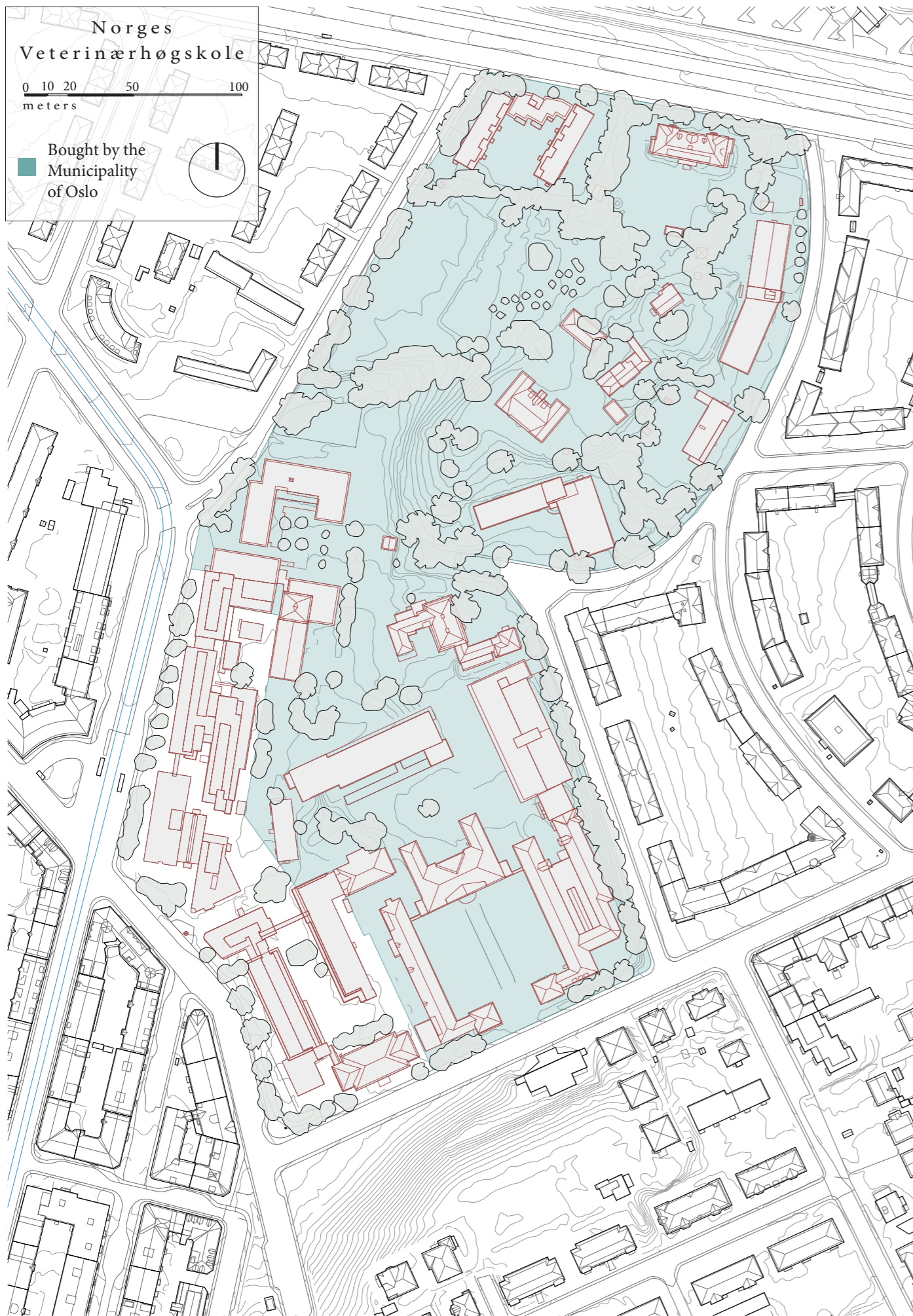


”Hesteklinikken”

