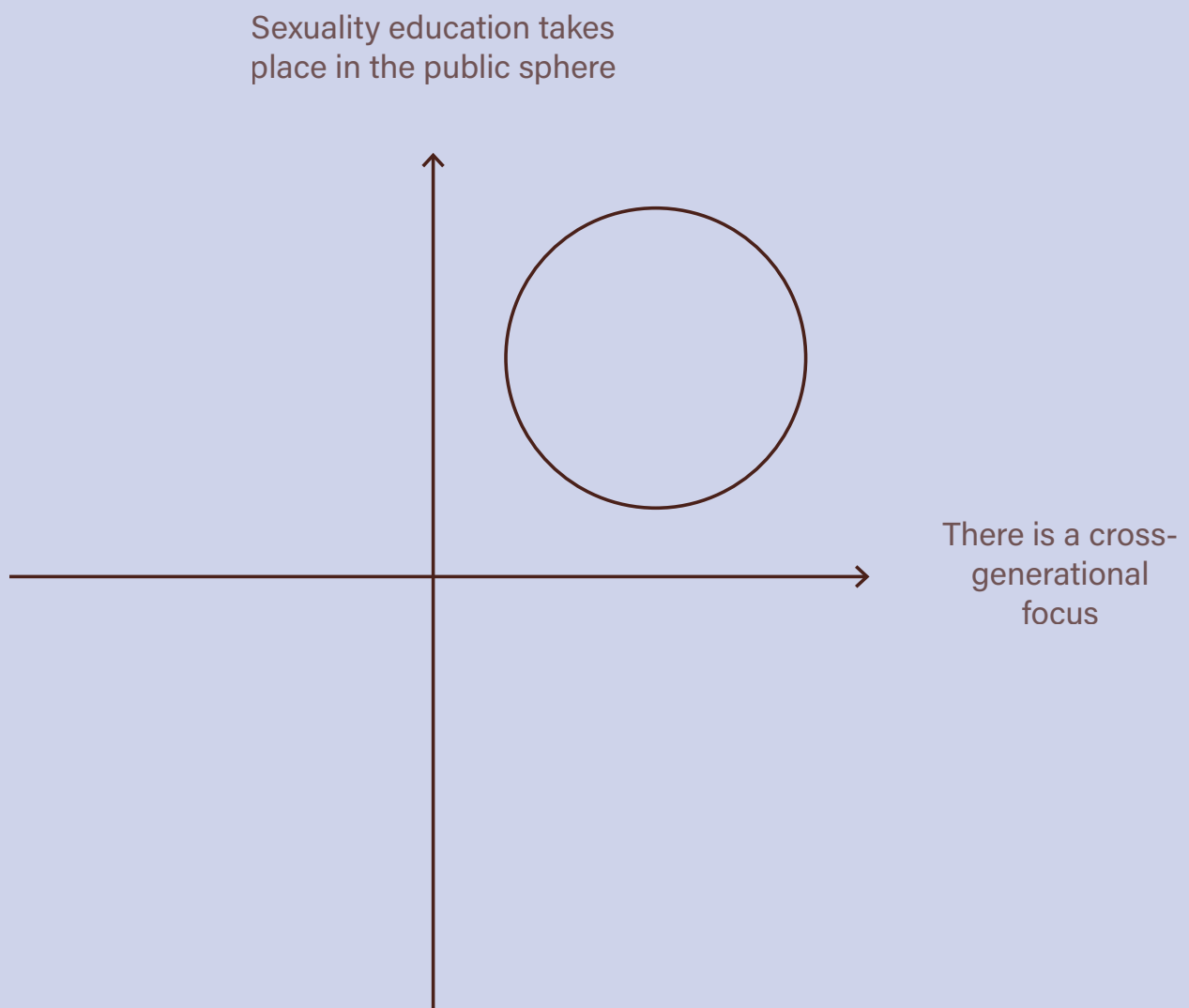


Imagine

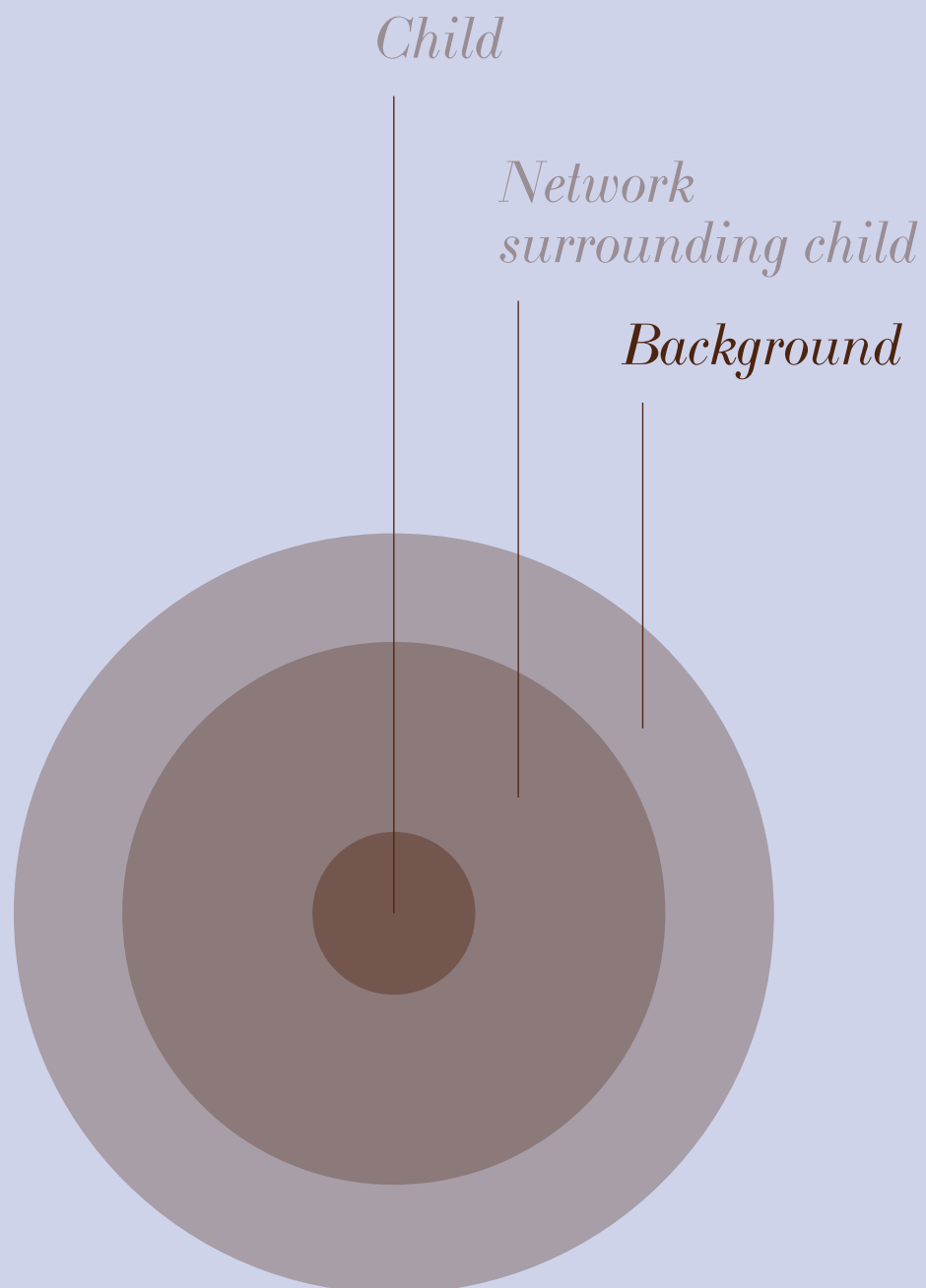
*Help with
Homework*

In this scenario sexuality education is a close collaboration between the family and the school.

In this scenario:



**Lets first take a look at the back-
ground for how we ended up here.**



Everything you will read from here on out is fictional, however the speculations are based on trends, tensions, and tendencies you might see today.

Through closer collaboration with the left side, Ap manages to remain in stortinget for another period after the election in 2025.

There was broad political agreement that sexuality education in schools had to be improved

Inspired by proposal for new opplæringslov from 2023

... and that there should be a closer collaboration between school and parents.

Inspired by «representantforslag» from R, V, SV and MdG to improve sexuality education (2023)

The result was the strategy *Learning together!:* strategy for sexual health in school and at home.



Helse- og omsorgsdepartementet

Strategi

Sammen om læring!

Strategi for seksuell sunnhet i skolen og hjemmet



Shortly after, the news got out that parents would now be required to attend interdisciplinary meetings, covering sexuality education among other topics.

NY LOV OM FORELDREDELTADELSE

7. mai 2030 kl. 15:26 Foreldre med barn i grunnskolen innkalt til obligatoriske møter omhandlende seksualitet • De obligatoriske møtene skal innføres i løpet av 2031 og skal ta for seg temaer som seksuell sunnhet, følelser og reaksjoner.



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So how is this experienced for someone in the network surrounding a child, in this case a parent?



Coras story

One of the parents that receive this message is Cora, who has a child in 4th grade.





She gets an sms remind her of the first meeting where they will cover topics within sexuality, body image, feelings and identity.

Obligatory educational meetings for parents

The school has a responsibility to provide sexuality education to students in accordance with the curriculum. But the school cannot do this alone.

Parents are the most important people in children's lives, and they have a significant influence on their attitudes, values, and behavior. Therefore, it is essential that parents and the school work together on sexuality education.

Informasjonsskriv til foreldre i klasse 1c ved Kongeveien skole

Tema: Obligatoriske foreldremøter om seksualitet

Seksualitet er en viktig del av livet og helsen vår. Barn og unge trenger kunnskap og trygghet om sin egen kropp, identitet og følelser. De trenger også å lære om grenser, respekt og ansvar i forhold til seg selv og andre.

Skolen har et ansvar for å gi seksualitetsundervisning til elevene i tråd med læreplanene. Men vi kan ikke gjøre dette alene! Foreldre er de viktigste personene i barnas liv, og de har stor innflytelse på barnas holdninger, verdier og atferd. Derfor er det viktig at foreldre og skole samarbeider om seksualitetsundervisningen.

Obligatoriske foreldremøter om seksualitet er en måte å styrke dette samarbeidet på. Formålet med slike møter er å informere foreldrene om hva skolen underviser om, hvordan de gjør det, og hvorfor det er viktig. Det er også en anledning til å diskutere hvordan foreldre kan snakke med barna sine om seksualitet hjemme, og hvilke utfordringer og spørsmål de møter.

Obligatoriske foreldremøter om seksualitet vil bidra til å:

- Øke deres kunnskap og trygghet om seksualitet
- Støtte dere i rollen som seksualitetsveiledere for barna deres
- Fremme dialog og tillit mellom dere og barna
- Forebygge seksuelle overgrep, uønsket graviditet og seksuelt overførbare infeksjoner
- Fremme likestilling, mangfold og respekt for menneskerettigheter

Obligatoriske foreldremøter om seksualitet er en god investering i barnas fremtidige helse og lykke!

Vel møtt til første møte den **11. oktober, i klasserommet klokken 14!**
Vennligst gi beskjed i god tid med gyldig grunn om du ikke skulle ha mulighet til å delta, eller meg på 95763232 så finner vi et tidspunkt for alternativ samtale

Mvh.
Sara Thorbjørnsen
Kontaktlærer klasse 1c,
Kongeveien skole



en redd elefant

mett bursdag

har min hvis

r synge s

kjøre hem

ikke bli

Most parents are very happy that this is finally on the agenda. A few however, question why this is even a topic at such an early age.