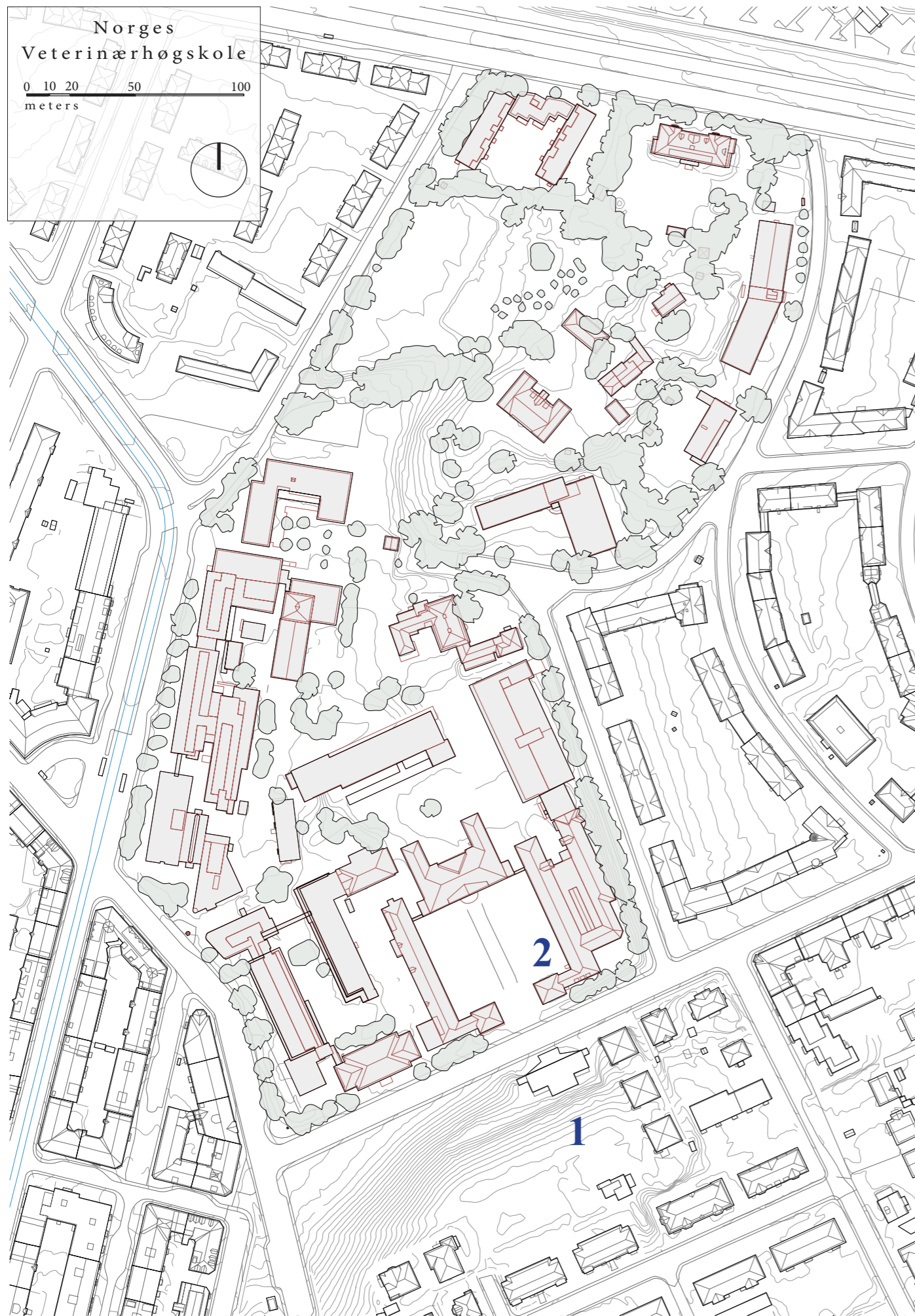
the horse clinic and
its surroundings









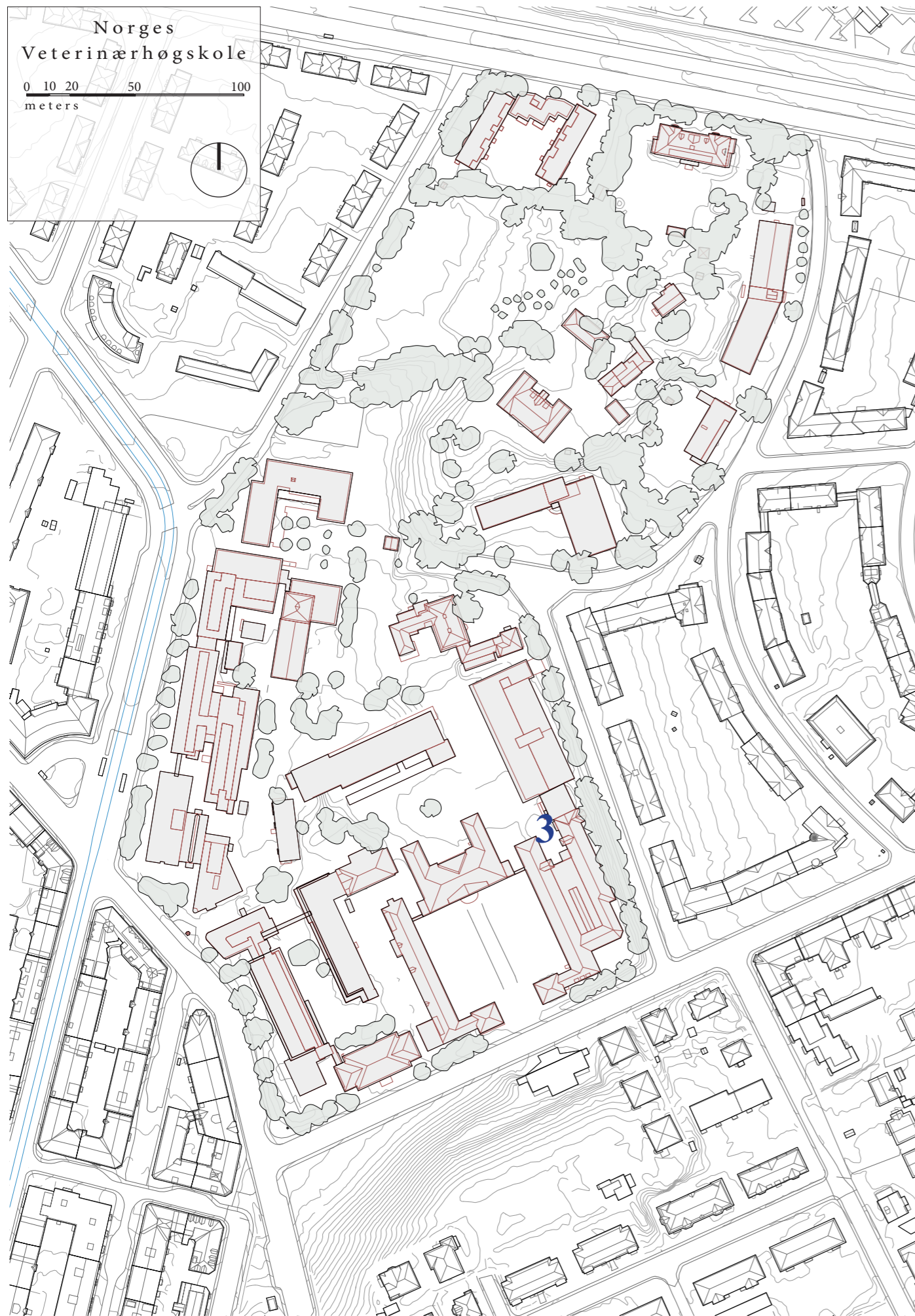


1



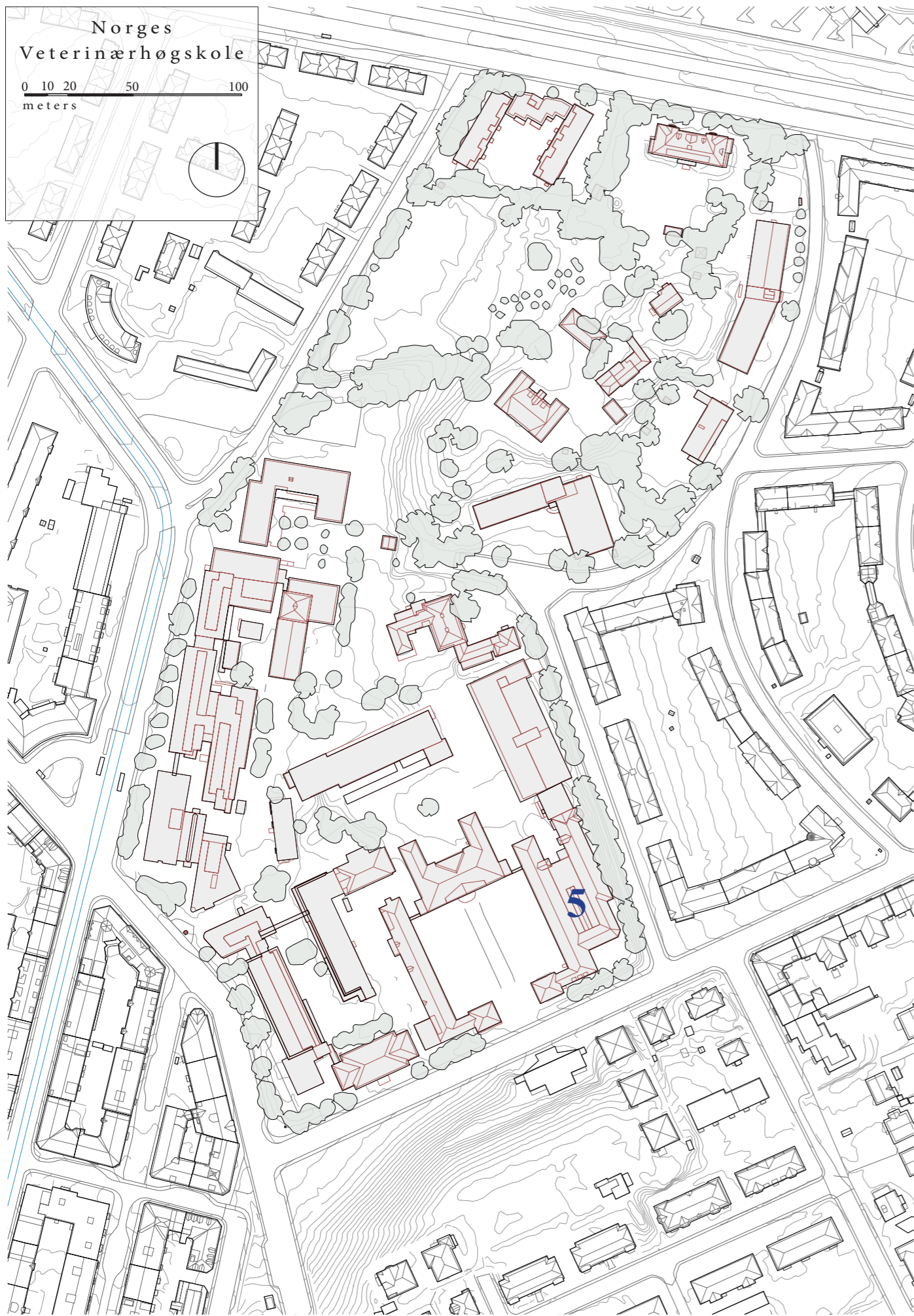
2





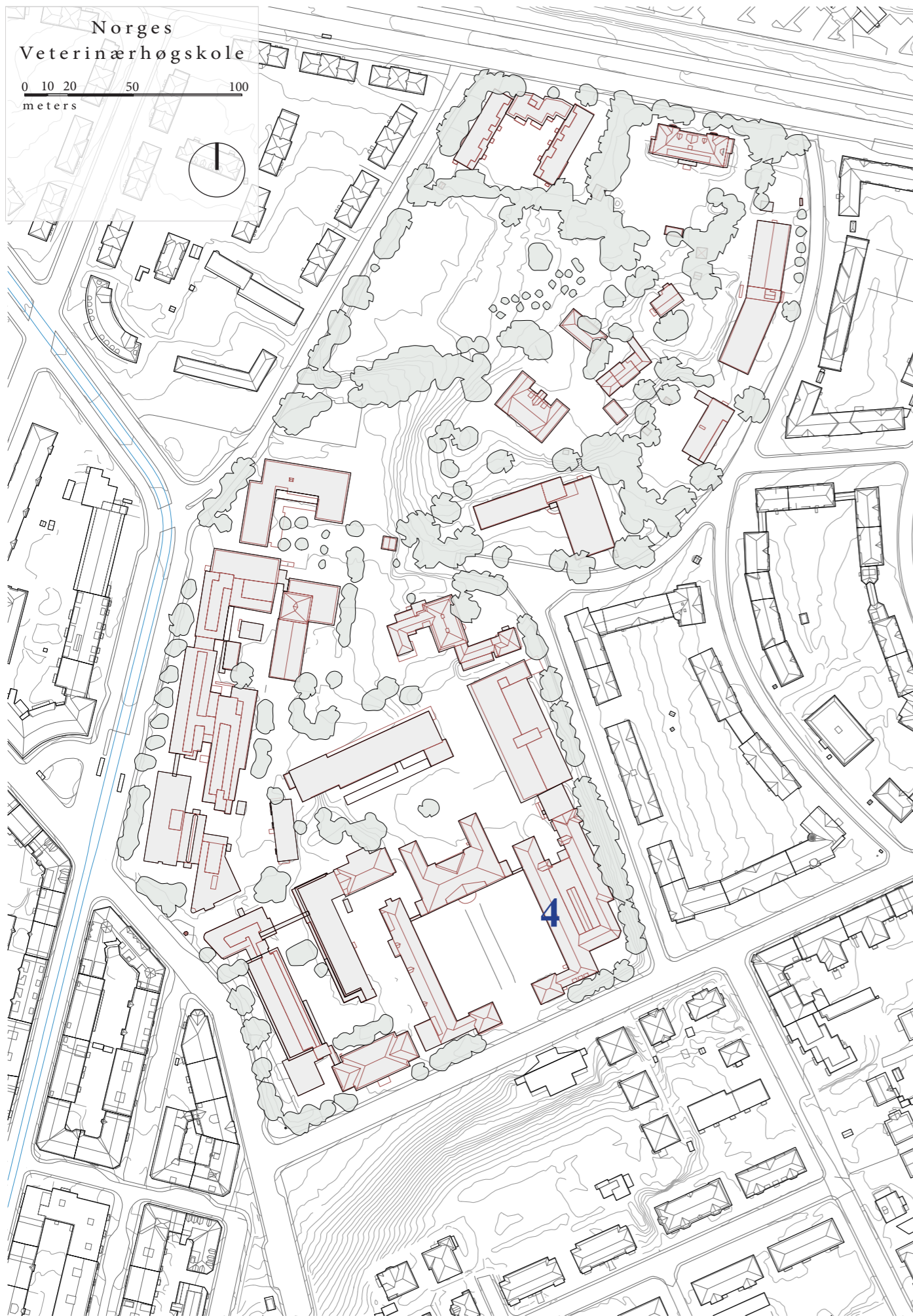
3





5





4



Original drawings

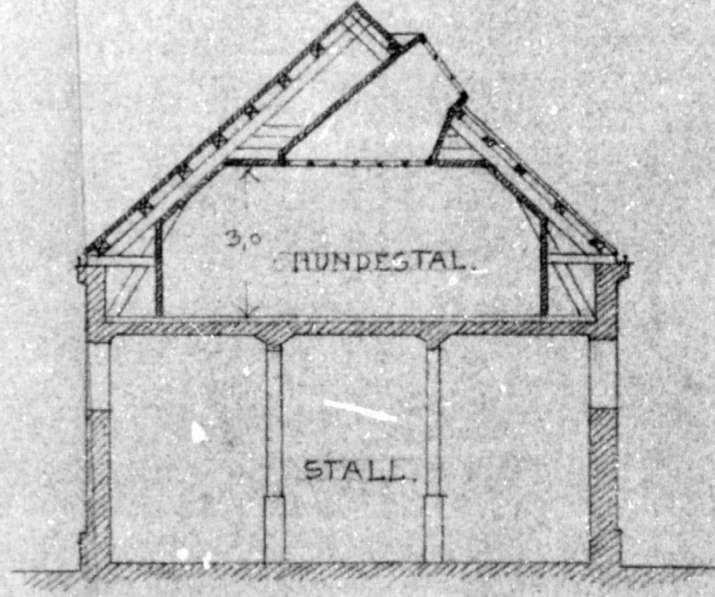
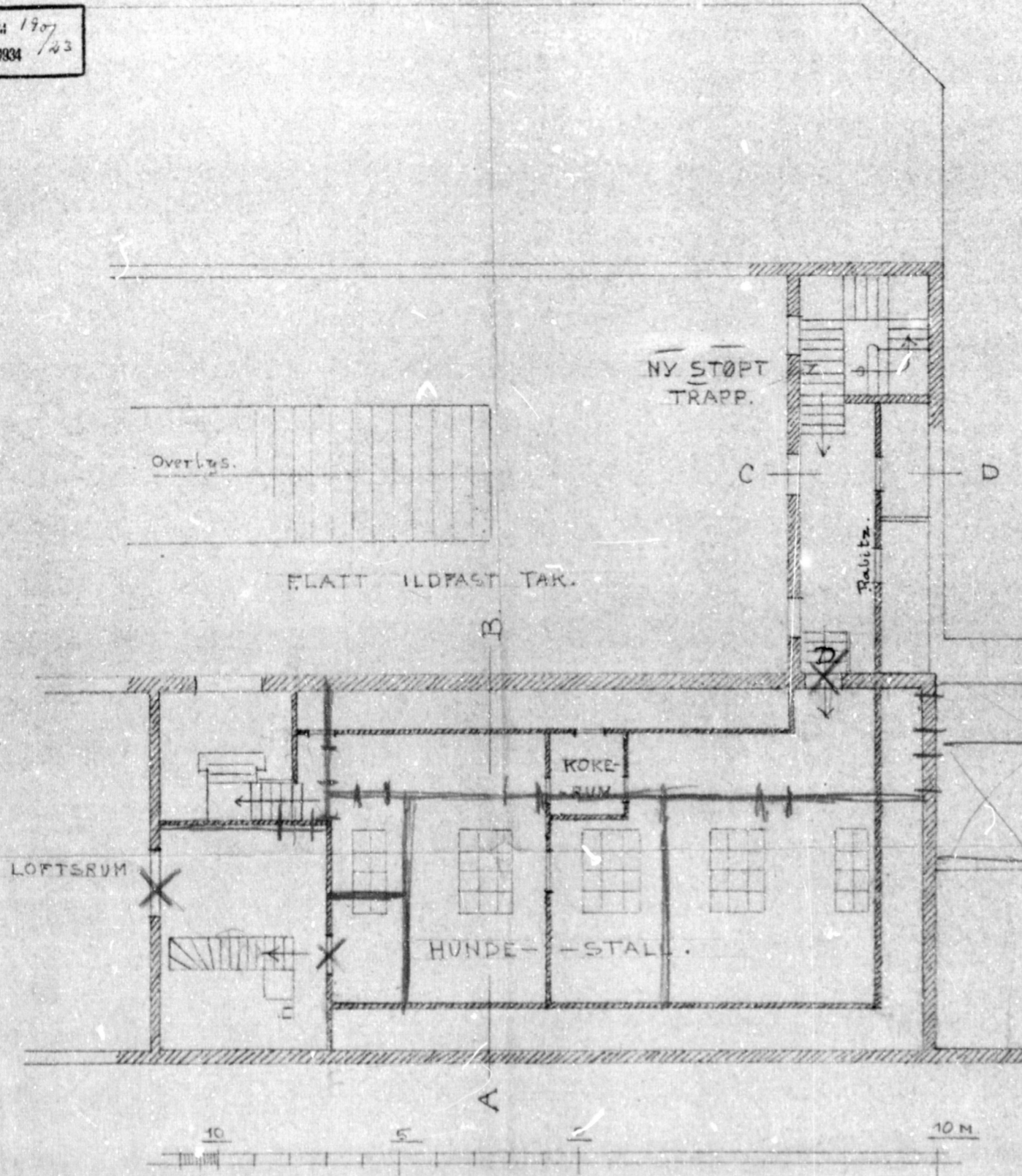
Nr. 33

VETERINÆR-HØISKOLEN. ULLEVOLLSV. 72.

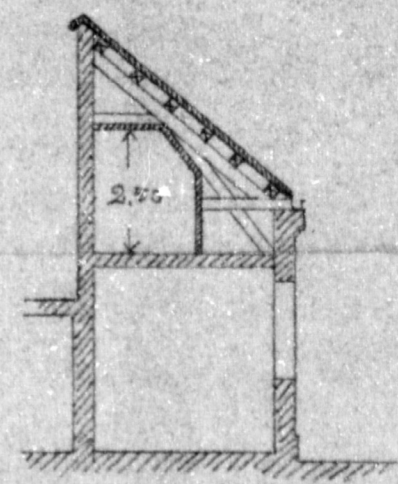
INREDNING AF HUNDESTALL PÅ LOFT.

NEGFOTOGRAFERT - 28 X

Bygn. chefens J.nr.: 1907
modtaget: 18 SEP. 1934 / 33



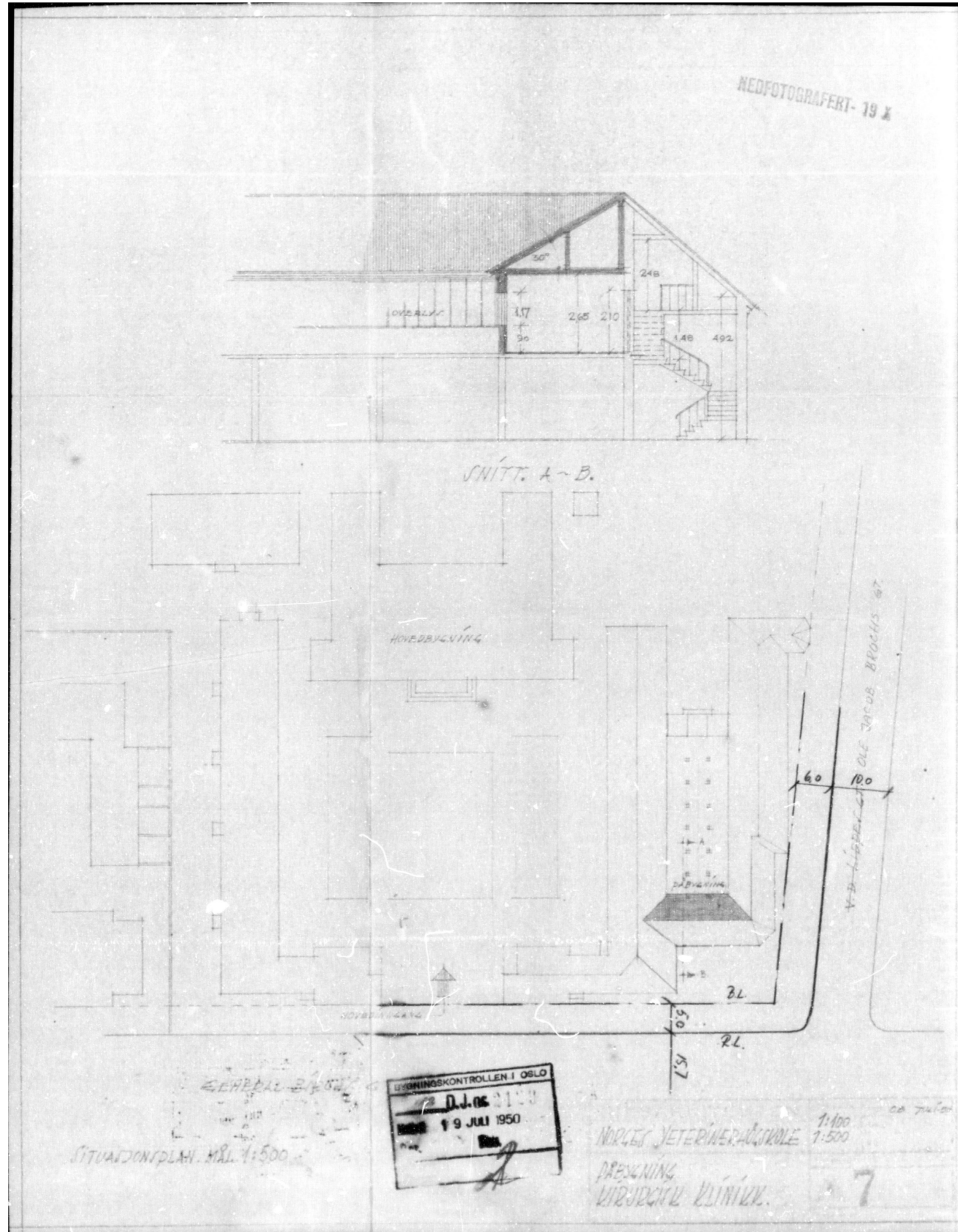
SNITT: A-B.



SNITT: C-D.