Most parents are very happy that this is finally on the agenda. A few however, question why this is even a topic at such an early age.

Cora is happy she gets access to this program, and realizes she didn't fully understand how important this was, and that she probably wouldn't have brought this topic up with her child this early without it.

Today we will discuss and reflect on topics sexuality such as feelings, relationships and body positivity!

I do not understand why have to meet up and discuss my daughters sexuality. It is inappropriate.



Future artifact

*Conversation
cards for
parental
workshops*

In the mandatory parental meetings regarding sexuality, they use Udir's conversation cards as a tool for discussing and understanding each other's point of view.

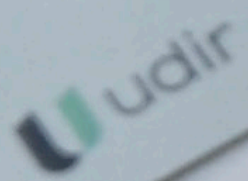
The cards are used to reflect on their own sexuality education as a basis for understanding why children need a better offer and to better understand each other's perspectives.

Ultimately, the goal of this activity is to gain a better understanding of why it is important to talk to your kids about these topics early on.

Diskuter i grupper

10 av 20

Hvordan føles
det å snakke
om seksualitet
med deres
barn?



Diskuter i grupper

Kropp, identitet og følelser



kort

Hva slags
seksualitets-
undervisning
har dere hatt?



Over time this leads to a closer collaboration between the schools and the families, and the taboos around sexuality in the public sphere decrease considerably.



So how does this all feel for a child?

Noah's story

Noah is in 5th grade. One day he comes home from school and shows his parents a brochure he got, explaining that he can now have his Kraftseremoni if he wants to.

Hvem kan ha en kraftfeiring?
Tilbudet er åpent for alle,
uavhengig av hva du tror på.

Når kan jeg ha en
kraftssermoni?
Du kan bestemme selv når du er
klar for din kraftssermoni. Noen
velger å feire når de er 5 år, andre
når de er 100 år.

Hva er forskjellen på
kraftssermonien og andre
sermonier?

Kraftssermonien fokuserer mer på
deg selv, og er helt selvvalgt.
Sermonien fokuserer på psykisk
og seksuell sunnhet enn andre
overgangsritualer, og utforskning
av egne følelser og kraft.

Kraftssermonien feirer
alt som er gøy og bra!
Kraftfeiring er
samtalekvelder og en
sermoni som bygger på
tanken om å feire seg
selv som individ og den
positive kraften i sin
seksualitet og det som er
unikt med deg.

Seksualitetsforbundet





Kraft- seremoni


"Kraftseremoni" is a new rite of passage, created by the fictitious Seksualitetsforbundet. The seremony has a strong a focus on personal development and growth, with sexuality as a natural part of it. It could be celebrated at any age.

Hvem kan ha en kraftfeiring?
Tilbudet er åpent for alle,
uavhengig av hva du tror på.

Når kan jeg ha en
kraftsseremoni?
Du kan bestemme selv når du er
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seksualitet og det som er
unikt med deg.

Seksualitetsforbundet 

rsdag

har min

syng

Klar for å
feire din
kraft
sermoni?

vis

s

kjøre

hemmelig

si

Even though he is sad his grandparents won't be there he decides to go through with the ceremony. He celebrates with friends and family and ends the ceremony by reading a poem he has written about who he wants to be when he grows up.



Kraft- seremoni invitasjon

What you do in your kraftseremoni is up to you, but you might speak about what you are proud of, your wishes in life or in some other way show what kind of person you want to be. This is what Noah's invitation and poem might look like.

#sermonien feirer
og bra!

Klar for å
feire din
kraft
sermoni?



Jeg er meg

SERMONI
NOAH

Jeg vil gjøre
kjenne meg tryk
Og du ser på
Med venner og familie
Jeg er meg
Og du er du
Vi er forskjellige
Men det er bra

Du er invitert til min
kraftsermoni!

A hand is holding a blue card. The card features a photograph of a young boy with dark hair, looking slightly to the side. The photo is framed by a decorative border of gold stars. The background of the card has faint, light-colored swirls.

ip

mi

in
ifføre
t type
ersonlig
ed
av dette.

Jeg vil gjerne at du skal
komme i min kraftseremoni!

Vi skal ha det gøy og feire at jeg er meg!
Festen er lørdag den 1. april hjemme hos oss
i Langliveien 2.

15.30 Jeg ønsker dere velkommen!

16.00 Middag

Vi spiser min favorittmiddag, taco!

18.30 Jeg forteller litt om meg selv

Jeg vil fortelle dere hva jeg har lært
om seg selv etter flere samlinger med
seksualitetsforbundet.

20.00 Sjokoladekaketid!

Vi spiser min favorittkake!

22.00 Mitt dikt

Jeg deler et dikt med dere som jeg har
skrevet om hvem jeg vil bli når jeg blir stor!

Håper alle kan komme,
Noah.

Noahs Kraftseremoni invitation and agenda for the day!

The poem he reads at the end of the night.



To wrap up this scenario we want to invite you to speculate further:

When the consensus is that sexuality is supposed to be celebrated and discussed publicly, what happens to the people that do not share this opinion?

If you are reading this scenario as a part of a workshop, its time to find the corresponding *discussion* sheet.

Use the prompts provided there to *discuss and reflect* around this scenario together.

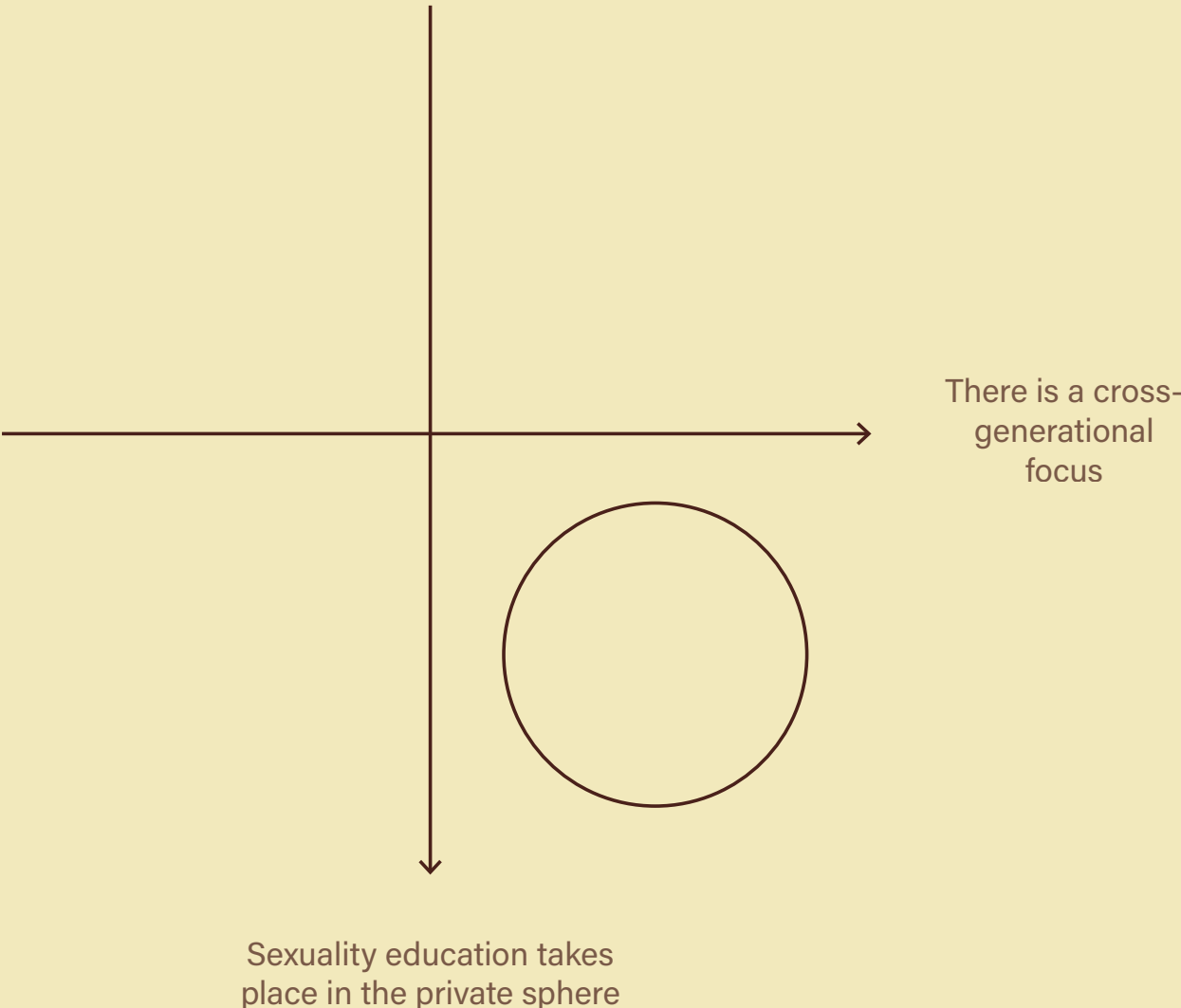
Created through co-creation with teachers, parents, families, experts and interest organisations advocating for better sexuality education in Norway. We want to thank *Sex og Samfunn*, *Unge Funksjonshemmede* and *Skeiv Ungdom*, and all the other knowledgeable people who have contributed to this project.

Imagine

*Chatting around
the Dinner Table*

In this scenario sexuality is no longer a taboo within the family sphere.

In this scenario:



So how did this scenario come to be?



Everything you will read from here on out is fictional, however the speculations are based on trends, tensions, and tendencies you might see today.

When the new Høyre led government came into power in 2025, one of the first things they did was to pick up where they left with «Snakk om det!» from 2016.

The goal was to do what they didn't manage the first time around. Make conversations around sexuality less of a taboo

At the same time, the right side ideal of freedom of choice played an important part as well.

Not long after they announced the new strategy *Ta Praten i Hjemme: Strategy for sexual health in the home*, giving parents knowledge, but also the final choice and responsibility for their child's sexuality education.