H. J. Sparre.

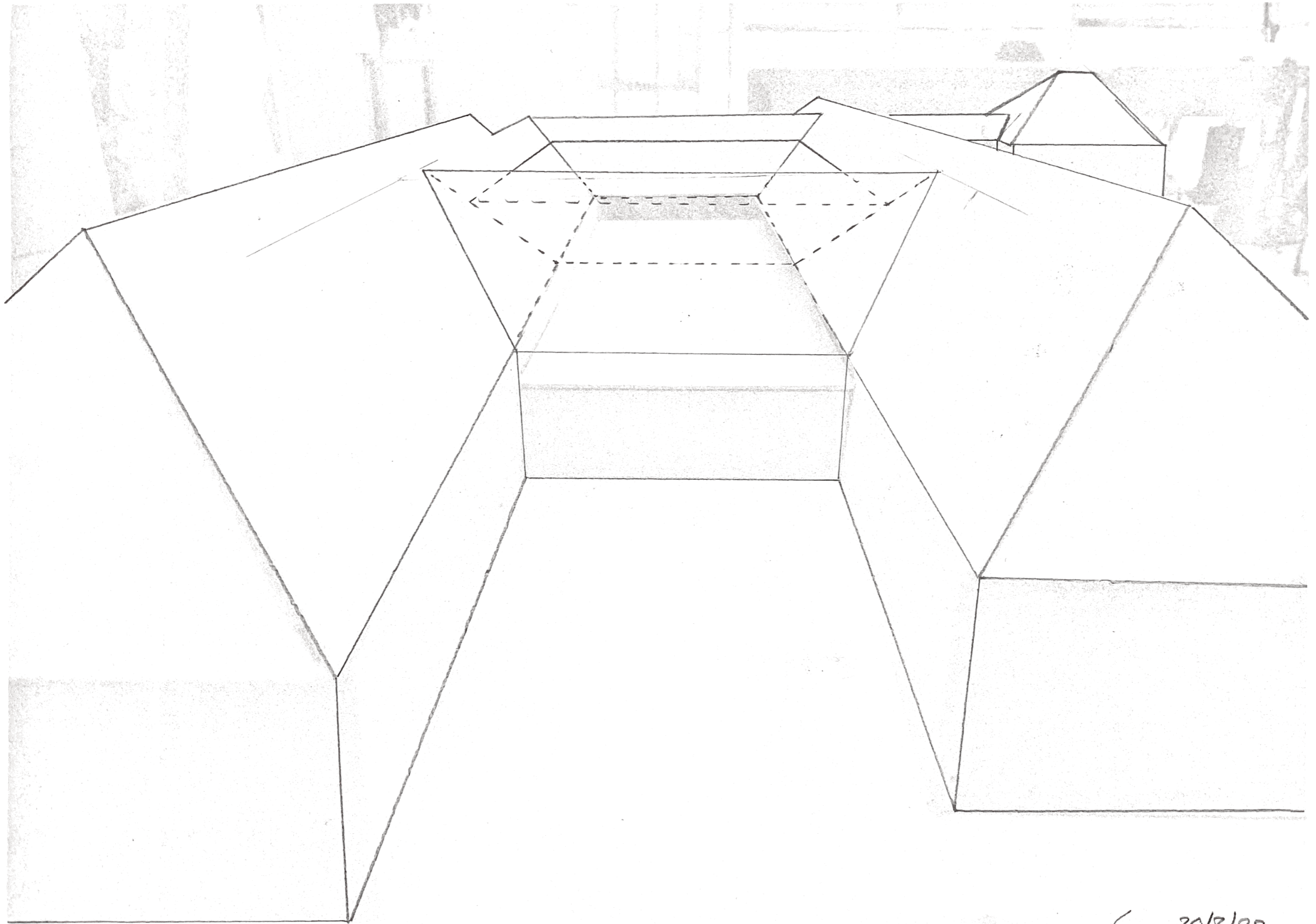
New roof added in 1950



SKETCHES

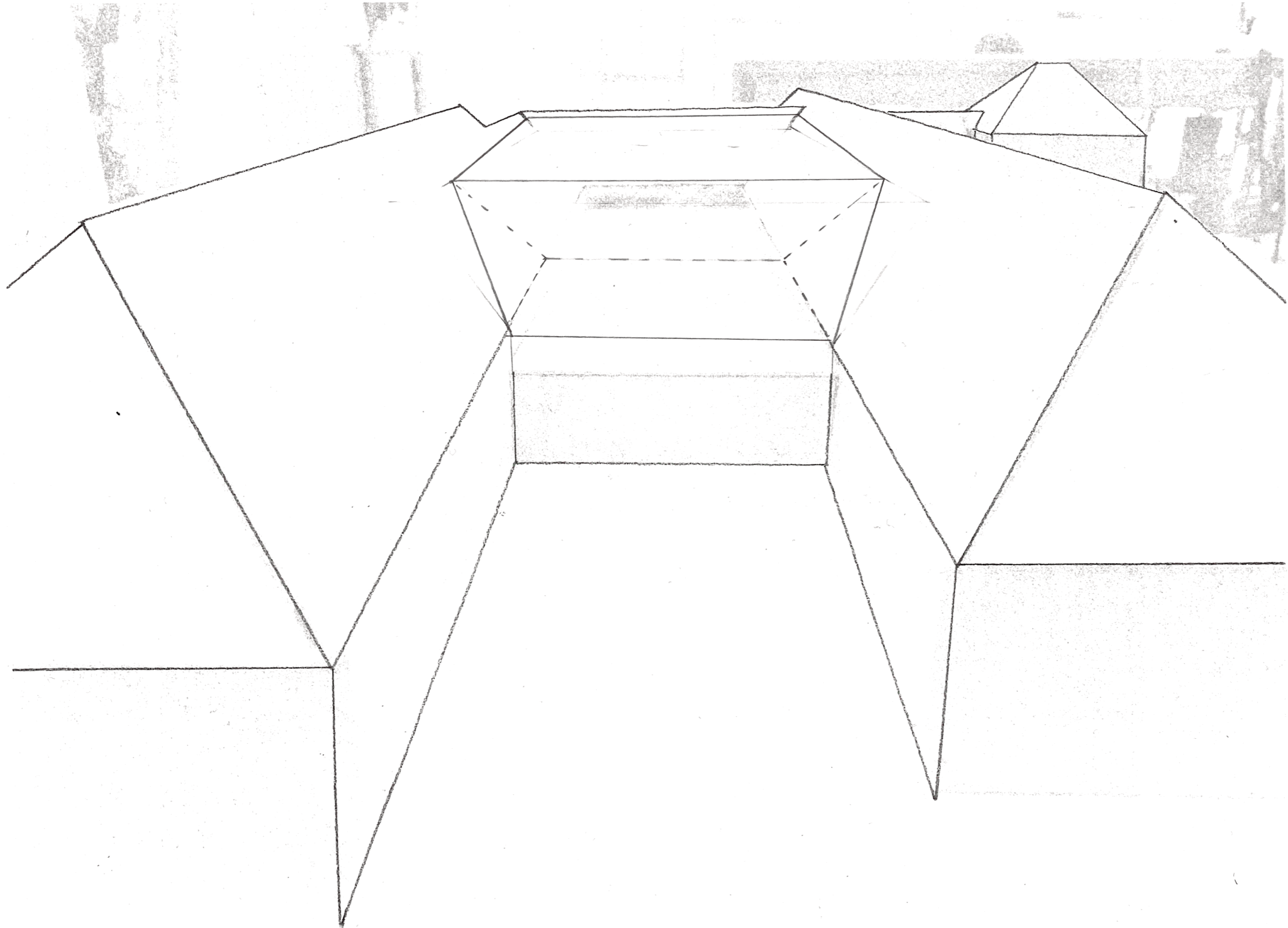


Sketch model 1:100

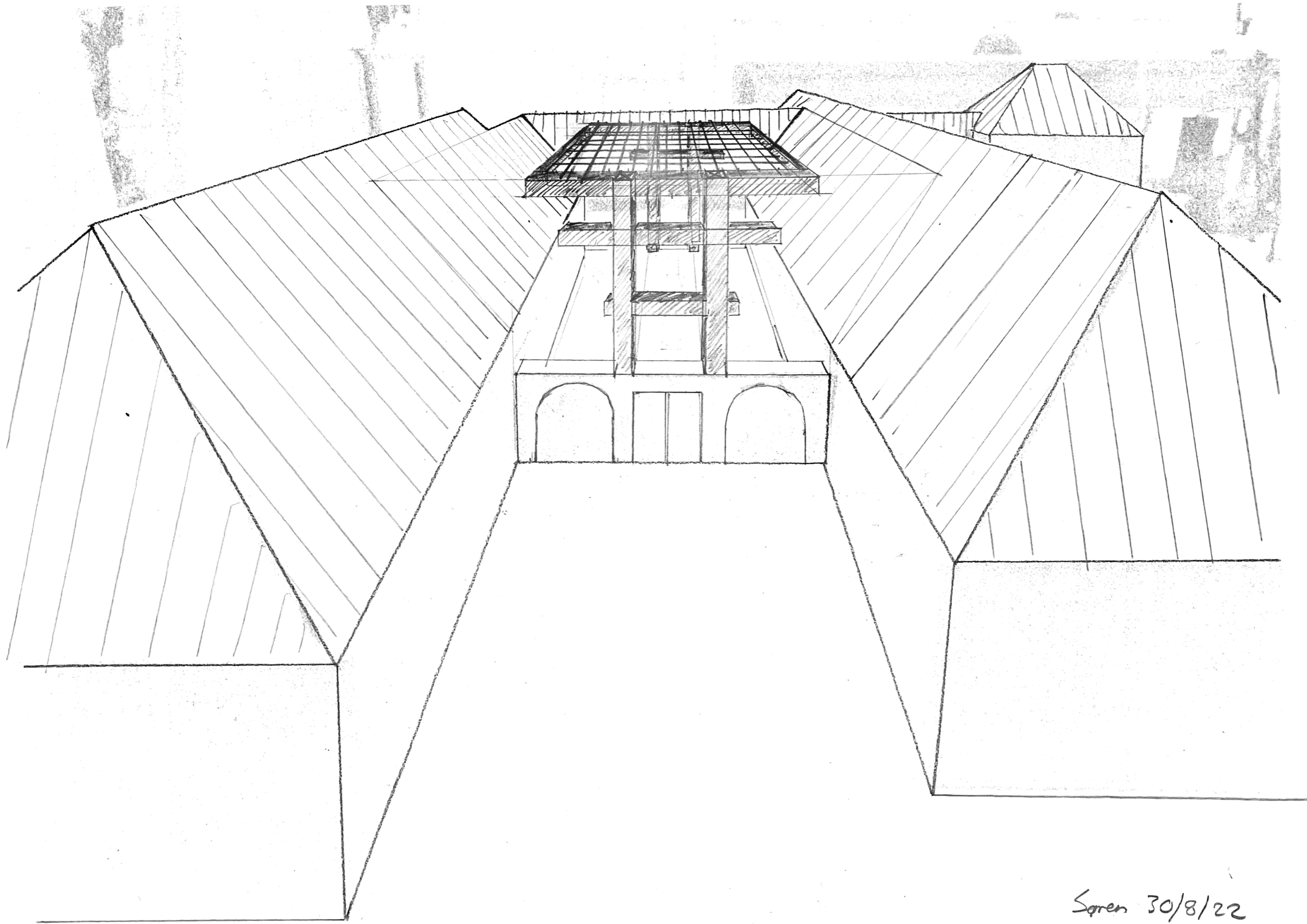


Søren 30/8/22

Sketch of roof

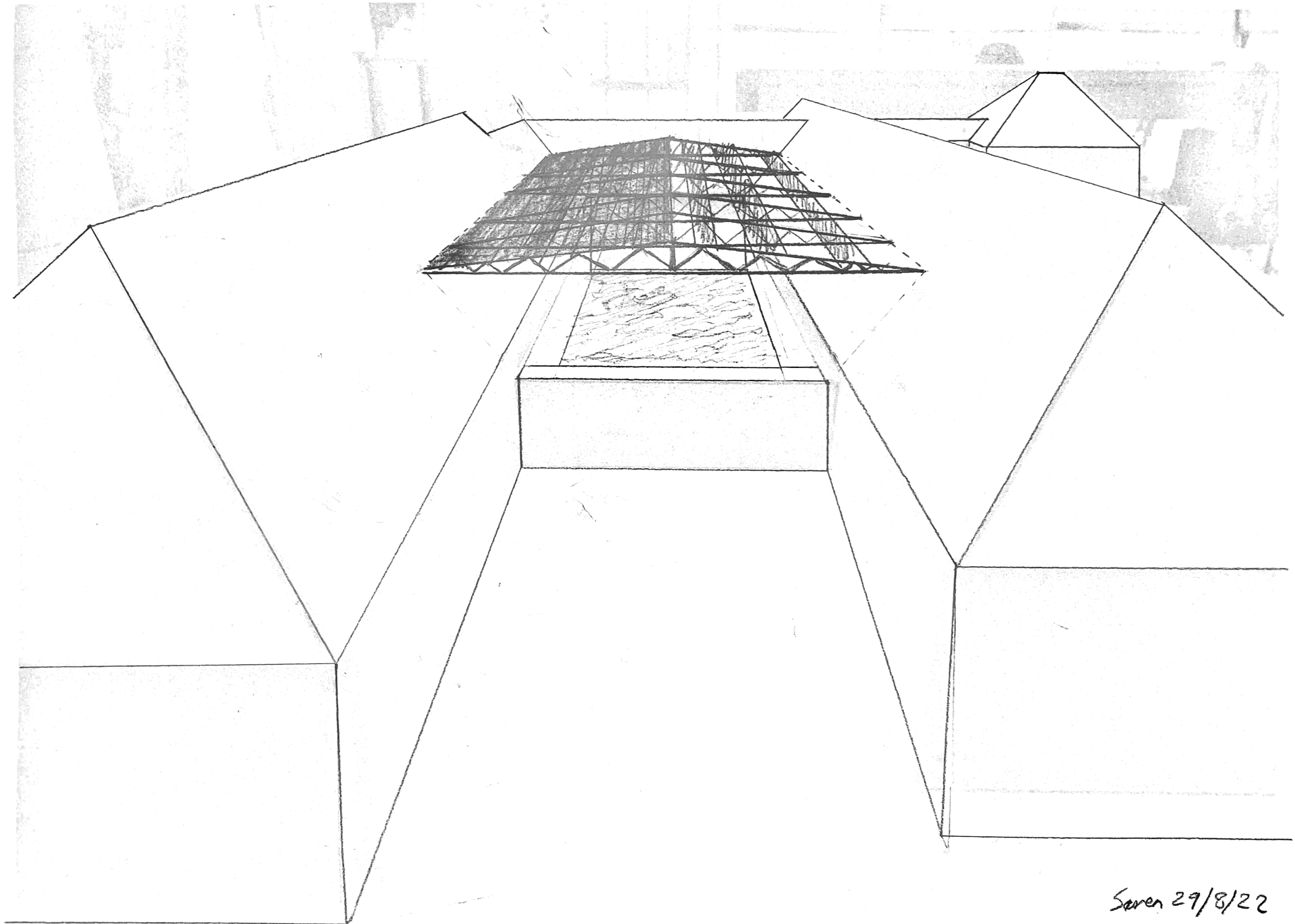


Sketch of roof



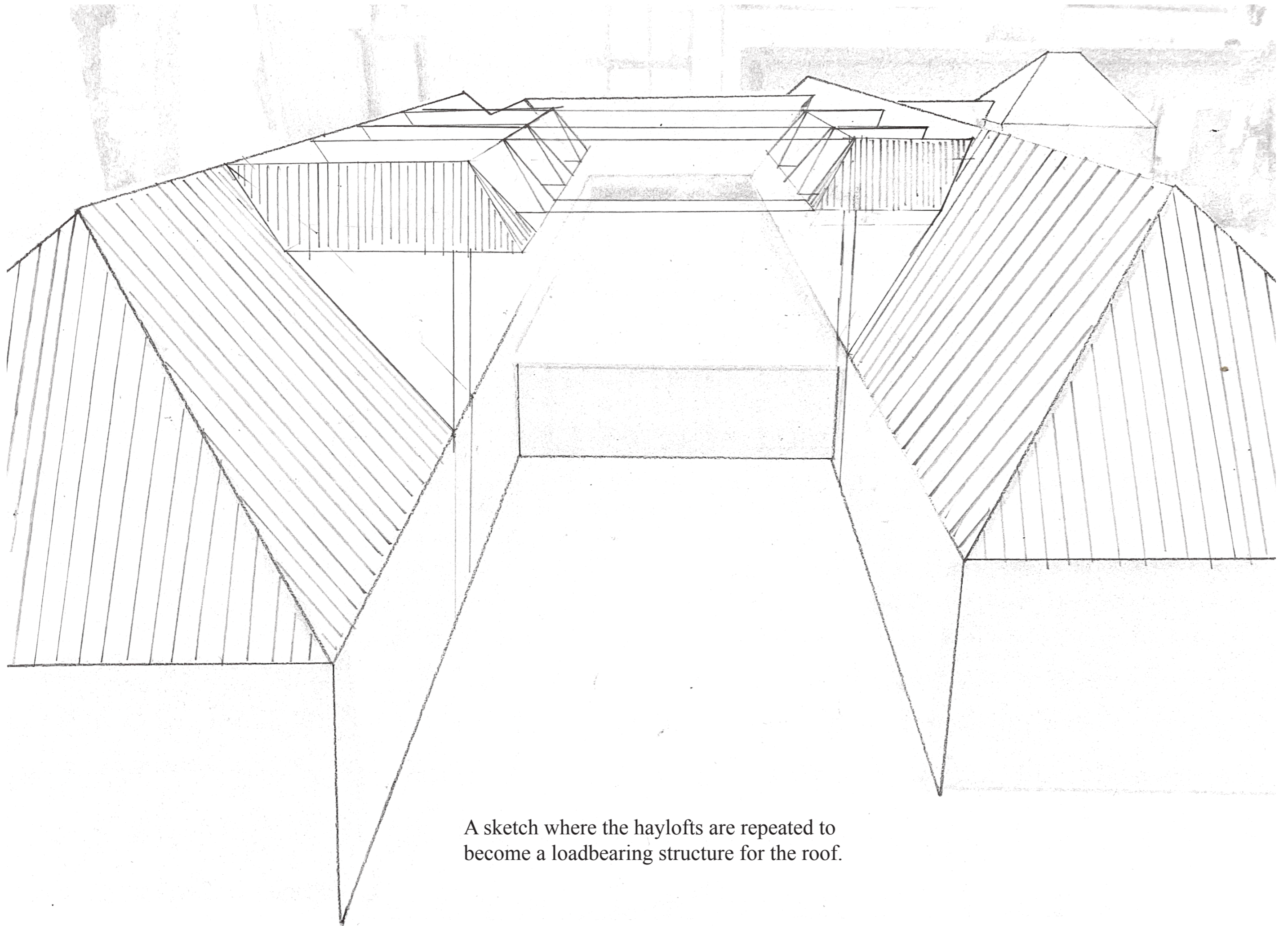
Soren 30/8/22

Sketch of roof

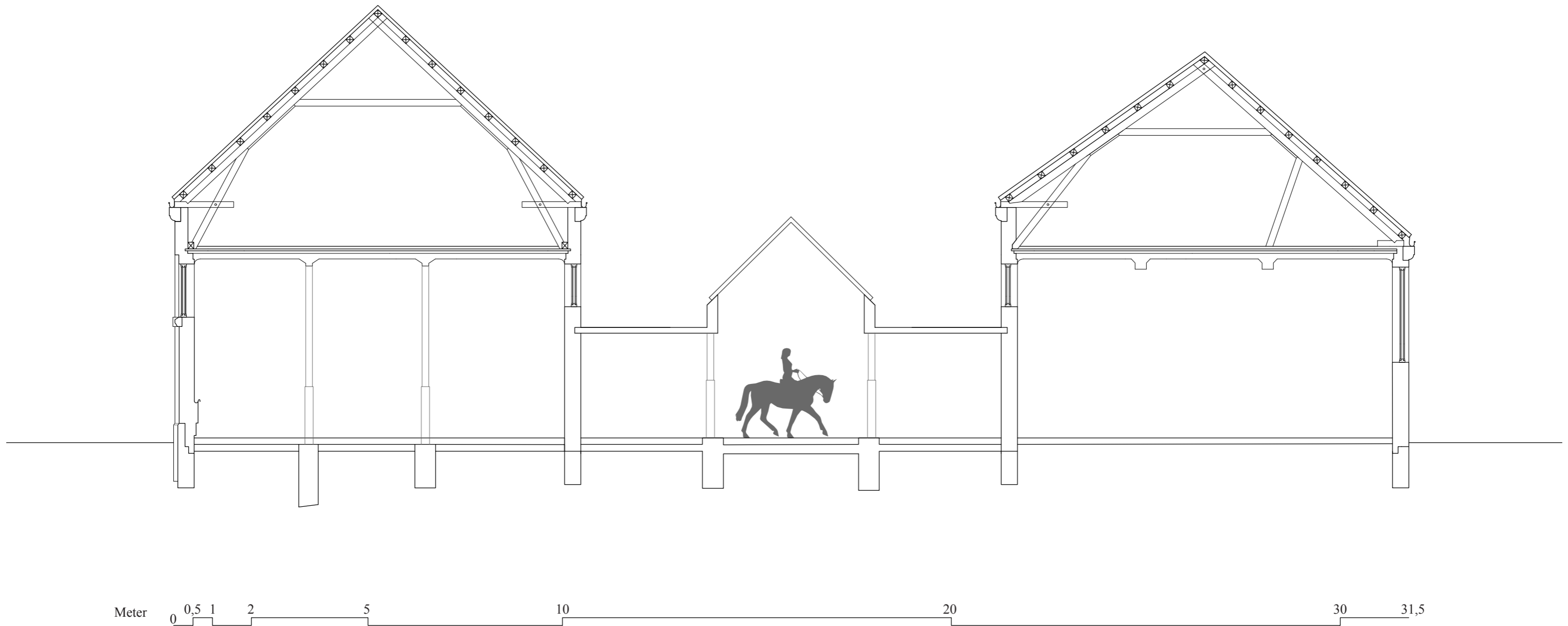


Søren 29/8/22

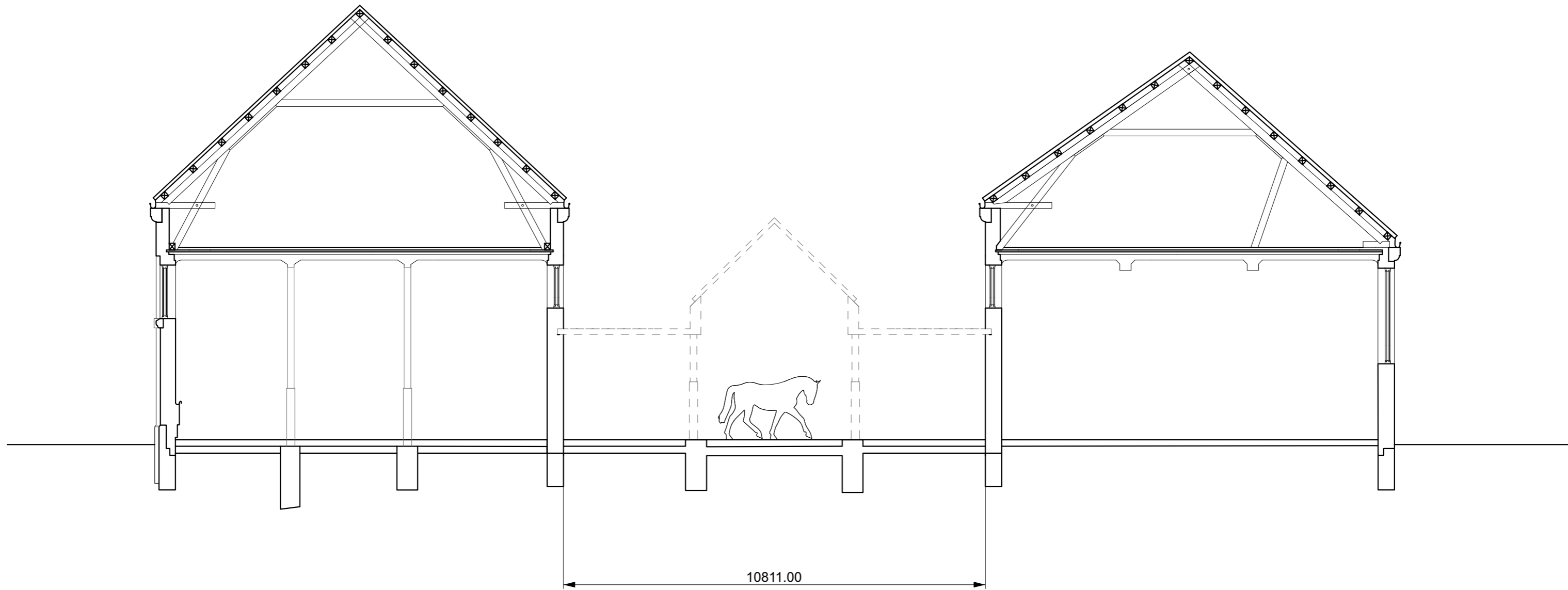
Sketch of roof



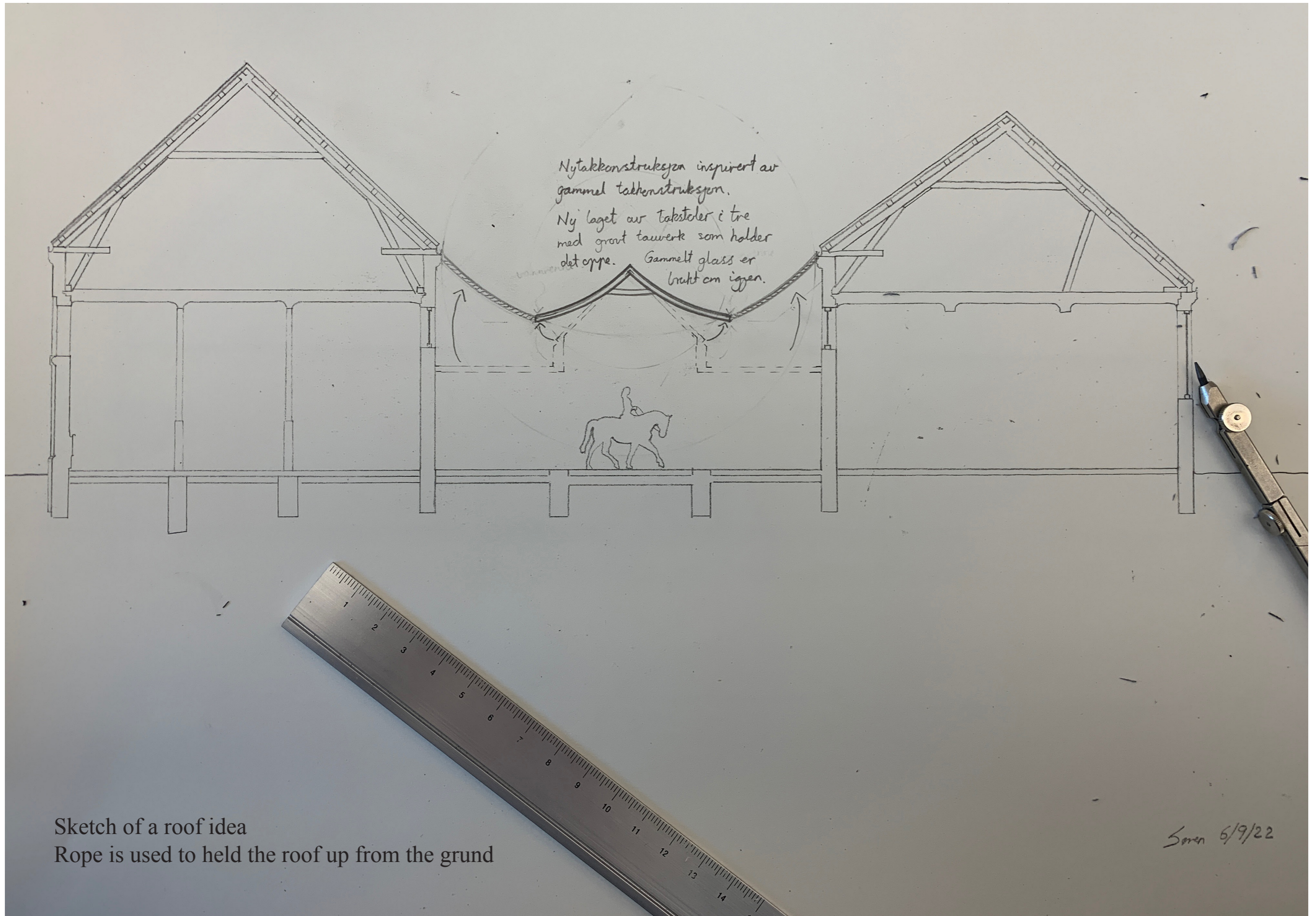
A sketch where the haylofts are repeated to become a loadbearing structure for the roof.