Helse- og omsorgsdepartementet

Strategi

Ta praten hjemme

Strategi for seksuell sunnhet i hjemmet



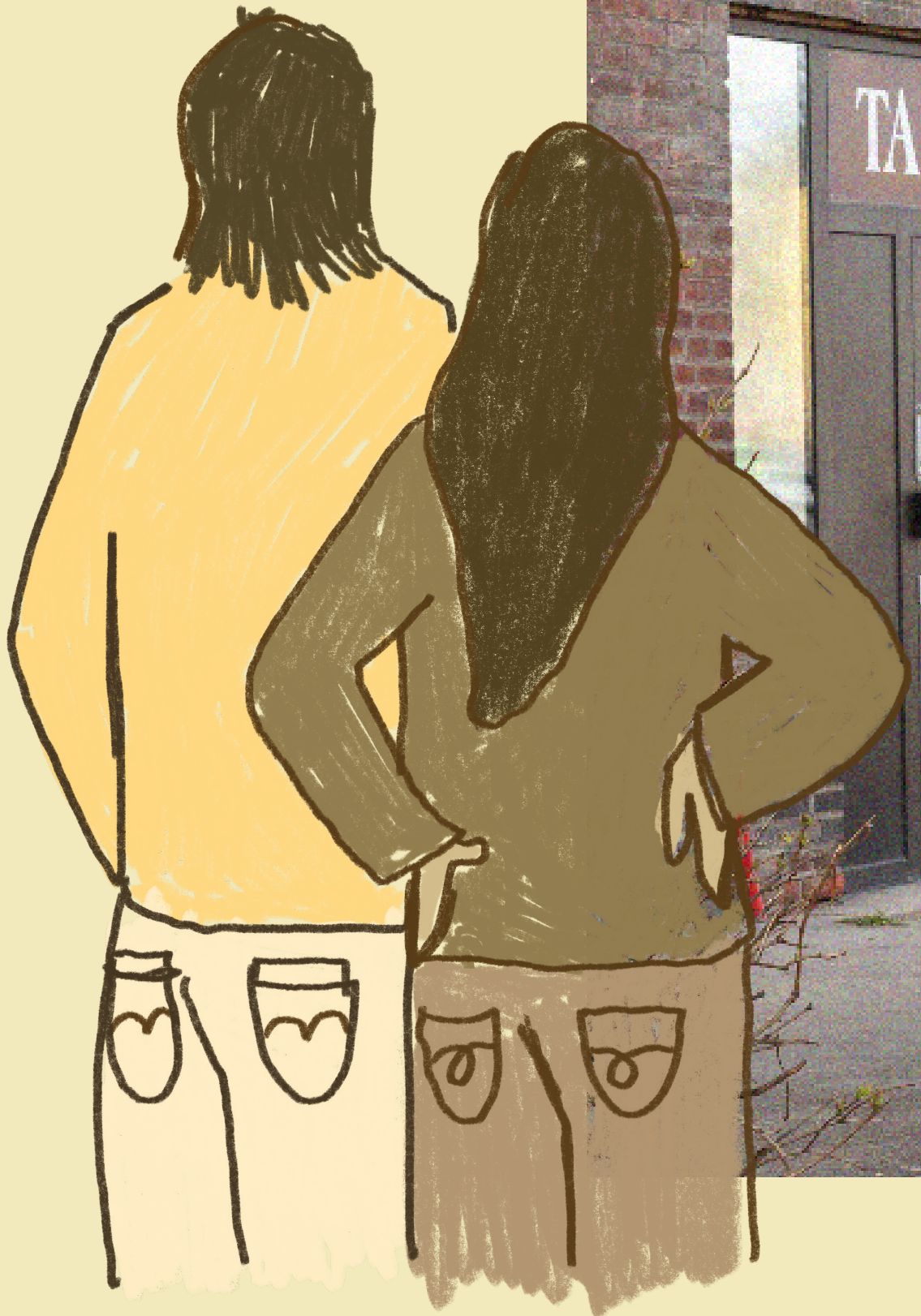
How do the parent react to this?



Oda and Martins story

Oda and Martin have children in the same kindergarten. On the way to pick up their kids, they take the same bus and notice a poster. It encourages them to use clear language when talking to children about sexuality.

[1]



21 Tjuvholmen
21 Tjuvholmen

6 min
14 min

Clear Channel

Publinteraktivitet

Dette er ikke en blomst

For hvem er et godt ordformid rundt seksualitet, kropp og følelser en styrke? Ved å bruke tydelig språk unngår du å skape tabuer og skamfølelse, og du unngår å gjøre barnet ditt forvirret. Les mer om dette og få tips til hvordan du kan skape trygg dialog med ditt barn på sidetsomdet.no

• SIDETSOMDETER.NO

21 Tjuvholmen
93 Filippstad

11

11

11

11

11

11

11

11

11

11

11

11

11

11

Si det som det er

The campaign "Si det som det er" came from Helsedirektoratet, In a bid to make conversations about sexuality easier for parents and guardians, Helsedirektoratet launched this campaign and the website sidetsomdeter.no.

On the website, there are age specific tips and advice, on how to best conduct conversations about key topics within sexuality education.

• SI DET
SOM
DET ER

• SI DET
SOM
DET ER



Veiledning til dialog om seksualitet med barn fra 7 til 9 år

Veiledningen skal bidra til at du har nok kunnskap til å kunne snakke med barn om kropp, kjønn, seksualitet, trygghet og grenser.

Bruk tydelig språk når du snakker om seksualitet og kropp →

Snakk om kjærlighet, forelskelse og forhold →

Snakk om mangfold, kjønnsidentitet og seksuell legning →

Snakk om puberteten →

Prat om seksuell debut og prevensjon →

Bruk inkluderende språk →

[ressurser →](#)

Bruk tydelig språk for å unngå forvirring og skam.

Bruk riktige ord for kjønnsorganer for å unngå å skambelegge deler av kroppen. Unngå begreper som "der nede" og "nedentil" som kan skape forvirring. Bruk heller ord som vagina, vulva, penis eller tiss.

Hvis barna får et ordforråd som gjør at de kan snakke om seksualitet og grenser, kan det virke forebyggende mot overgrep.

Bruk disse ordene:



Vagina

Vulva

Penis

Tiss

[ressurser →](#)



VG

Dette er ikke en blomst

Her er et bilde, og det er faktisk en blomst

2014 til 2018 / Innovent er ikke et selskap som har gjort det bra

MacBook Pro



Hva betyr det å "Si det som det er"?

Barnet ditt blir best rustet til å bestemme over sin egen seksualitet dersom deres du øver på å kommunisere åpent med dem om kropp, identitet, grenser og seksualitet gjennom hele barndommen. Selv om Norge har et relativt liberalt syn på seksualitet, veiviser en del foreldre seg for å snakke med barn om seksualitet. Vi setter pris på at du oppsøker veiledning til å prate om det!

(Snakk om det! Strategi for seksuell helse (2017-2022))

"Snakk om det!" kampanjen fungerer som et verktøy og som en støtte til å snakke med barn om seksualitet tilpasset ditt barns alder.

neste →

MacBook Pro

173121

For some this became a powerful recourse, but not all families made use of it. In this regard the government failed to provide a holistic sexuality education offering. however they did manage to open up the dialogue about sexuality in the home.

It did however give room for private companies, who tried to fill the need for better services for learning about sexuality.

Future artifact

GNDR

An early example of this was GNDR. An artificial intelligence app for smart speakers.



GNDR

Watch the conversation between Oda and Martin on taboostotalk.com/artifacts

Oda and Martin are talking about their kids that just started first grade:

Oda: How is Aisha doing?

Martin: Aisha is loving school! She's really starting to enjoy it!

GNDR: New person detected, would you like to register that -Aisha- uses the pronoun "she"? Say "yes" to confirm.

Martin: Yes, that's correct!

Oda: Super! Leander is doing pretty well at school too! Hehe, the other day he came and announced very seriously that he was in love!

Martin: Haha, that's so sweet! Who's the lucky girl?

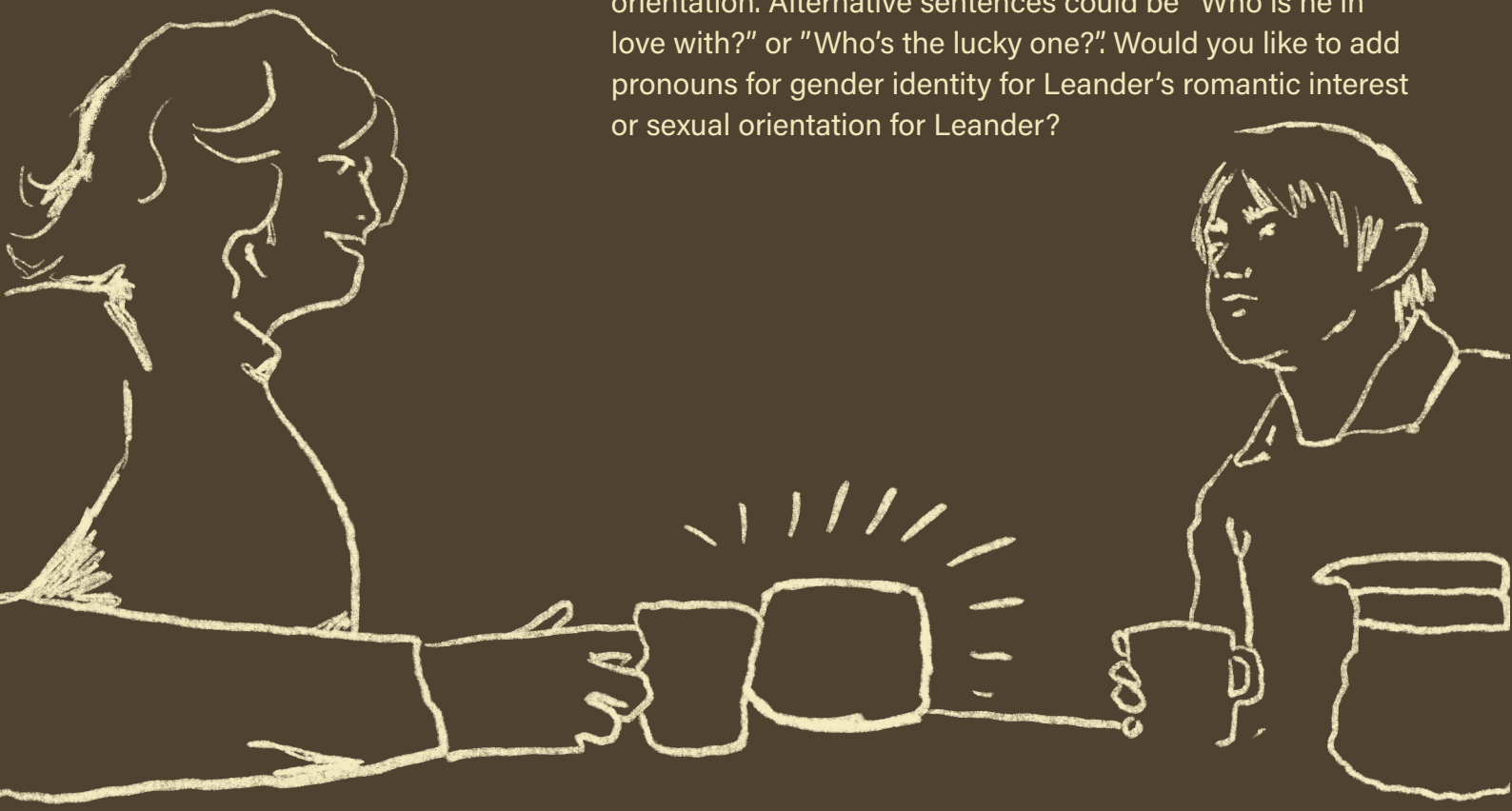
GNDR: *Pling!* I have detected *one* instance of outdated language according to Språkrådet. Shall I elaborate?

Oda: Oh sorry hehe, we downloaded that GNDR program on our smart speaker. It can be a bit annoying, but I guess we just have to keep up..

Martin: Yeah, it's so easy to forget, what was wrong now?

Oda: GNDR, can you elaborate on why you interrupted?

GNDR: I have detected *one* assumption of Leander's sexual orientation. Alternative sentences could be "Who is he in love with?" or "Who's the lucky one?". Would you like to add pronouns for gender identity for Leander's romantic interest or sexual orientation for Leander?





■■ GNDR beviser at Woke-bølgen har gått for langt.

[4]

GNDR ended up being shortlived, and was criticized among other things, for being overly moralizing.

It did however show the potential of AI in sexuality education.

A couple of years later, the AI assistant Praten was released.



Praten

Future artifact

Praten

A dialogue tool for practicing potentially difficult or embarrassing conversations with your children about bodies, sexuality, and emotions.



This dad tries Praten to practice talking about periods with his daughter

Dad: Open Praten

Praten: *Pling!* Welcome to Praten, a tool to practice dialogues about topics such as learning about the body, genders, identity, and sexuality with an artificial intelligence that imitates your child. What do you want to practice today?

Dad: I want to practice talking about menstruation. I want to practice talking about this since I never talked to my parents about it, and I really want Kine to have a good experience talking about it with me.