Cross section of existing roof



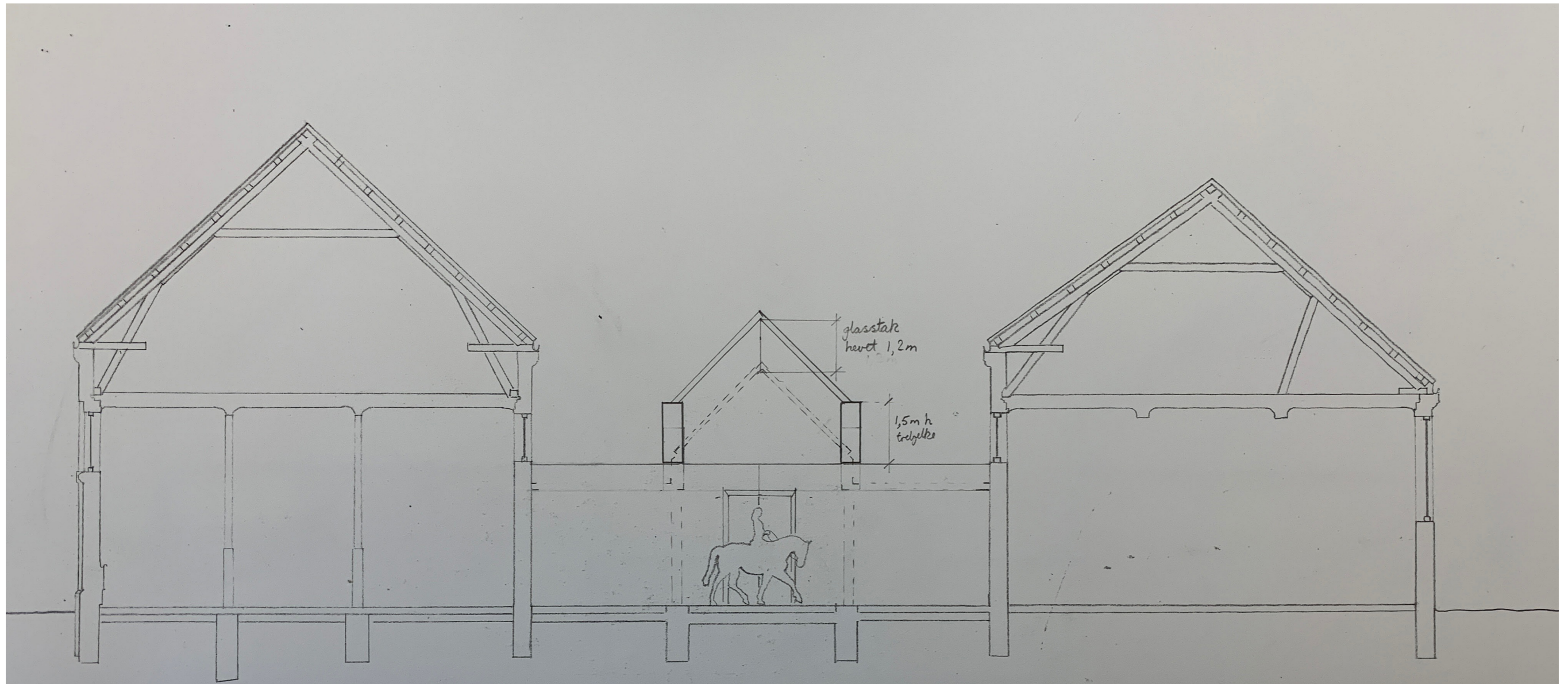
Cross section of existing roof
Dotted line showing roof to be demolished



Nytakkekonstruksjonen inspirert av gammel takkekonstruksjonen.
Ny laget av takstoler i tre med grovt tauverk som holder det oppe. Gammelt glass er brukt om igjen.

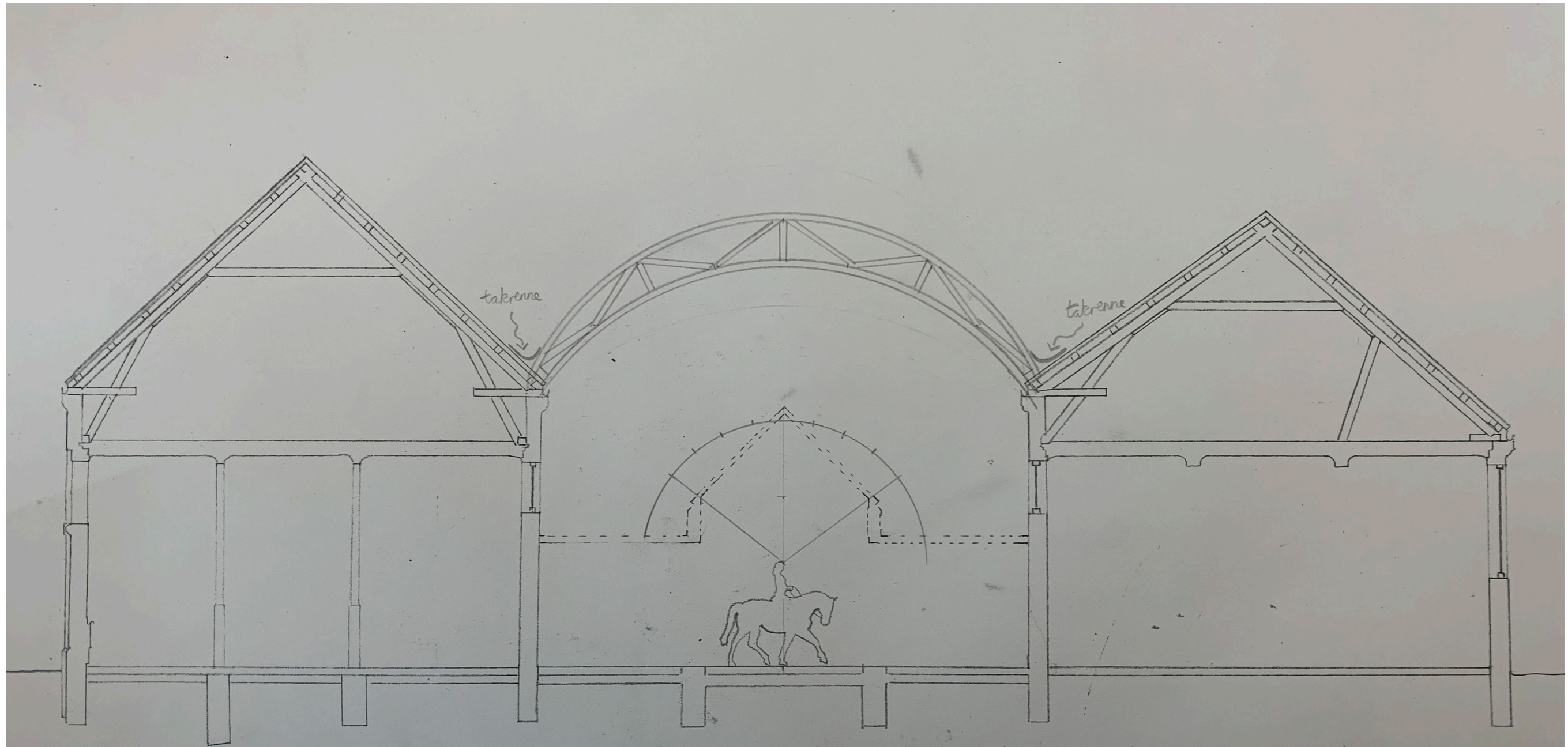
Sketch of a roof idea
Rope is used to held the roof up from the grund

Søren 6/9/22

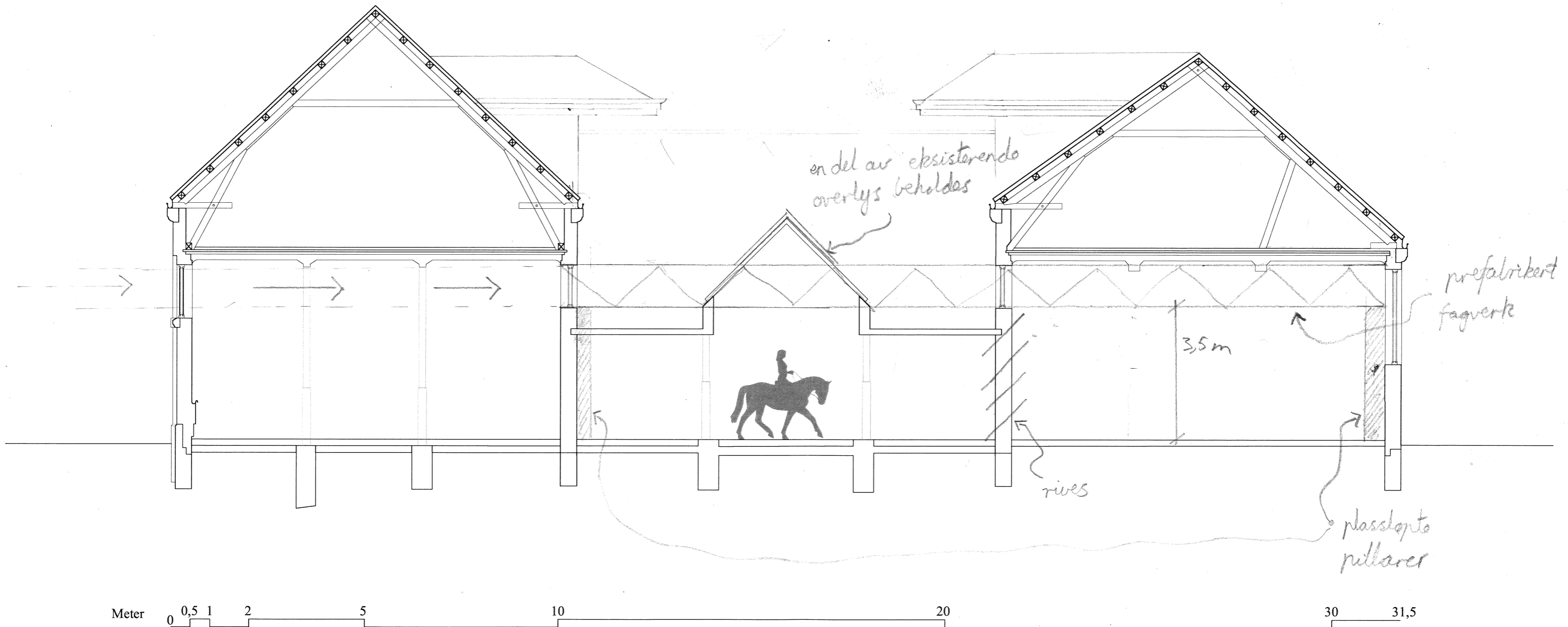


Sketch of another roof idea
The old roof is here lifted up 1.5 m.
The overlight is supported by two large beams underneath