Praten: I understand. Say "Hi" to start the conversation with Ai-Kine.
Parent: Hi Kine!

Ai-Kine: Hi!

Dad: I was wondering...Since you are getting older... Have you learned anything about periods in school yet?

Ai- Kine: Hmmmmm, Uhhh, Tobias's sister, who is in 6th grade... She can't go swimming because she has her period!

Dad: Well, that's not entirely true. You just bleed down there that time of the month. So you can go swimming if you use protection.

Praten: *Pling!* Use clearer language like "period", "vagina", "pad" and "menstrual cup". Avoid terms like "that time of the month", "down there", and "protection". This way you will avoid confusion and making periods something shameful or taboo. *pling*

Parent: Okay hm... Where was I? You only have your period a few days each month, which means you bleed from your vagina. But you can still swim if you use a menstrual cup, for example!

Ai-Kine: What? Bleed?! Do I have to...

Praten: *Pling!* You have used up your free 15 daily minutes of Praten. Listen to our advertiser content and receive 15 additional minutes, or see our subscription options for unlimited use of Praten.
Advertisement start

Watch the conversation between Kine's dad and Praten on taboostotalk.com/artifacts

More and more features in "Praten" were put behind a paywall, which led to massive criticism. Eventually, Helsedirektoratet chose to collaborate with the company behind "Praten" and offer free licenses to all parents with children under 18.

Over time, these services, and others like them, led to increased knowledge, less shame, and to some extent, eased the taboos surrounding these topics. However, this was closely connected to the resourcefulness of each family.

To wrap up this scenario we want to invite you to speculate further:

What happens when most sexuality education takes place within the home, and how does it affect the families that do not seek or find sufficient knowledge?

If you are reading this scenario as a part of a workshop, its time to find the corresponding *discussion* sheet.

Use the prompts provided there to *discuss and reflect* around this scenario together.

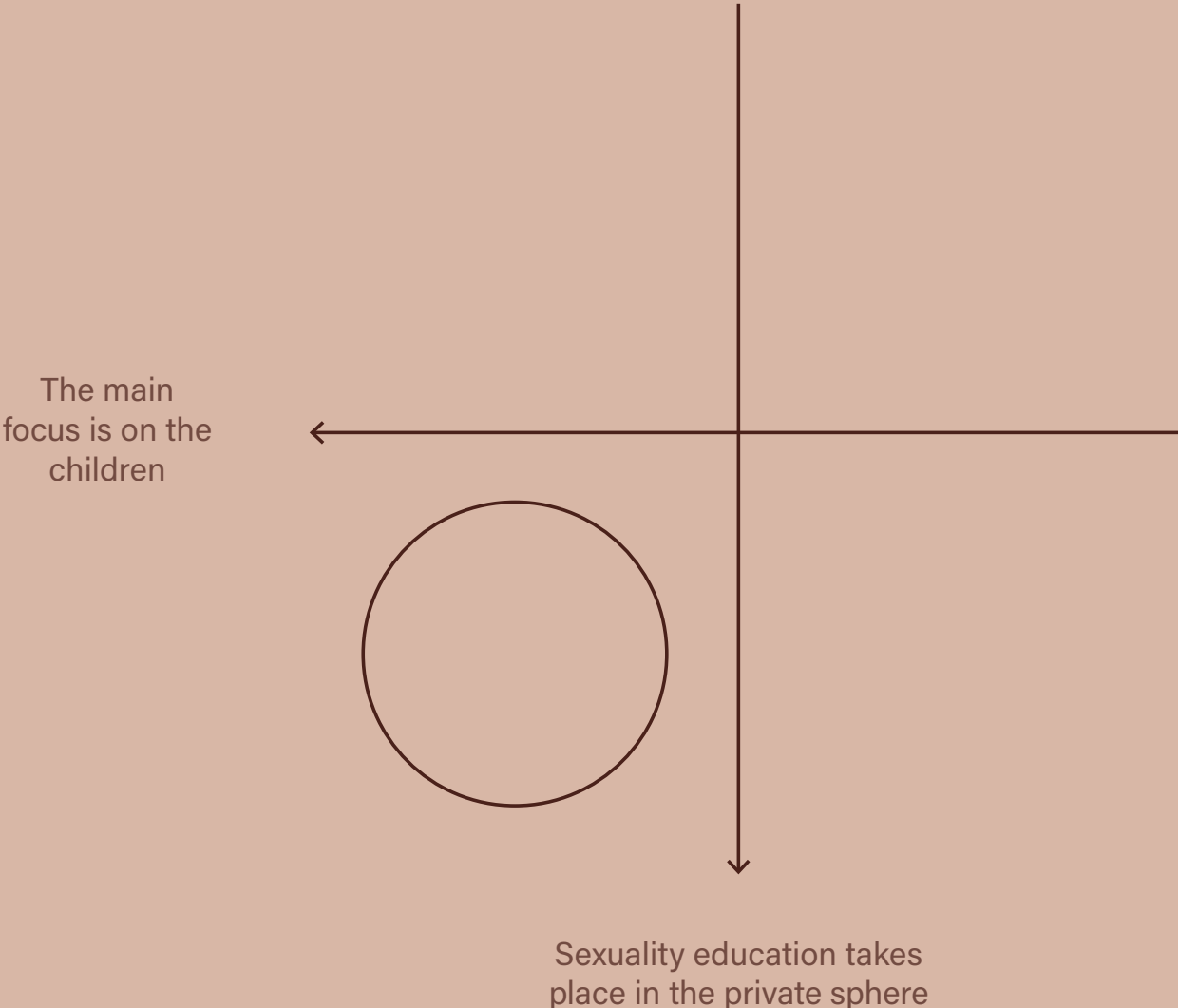
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Imagine

*Rumours at the
Playground*

Here, children learn about sexuality on their own terms and in arenas where they actually seek information.

In this scenario:



Lets take a look at the background and context that lead us here.



Everything you will read from here on out is fictional, however the speculations are based on trends, tensions, and tendencies you might see today.

In 2025 Høyre won the election and for a long time they insisted that existing projects and plans «just needed time to work and give results»

Quote by Høyre politician in during debate on sexuality education

Despite political agreement, bureaucracy was too slow. The politicians failed to actively improve sexuality education

Inspired by insight from attending political debate on sexuality education

Children still learned about sex mostly from the internet, porn or talking about it with other kids.

However, there were powerful voices at work
in several ideal organisations

Inspired by insight from attending political debate on
sexuality education

**Eventually, the government realized
their efforts had failed, to change
this trend they decided to lean on the
knowledge and experience in these
organisations, and up their funding
conconsiderably.**



Innspill til statsbudsjett 2030

Vi har gitt innspill til regjeringens arbeid med statsbudsjett for 2030.



Dobler støtten i kamp for seksualitetsopplysning

I nytt forslag til statsbudsjett foreslår regjeringen å doble støttet til blant annet Sex og Politikk, Fri og Sex og samfunn



What was the result from the viewpoint of these organisations?



These organisations now had money to initiate larger projects, as well as providing even more guest lectures at schools.

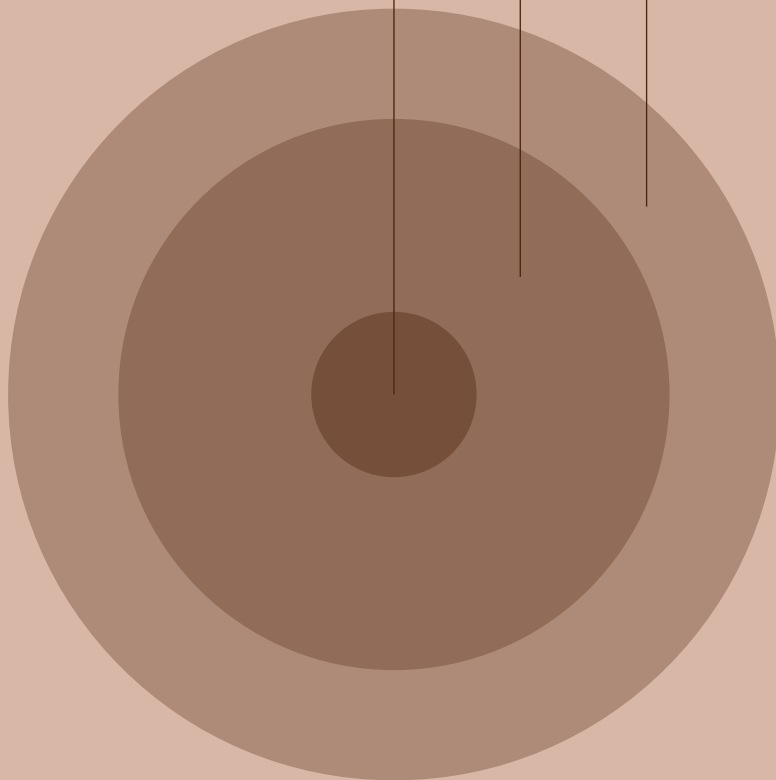
However, they still had limited mandate and their presence in schools was not mandatory.

And how did this play out for the kids?

Child

*Network
surrounding child*

Background



Aisato and Mathias' story

Aisato and Mathias are at football practice and talk about what they did at school today. Aisato has *uke 6* right now, a theme week where they learn about sexuality. Today she got her «take a look» kit.



Future artifact

Ta en titt

With monetary support from Helsedirektoratet and utdanningsdirektoratet, Sex og politikk developed the Take a look campaign.

The goal is to teach positive sexuality and children sexuality directly to the kids, since talking about these topics was still taboo for many people.



Can du finne et sted på kroppen som du aldri kikket på før?

Alles kropper er forskjellige! Hva er unikt med din kropp?

du er eller lei deg? og til deg selv.

Oppen er hjemmet vårt hele livet. Hvilken del av kroppen din er du mest glad i?

Hvor lenge kan du holde øyekontakten?

Ta en titt!
 Et utrolig og søtt spill.
 Med støtte fra Helsedirektoratet og Utdanningsdirektoratet har Sex og Utdanningsdirektoratet «Ta en titt» utviklet et positivt seksualitetspolitisk utvalgt brettspill i mange bilder til barna. I mange direkte er preget av tabu, spill og forsatt er litt inneholder et spill med søg familien. Kjekt innholder kjent med søg selv, sin kropp og sine følelser.



When Aisato goes home, she learns about positive sexuality, her body, and gets to know her feelings using the kit.



Mathias on the other hand, does not go to a school with these resources, and is, like many other children, left with few other learning resources than the internet.



Warning: This Website is for Adults Only!

This Website is for use solely by individuals at least 18-years old (or the age of consent in the jurisdiction from which you are accessing the Website). The materials that are available on this Website include graphic visual depictions and descriptions of nudity and sexual activity and **must** not be accessed by anyone who is under 18-years old and the age of consent. Visiting this Website if you are under 18-years old and the age of consent might be prohibited by the law of your jurisdiction.

By clicking "I Agree" below, you state that the following statements are accurate:

- I am an adult, at least 18-years old, and the age of consent in my jurisdiction, and I have the right to access and possess adult material in my community.
- I will not allow any person under 18-years old to have access to any of the materials contained within this Website.
- I am voluntarily choosing to access this Website because I want to view, read, or hear the various available materials.
- I do not find images of nude adults, adults engaged in sexual acts, or other sexual material to be offensive or objectionable.
- I will leave this Website promptly if I am in any way offended by the sexual nature of any material.
- I understand and will abide by the standards and laws of my community.
- By logging on and viewing any part of the Website, I will not hold the Website's owners or its employees responsible for any materials

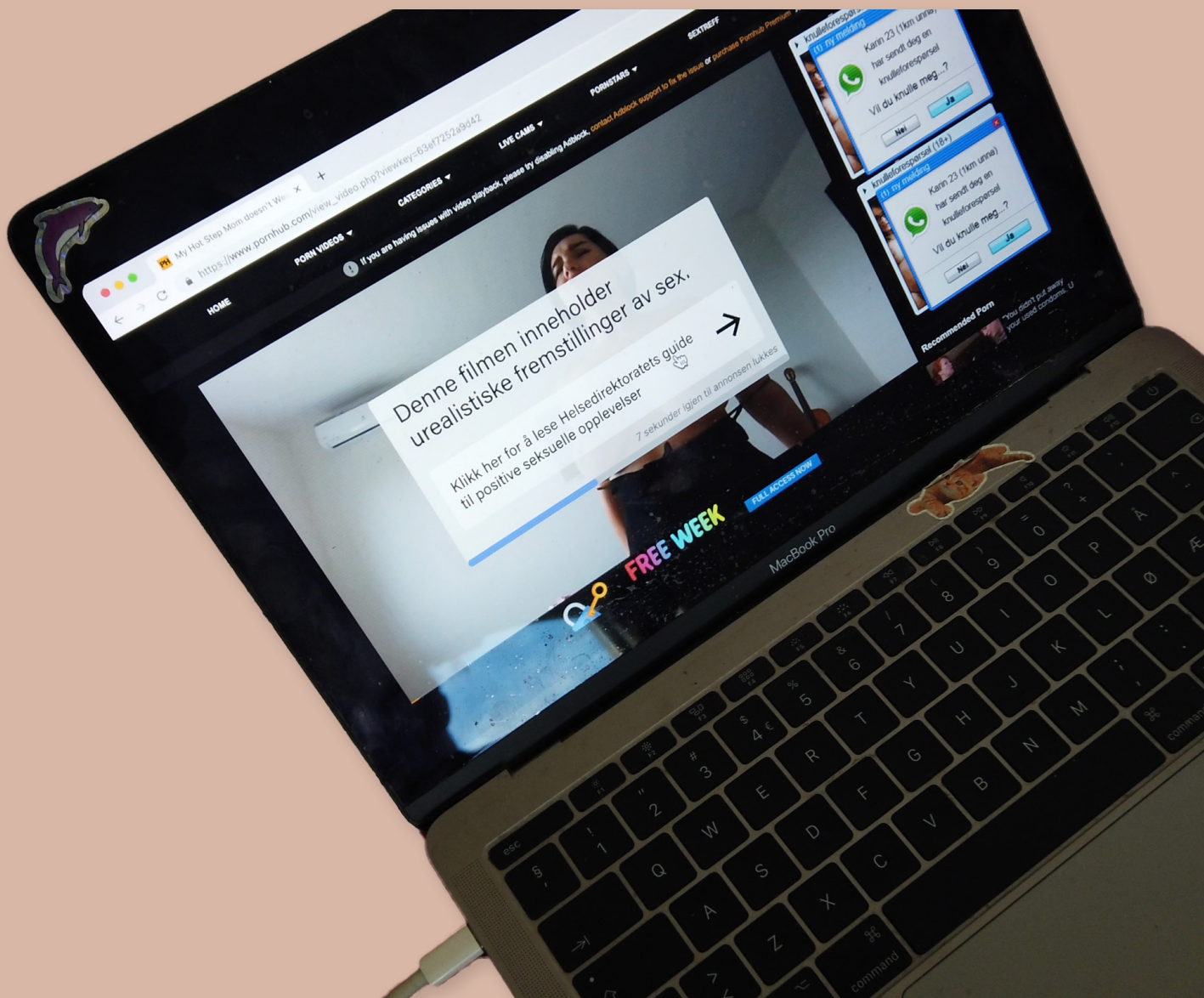
[4]



Lucky for Mathias, Aisato decides to bring her kit to football practice, she wants Mathias to try it as well.

However, other kids like him still learn about these topics mostly from porn, and the government realize they need to address this.

Helseidirektoratet therefore launch their new project National guidelines for positive sexual experiences.



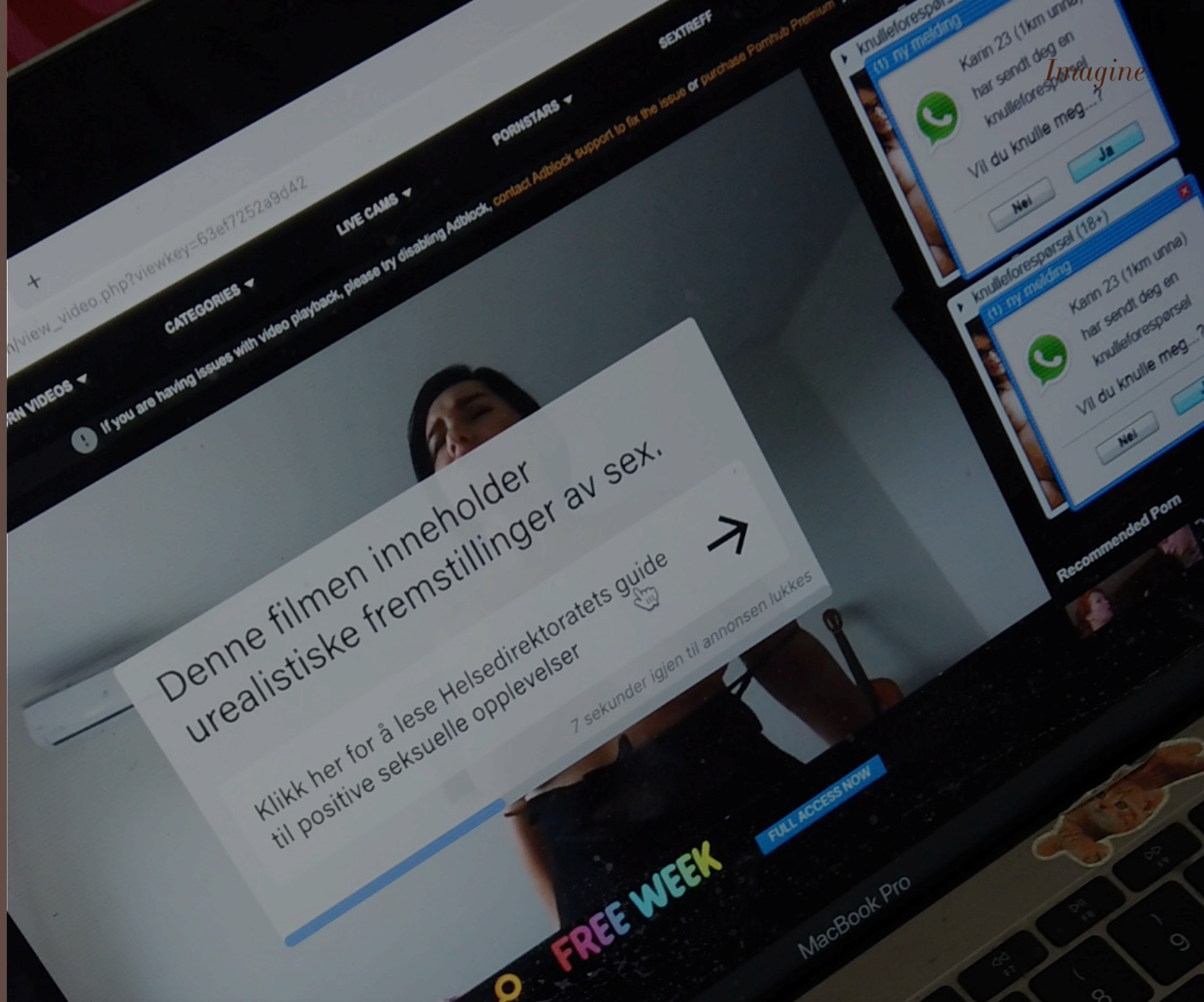
Future artifact

Nasjonale Anbefaling til Positive Seksuelle Opplevelser

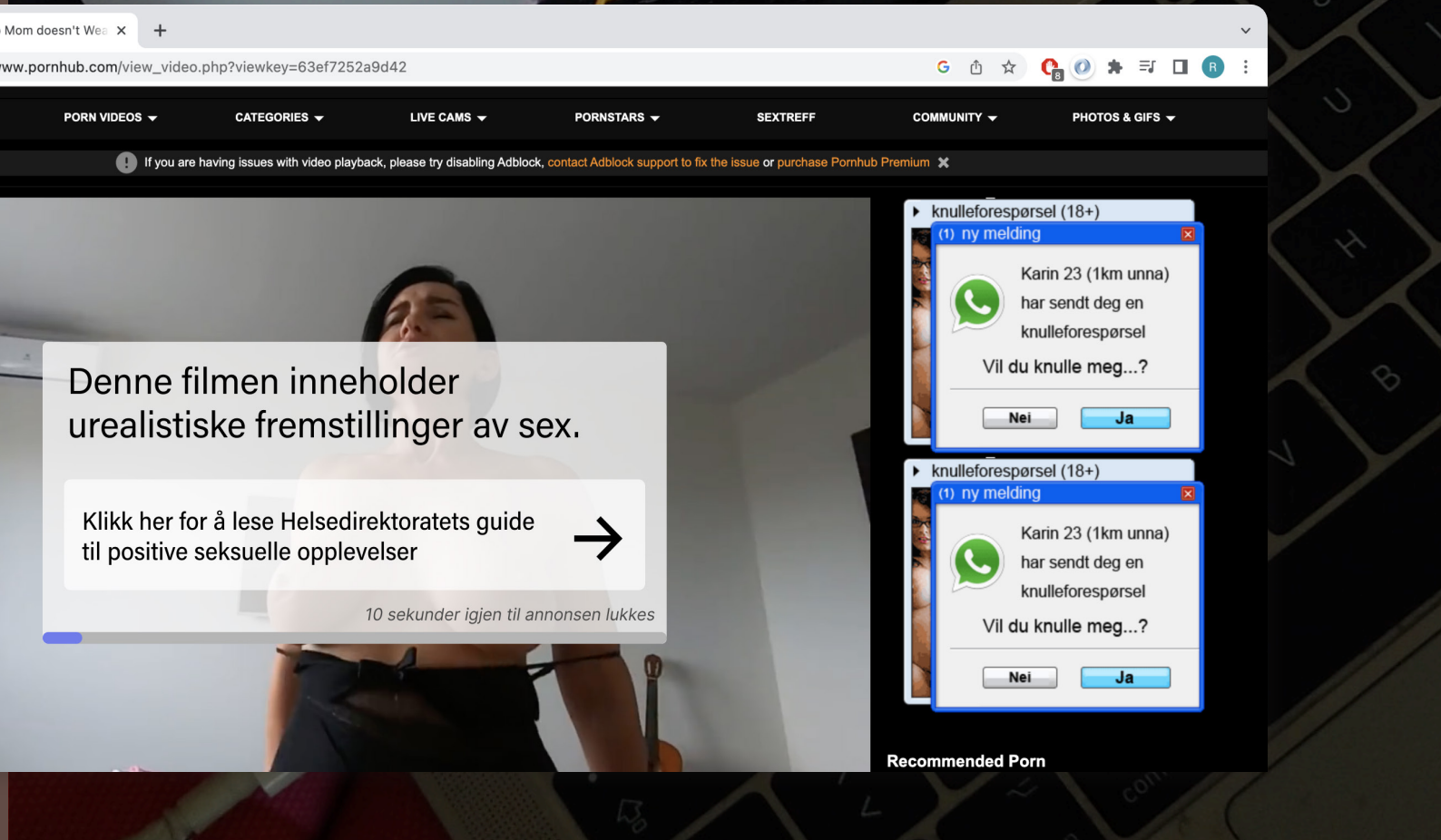
Through pop ups before porn movies, you are directed to Helsedirektoratets info portal about how to achieve positive sexual experiences.