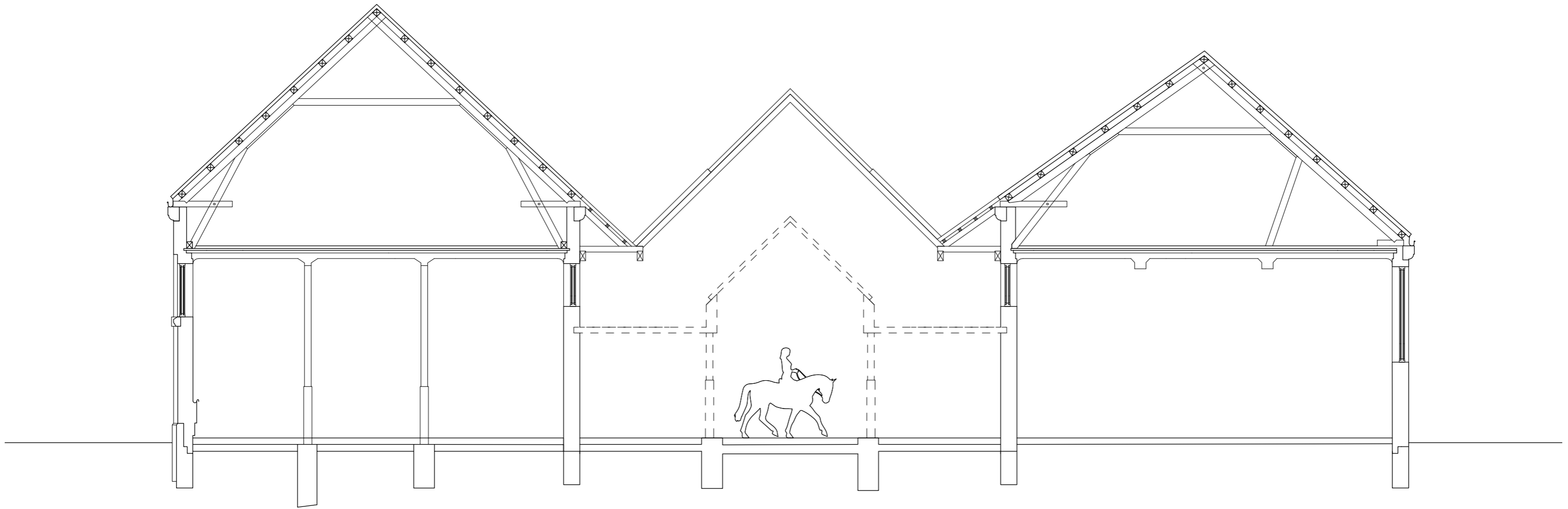
Søren 6/9/22



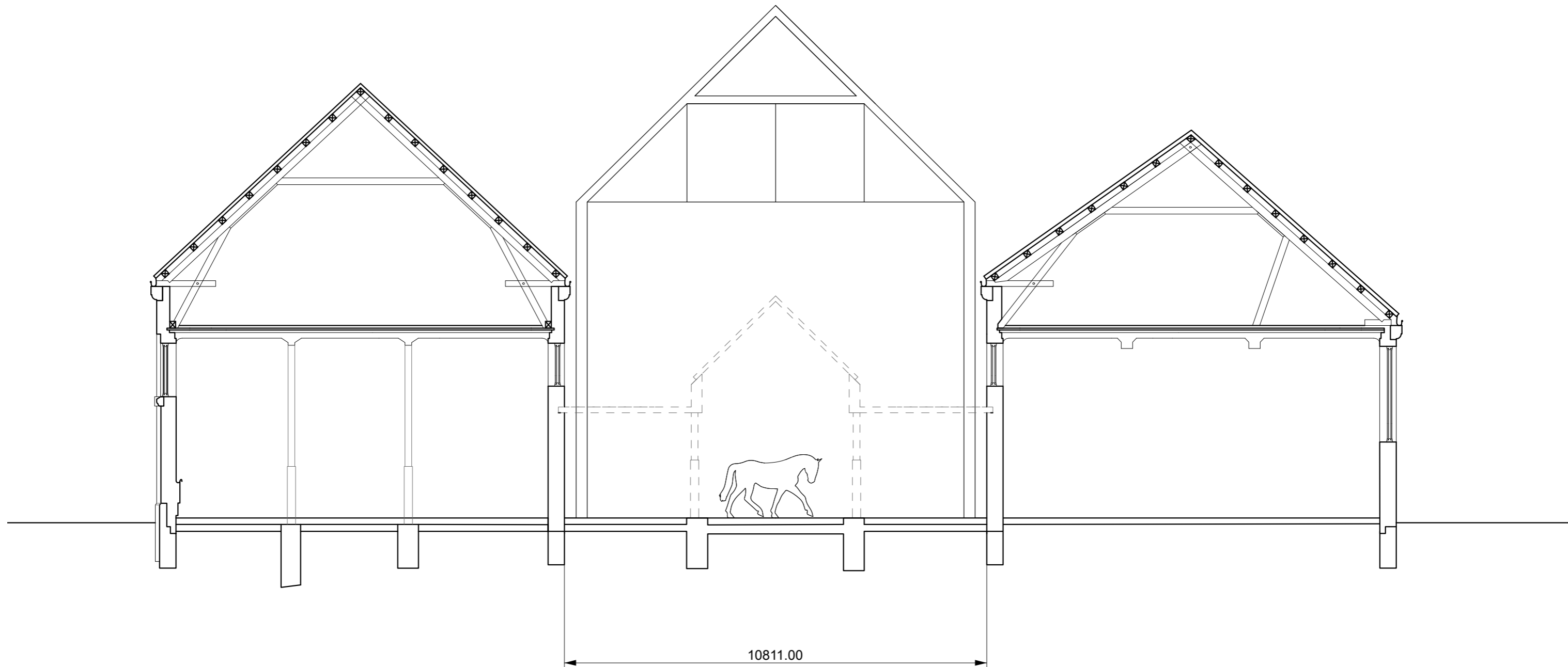
One of many ideas that was a start of the final proposal
The center of the circle that makes the curved trusses is from the eye height of the rider



One proposal where I was considering tearing down one of the loadbearing walls to make a larger space for the horse-assisted therapy.



Considering another tip in-between the two existing slats.



Another tip in-between the two existing slats, although its higher.

MODEL PHOTOS











When inside the therapy room, taking a look up towards the sky, through the repeated curved trusses.

When I was trying to figure out how to deal with the old building
and my new addition, I wrote this poem to clear my mind:

When old meets new

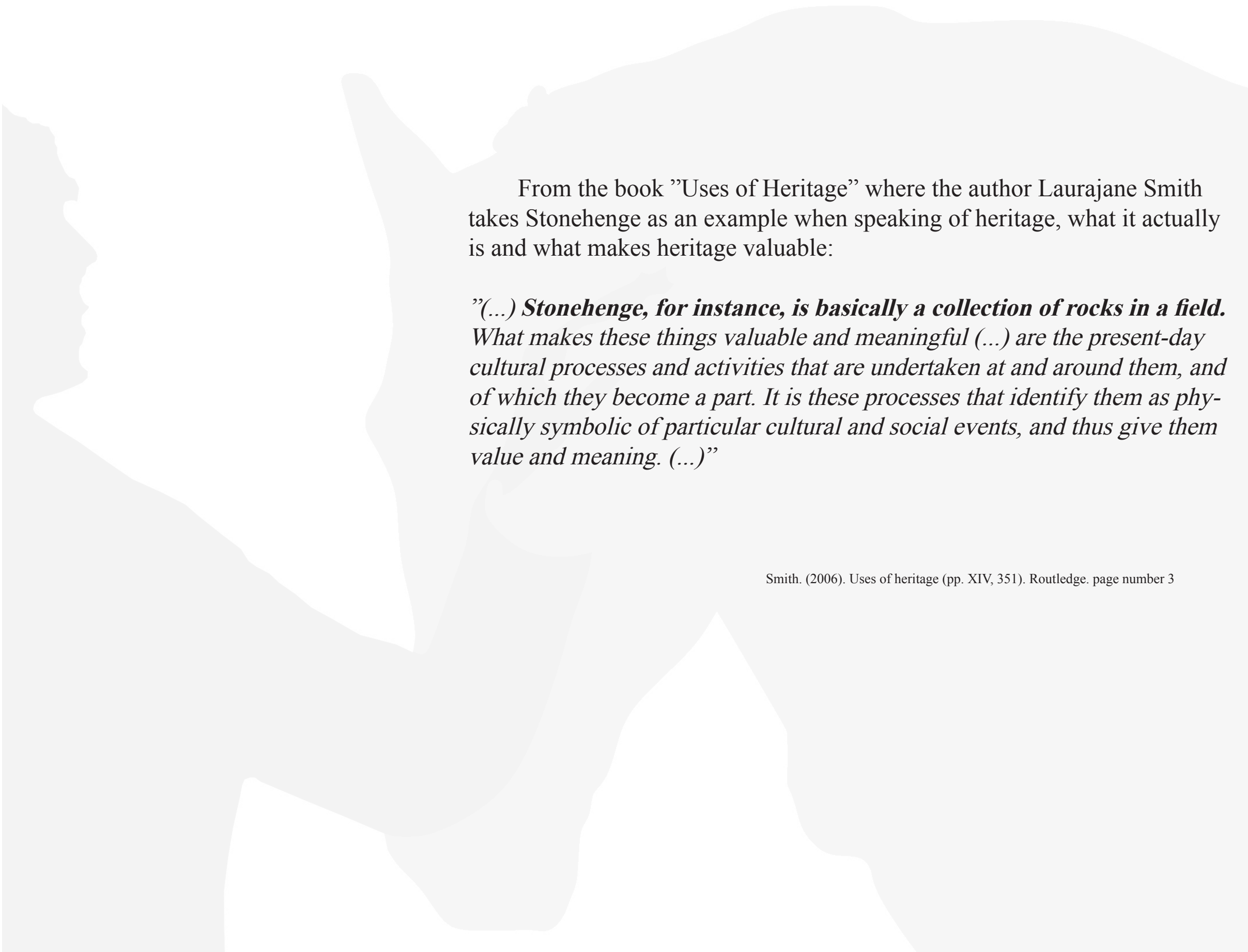
*A meet between old and new
could be gold for few
or preferred sold by another crew*

*The one crew can be right
as well can the other be, right?*

*To be right or wrong about this
is like knowing why everybody exist*

*But the meeting is the point
where the architecture makes its joint*

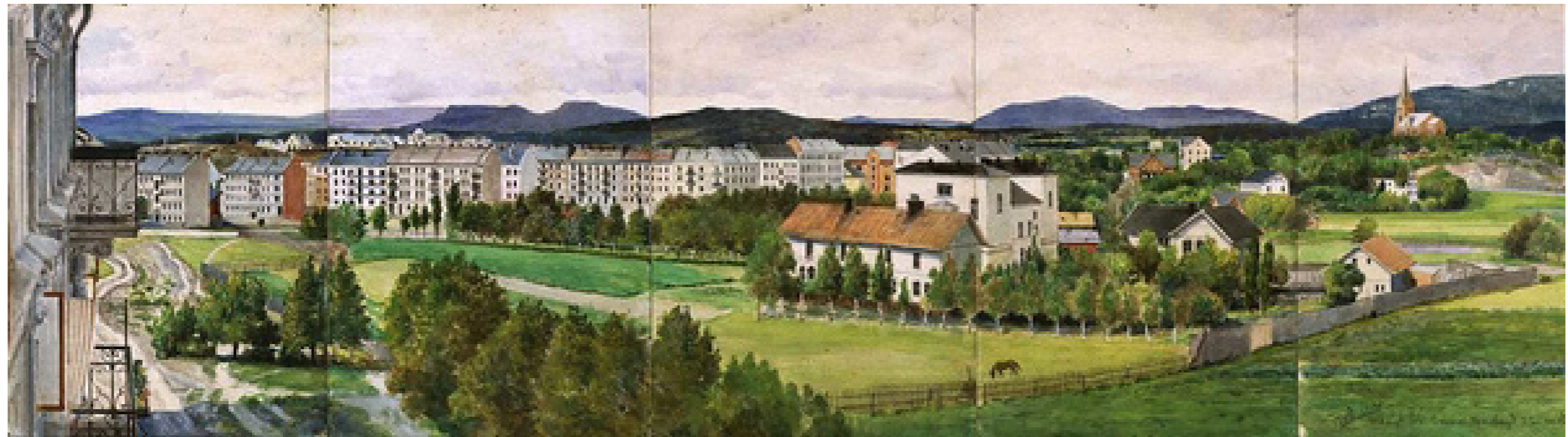
*Thats my point of departure
the joint which is kind of my starter*



From the book "Uses of Heritage" where the author Laurajane Smith takes Stonehenge as an example when speaking of heritage, what it actually is and what makes heritage valuable:

"(...) Stonehenge, for instance, is basically a collection of rocks in a field. What makes these things valuable and meaningful (...) are the present-day cultural processes and activities that are undertaken at and around them, and of which they become a part. It is these processes that identify them as physically symbolic of particular cultural and social events, and thus give them value and meaning. (...)"

Smith. (2006). Uses of heritage (pp. XIV, 351). Routledge. page number 3



View over Vestre Aker (the site sometime before 1920) from General Birchs gate 22. Watercolor painting by Wang, Johan Peter.

Found in the archive Oslobilder. Link: <http://oslobilder.no/OMU/OB.01280>