On the page, you can read about how to pleasure your partner, the unrealistic sides of porn, consent and communication, among other topics.





Imagine



Nasjonale anbefalinger til positive seksuelle opplevelser

Tips til å få partneren din til å trives under samleie

Samtykke og hva som er et "entusiastisk ja"

Hva er realistisk og urealistisk med porno?

Sex og kommunikasjon

Hvordan finner man?

Guide til organi

Sex Meny



My Hot Step Mom doesn't We... x Helseidirektoratet x +

https://www.helseidirektoratet.no

Helseidirektoratet Søk Meny

Nasjonale anbefalinger til positive seksuelle opplevelser

Tips til å få partneren din til å trives under samleie →	Hva er realistisk og urealistisk med porno? →
Samtykke og hva som er et "entusiastisk ja!" →	Sex og kommunikasjon →

Si;D | Pornografi

Kjedelig og innsiktsløst: Det er ikke tørre fakta og gode råd vi vil ha når vi googler porno

**Peder Haug**

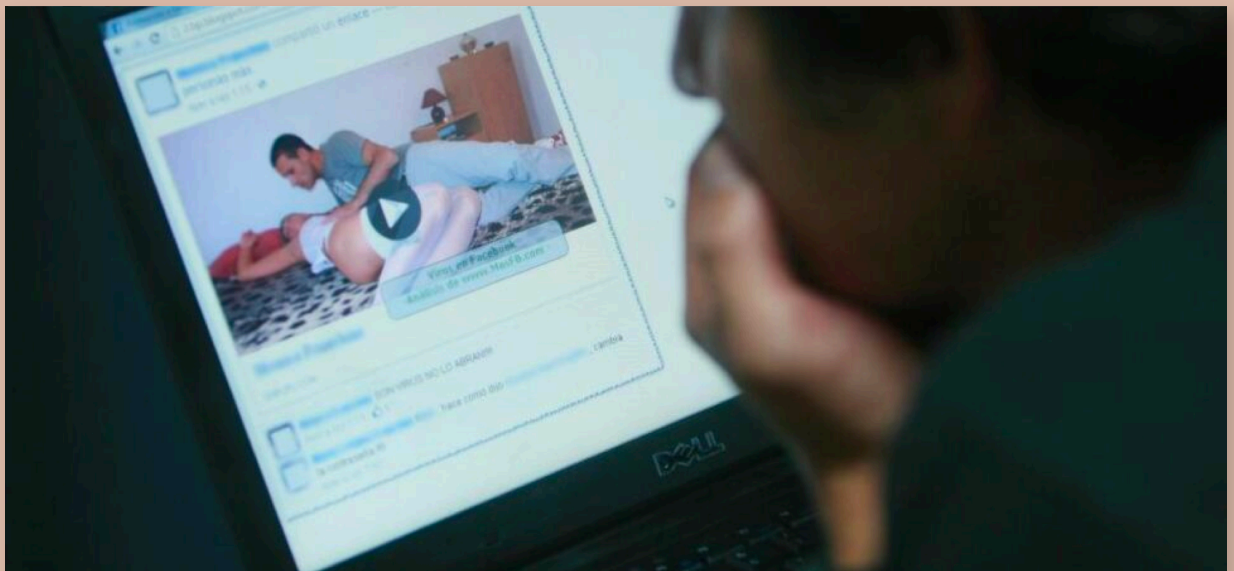
14 år



Intensjonen med helsedirektoratet "porno pop ups" er god, men de utviser total mangel på innsikt i hva som driver oss barn og unge til å oppsøke porno i utgangspunktet.

For some children, this guide was helpful, but many others simply found the page too dull and would much rather actually watch porn.

A few years pass, and Høyre manages to decriminalize both the purchase and production of porn. This, in turn, enables Helsedirektoratet to start producing ethical porn where actors and creators are offered fair wages and have job security.



Høyre skroter sexkjøp- og pornoloven

Future artifact

Porno from Helsedirektoratet

When googling porn, you are now nudged to check out Helsedirektoratet Porn, through paid search positions.

The Helsedirektoratet Porn has categories like consent and communication, and is diverse and inclusive.

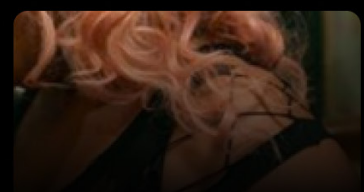
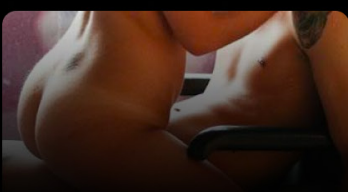
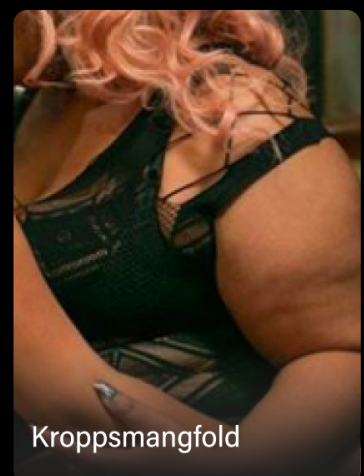
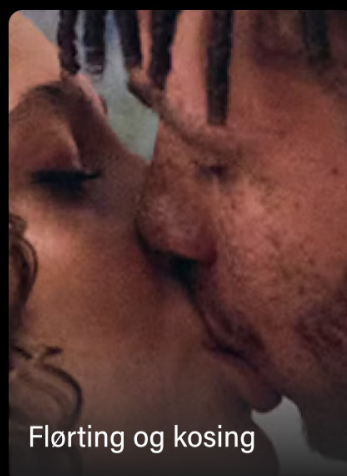
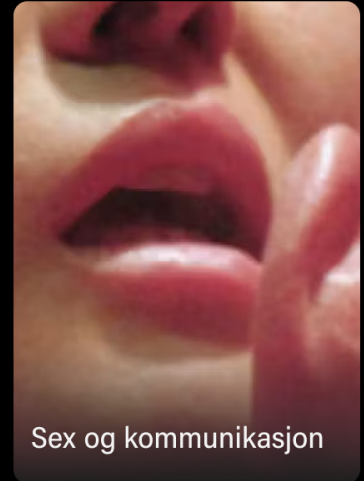
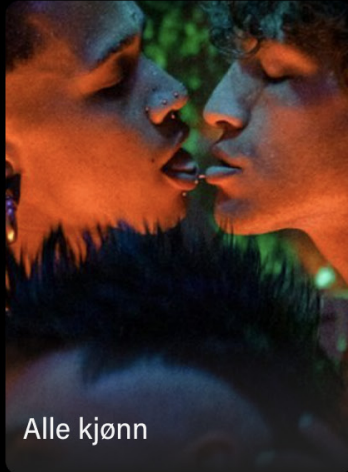
[9]

The screenshot shows a Google search interface with the search term 'porno'. The search results are filtered to show sponsored content. The top result is for 'Helsedirektoratet Porn' with a URL of 'https://www.helsedirektoratet.no/search'. Below the title, there is a short description: 'Se realistisk sex, med fokus på positiv sex, samtykke, godt kroppsbilde og mangfold. Inkluderer filmer med hva som leder opp til sex, trygg sex og hvordan tilfredstille seg selv, og sin partner.' Below this, there are several category links: 'SAMTYKKE - POSITIV SEKSUALITET', 'RETTFERDIGE LØNNINGER', and 'ET ENTUSTIASTISK JA'. The result is dated '10 min +'. Below this, there are three other search results for 'pornhub.com', 'pomonorsk.com', and 'youporn.com', each with a brief description of their content.

Pornofilmer laget med støtte av Helsedirektoratet. Filmene skal vise realistisk sex og nytelse.

Filmene viser et mangfold av mennesker og tilbyr rettferdige lønninger til skuespillere. Det er fokus på kommunikasjon i hver film og alle seksuelle handlinger blir utført med samtykke.

Kategorier



To wrap up this scenario we want to invite you to speculate further:

This scenario shows that aiming the sexuality education directly at the kids does unlock some opportunities, but what unforeseen consequences might this lack of adult supervision result in?

If you are reading this scenario as a part of a workshop, its time to find the corresponding *discussion* sheet.

Use the prompts provided there to *discuss and reflect* around this scenario together.

Created through co-creation with teachers, parents, families, experts and interest organisations advocating for better sexuality education in Norway. We want to thank *Sex og Samfunn*, *Unge Funksjonshemmede* and *Skeiv Ungdom*, and all the other knowledgeable people who have contributed to this project.

[1] Fictional Sex og Samfunn article
[2] Fictional NRK article, depicted people have no affiliation with this project
[3] Screenshot from vrporn.com
[4] Screenshot from vrporn.com
[5] Screenshot from pornhub.com, fictional Hdir popup
[6] Altered Hdir website
[7] Fictional Aftenposten article, image from Shutterstock, NTB
[8] Fictional article, depicted people have no affiliation with this project
[9] Screenshot from Google, fictional Hdir search results
[10] Fictional Hdir website, images from erikalust.com, depicted people have no affiliation with this project
All other images are ours

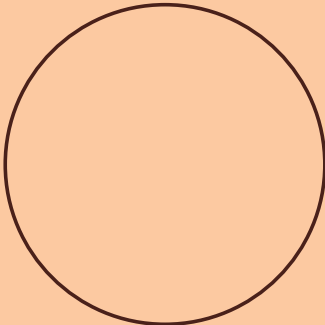
Imagine

*The Classroom
is a Safe Space*

In this future scenario we have achieved a school environment where children feel safe, can express themselves freely, and be open about topics related to sexuality in school.

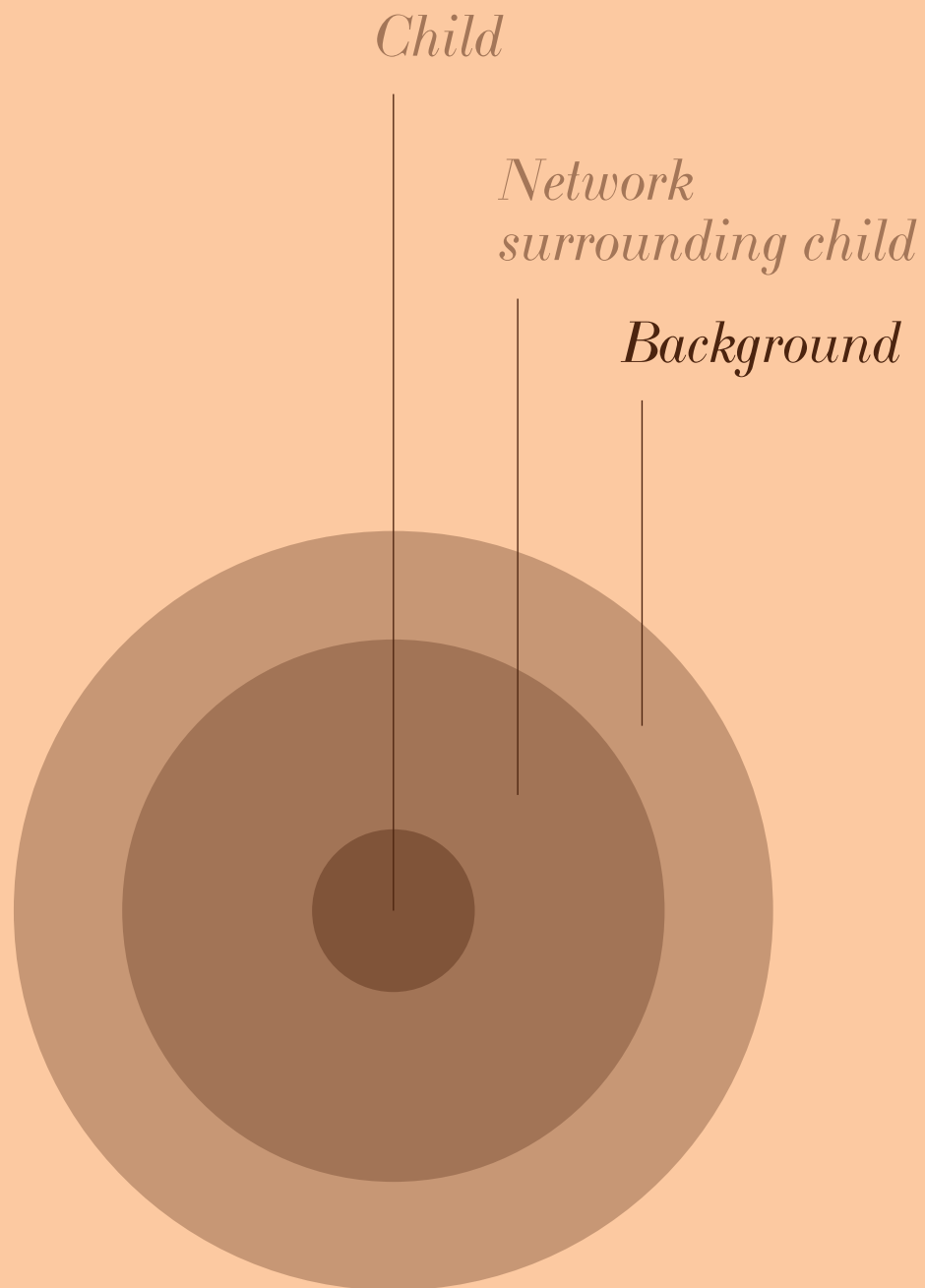
In this scenario:

Sexuality education takes place in the public sphere



The main focus is on the children

Lets take a look at what laid the groundwork for ending up here.



Everything you will read from here on out is fictional, however the speculations are based on trends, tensions, and tendencies you might see today.

In the mid-2020s, we got a new coalition government with parties from the left side.

Quote by Høyre politician in during debate on sexuality education

They benefited from broad agreement across the parties, when it came to improving sexuality education and how to do it.

For instance they agreed that the school was the best arena for learning about sexuality in order to secure democratic access for everyone

Based on insight from debate between H, V, R og MdG

This resulted in a new strategy for sexuality education, called *Safety in the classroom: strategy for sexual health in primary school.*



Helse- og omsorgsdepartementet

Strategi

Trygghet i kasserommet

Strategi for seksuell sunnhet i grunnskolen

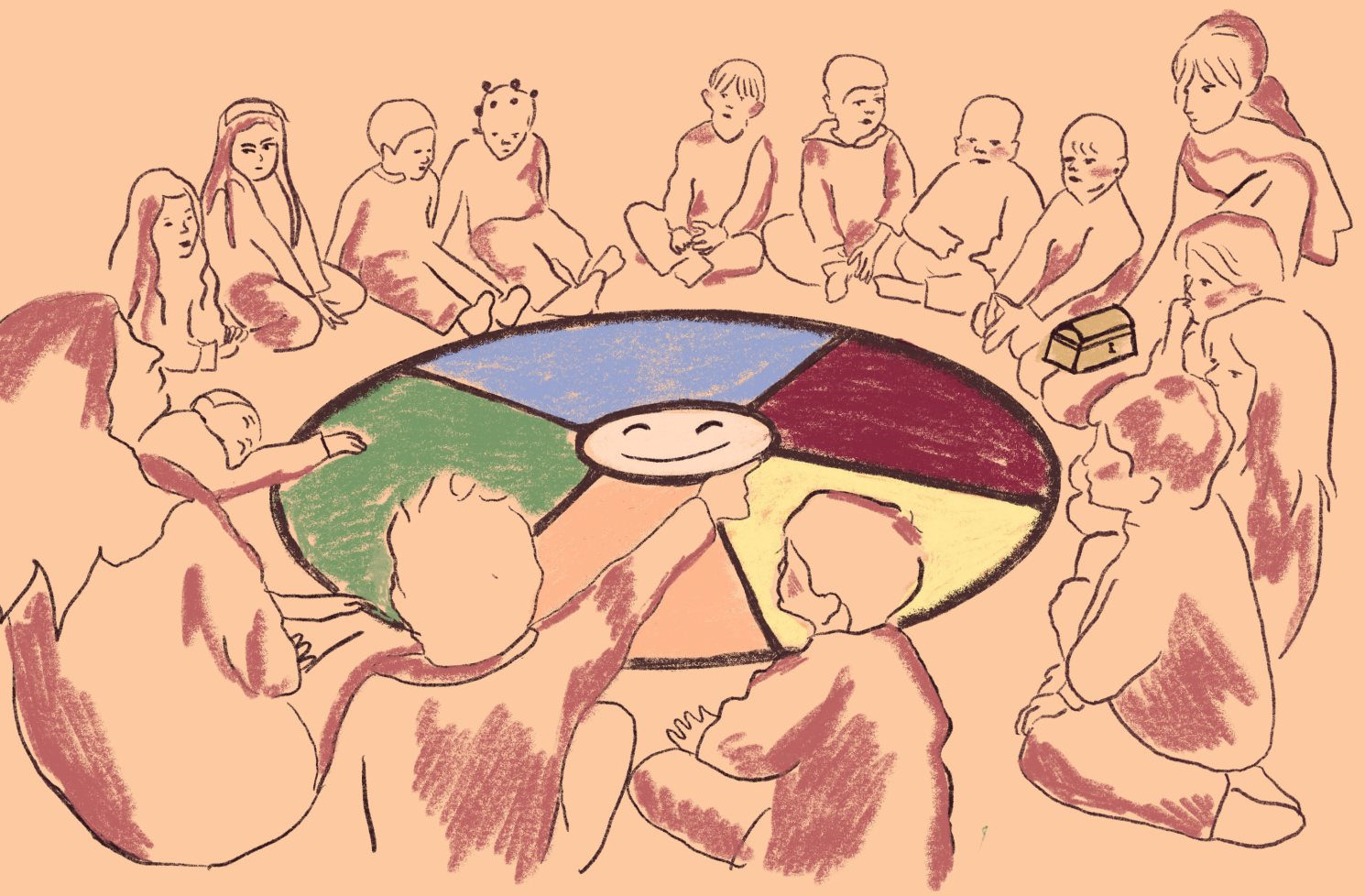


The new strategy gave law mandated additional courses to all teachers and obligatory sexuality education for teacher students.

The most important thing, however, was the updates to the curriculum, with mandatory classes covering several topics within sexuality, including feelings, relationships, bodies, and puberty.

Sandrea's story

We are in a classroom at Gamle Oslo Primary School. Sandra and the rest of the second grade are starting the week with the new subject SKFI.



SKFI

SKFI stands for sexuality, body, feelings and identity. This new obligatory subject is a part of the government's strategy to improve sexuality education.

In this course, primary school children learn about topics within sexuality, body, feelings and identity, through different activities and conversation sessions.

APRIL

FRIDAY

21

Week 16

ett met
ings -
e pres.

08:30

Skfi

09:30

Recess

09:45

Music

10:30

LUNCH

11:00

Big Recess

11:30

Krle

12:30

Recess

12:45

Krle

13:45

END OF DAY

Minecraft

Minecraft

13.15 - 13.45

Football

Imagine



Safe chest ritual

As the pupils enter the classroom, they perform a safe space ritual together. Each child places their safekeeper token in the teacher's safe chest. The teacher then guards the chest throughout the entire SKFI class.

The safekeeper is a small object that each of them has chosen to symbolize themselves. This ritual symbolizes that it's the teacher's job to keep them safe during the SKFI class.



Smile meditation

After the safekeeping ritual, the class clears away tables and chairs together, and start the weekly smile meditation to set the tone for the rest of the SKFI class.

The smile meditations are part of the teacher's resources, a project aimed at making everyone happy with themselves and their bodies.

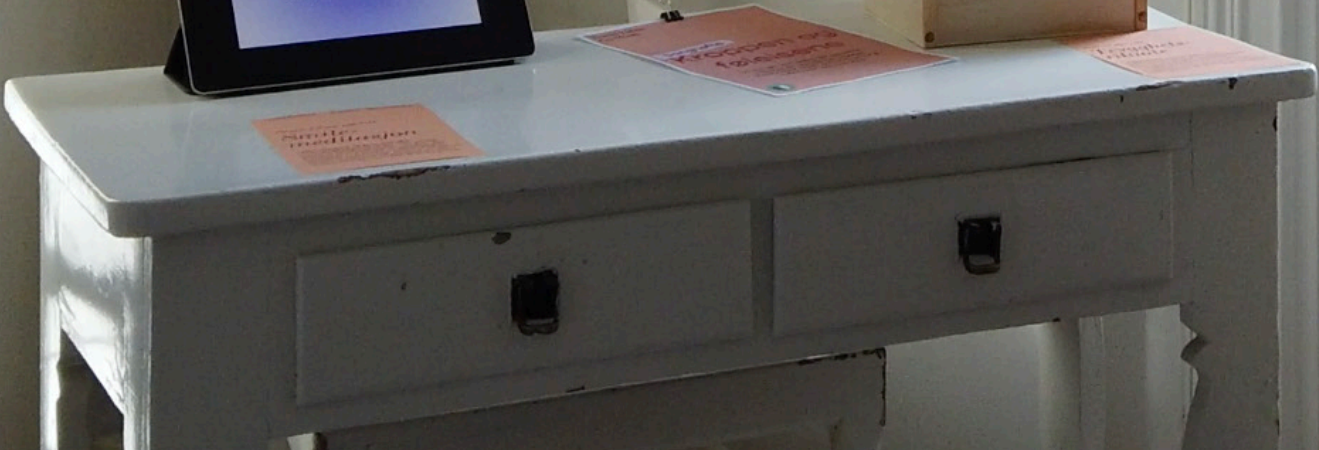
Smil til verden din

The banner contains several educational posters. On the left, there's a poster titled 'Smil til verden din'. In the center, there's a circular diagram with four quadrants labeled 'Læringsaktiviteter', 'Kommunikasjon', 'Refleksjon', and 'Vurdering'. To the right of the diagram are several smaller posters with text and images, including one showing a person working at a computer.

Slik skaper vi et trygt klasserom

- 1. Rydd vekk alle pulter og bord!**
Pakk i inn bokstaver og spill. Legg dem inn i en kasse!
- 2. Ta på deg det DU vil!**
Kjenn deg trykkelig hjemme i klasserommet ditt. Legg på det som du liker best!
- 3. Tid for lek!**
Lær gjennom lek med ball, snakkspill og dikt.
- 4. Nå kan vi snakke om hva vi vil!**
Forsøk å snakke om hva du vil i klasserommet ditt. Det er alle sammen som bestemmer!

Sett deg godt til rette...



Smil kropp

Smil til
rumpa di

Tenk at alle
har en rumpe!

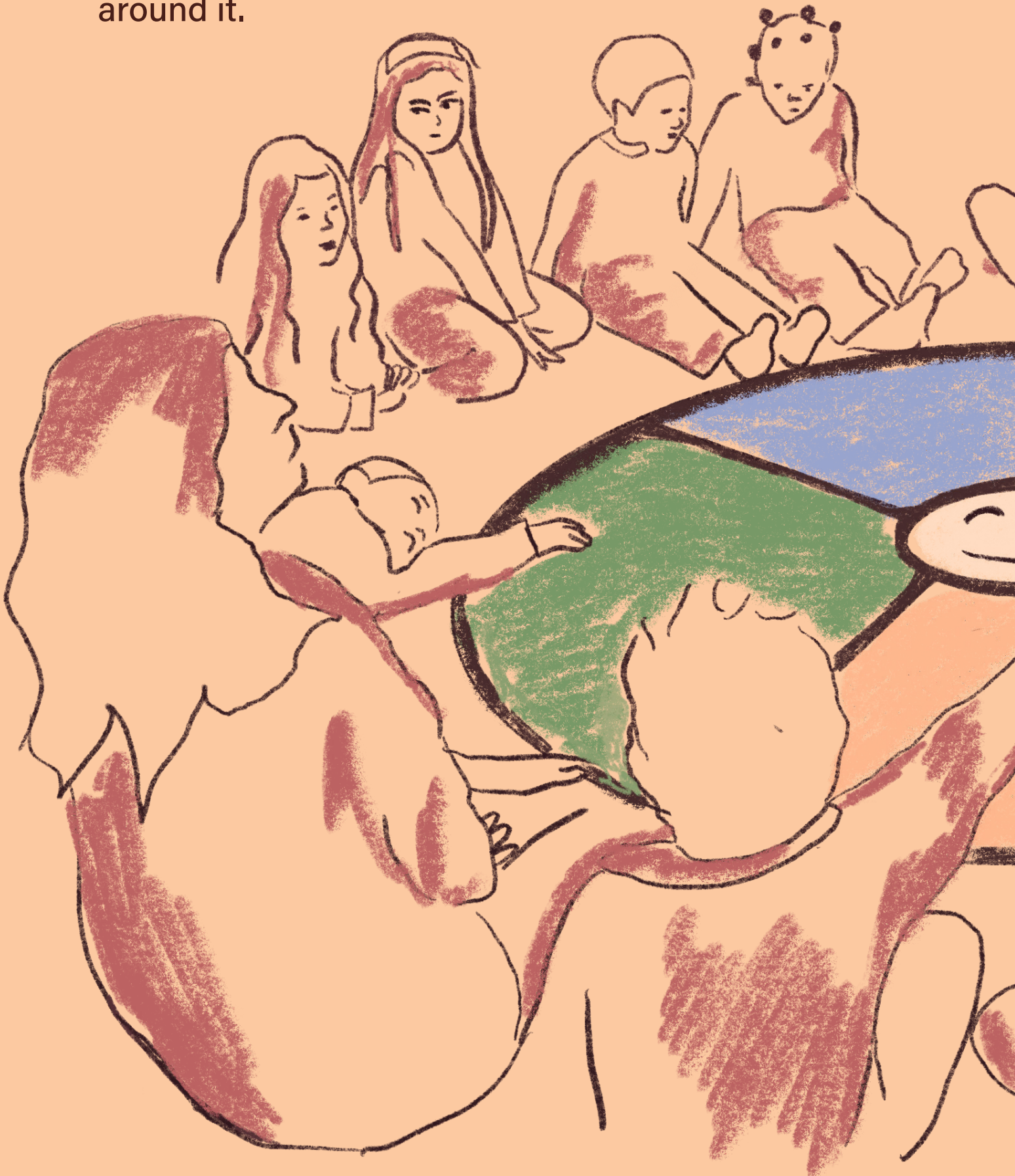
Smil til

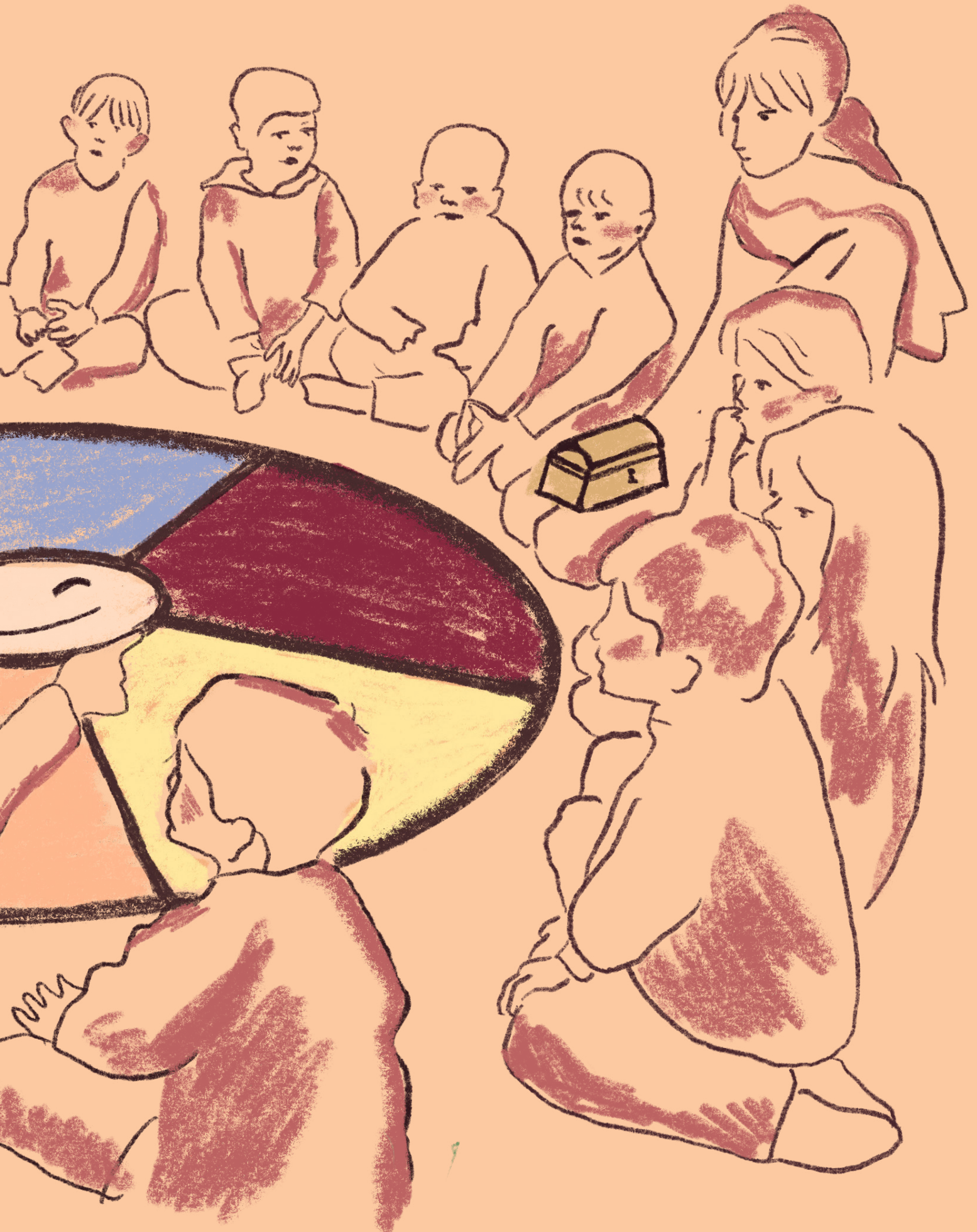
hele kroppen din

Smil til hodet
og hjernen

Den styrer
hele kroppen
din

After the meditation, Sandre and her classmates get ready for the main part of the SKFI class. They roll out the **conversation rug** and gather around it.





Conversation rug

The conversation rug is a tool for conducting good dialogues in the SKFI subject.

Through five steps, the students conduct a shared conversation and reflection about a new important topic from the SKFI curriculum each week. The topics related to, for instance, sexuality, feelings, body image, identity, or relationships.

Depending on the school grade of the children, the topics will get increasingly complex and build on previous conversation sessions.



1. Today's topic, where the teacher introduces the topic for this SKFI conversation session.

2. Let's play, where they warm up with a game related to the topic of the day.

3. Let's work together, where the class uses different techniques to discuss and learn about today's topic.

4. Let's share, where the children share what they have learned from today's tasks.

5. Let's think, where the kids use different methods for reflection about what they have learned this SKFI class.



1. Da
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5. La ce



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2. Laoss
lekei

3. La
sam
job

This week, the teacher introduces the topic of feelings to Sandra and her classmates.

They start with a warm-up game called "Tryll en følelse", where one student wears a magic hat and the others have to mime the feeling chosen by the "magician".

After the game, the teacher introduces the main collaborative task for the day, which is discussion cards. These cards contain short stories and questions related to the theme of feelings. The teacher reads the stories, and the class discusses them together. These discussion cards are part of the resources available to all teachers as a result of the new strategy and curriculum.

After the discussion, they go around the class and everyone who wants to can share and talk about something related to feelings, whether from personal experiences or reflections on the short stories they just heard and discussed.

Finally, it's time for reflection tasks. Sandra and her classmates will sit quietly for one minute and then draw or write down something important they want to remember from today's conversation.

Over time this results in a class environment where Sandra and the other kids feel safe to be themselves without fear of judgement. Teachers for instance start to notice fewer sexual curse words and less bullying.

For some children however, the classroom is not yet a safe space, just safer. Children of conservative religious parents might for instance feel safe to come out at school, but not at home.

Si ;D | Undervisning

Hvor trygg er jeg egentlig om jeg bare er trygg på skolen?

Anonym (12)



Future artifact

Tryggere by Fri

As a critique and reaction to the lack of effort put into easing cross generational taboos related to sexuality education, the queer interest organisation Fri creates the app «Tryggere».

In the app, you can choose to define certain people from your phone's contact list as unsafe. The app will then notify you when these people are approaching your location.

14:19

4G

◀ Søk

Søk

🔍 Spill, apper, artikler og mer

Anbefalt



Tryggere

Trygghet i lomma

Annonse

ÅPNE



Burger Please!

Simulering

HENT

Kjøp i app



Angry Birds 2

Hjernetrim

HENT

Kjøp i app



Stack Ball 3D

Casual-spill

HENT

Kjøp i app



8 Ball Pool™

Sport

HENT

Kjøp i app



slither.io

Action

HENT

Kjøp i app



Geometry Dash Lite

Musikk

HENT

Theo's story

Theo is in 6th grade. He feels safe around his classmates and sometimes prefers to wear dresses or skirts. However, his parents are part of a very conservative Christian congregation, and he is afraid they would not approve of it.

Since he is worried about his parents' reaction, he often changes clothes after he arrives at school. He has installed the Tryggere app to let him know when they are near.

Today he has been hanging out with some friends after school. When his mom suddenly decides to pick him up early, he gets a warning notification from Tryggere, and he changes back into the outfit he wore when she dropped him off.



Tryggere

nå

Mamma, fra din kontaktliste, nærmer seg din lokasjon og er ca. 8 min unna.



Mamma

1 min

Hei Theo! ❤️ Jeg sluttet tidlig på jobb, så er på vei for å hente deg nå.



Despite tensions between certain families and the school, most families are grateful that the school now offers a holistic sexuality education.

To wrap up this scenario we want to invite you to speculate further:

If we only work on easing taboos around sexuality in schools, how might this impact our relationships at home?

If you are reading this scenario as a part of a workshop, its time to find the corresponding *discussion* sheet.

Use the prompts provided there to *discuss and reflect* around this scenario together.

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