### **Appendix 1**

Sketches of directions

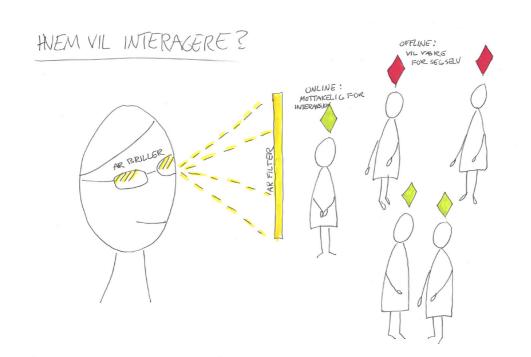
# Encouraging face to face interaction

We wanted to lower the threshold to hang out, meet new people, strengthen friendships, accept each other as they are and encourage dialogue and trust in each other.

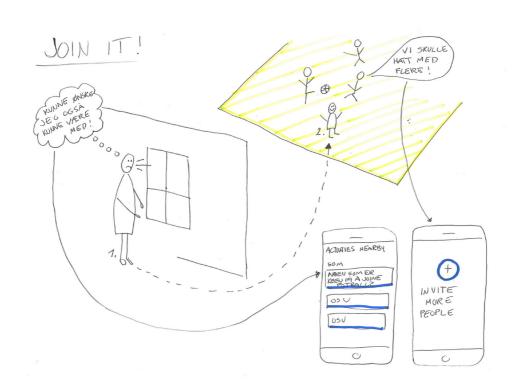
#### Why

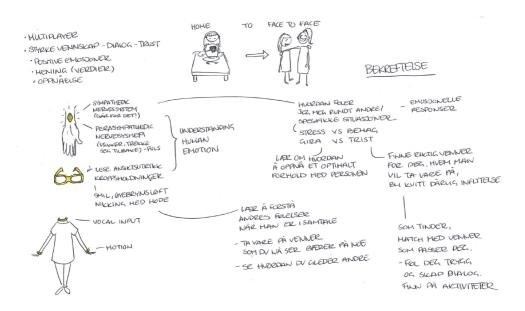
This direction was primarily based on our research showing that media use is increasing, interaction with friends is decreasing. Also exploring how loneliness, uncertainty and pressure around expectations was rising. This made it natural to work towards a direction of youths interacting with each other face to face, rather than social media.



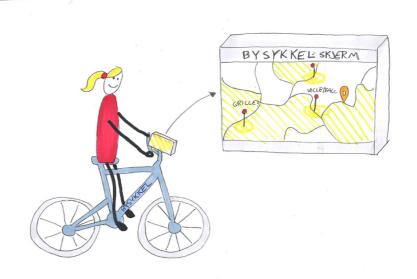




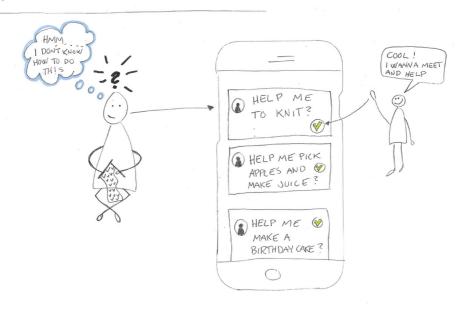


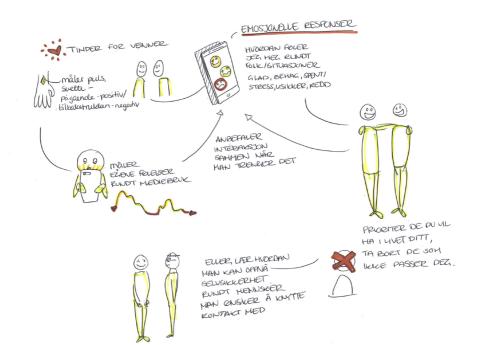


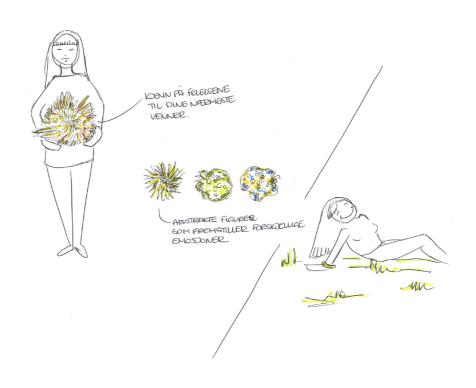
### CITY BIKE SCREEN - FIND PEOPLE + ACTIVITIES



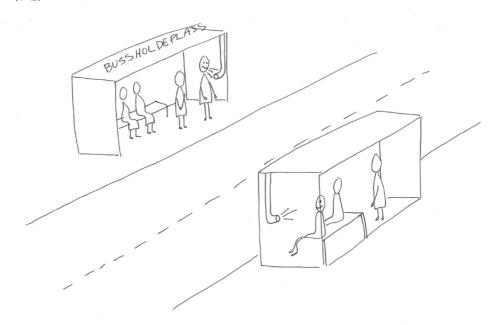
#### ASK FOR HELP = MEET AND HELP

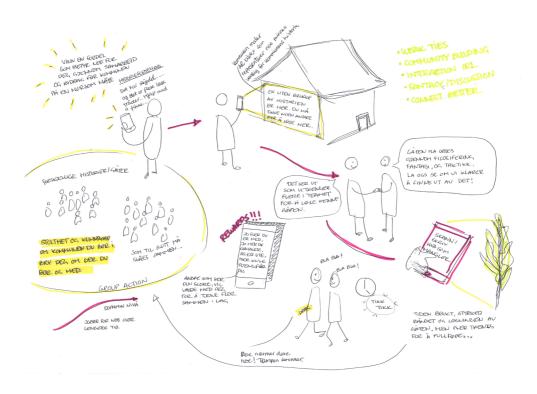


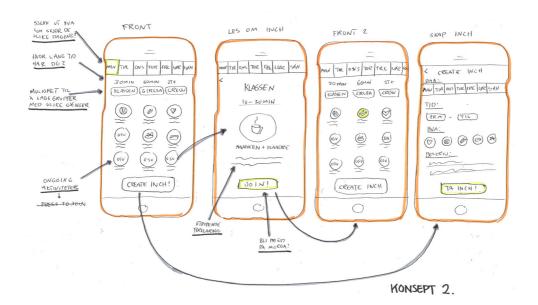


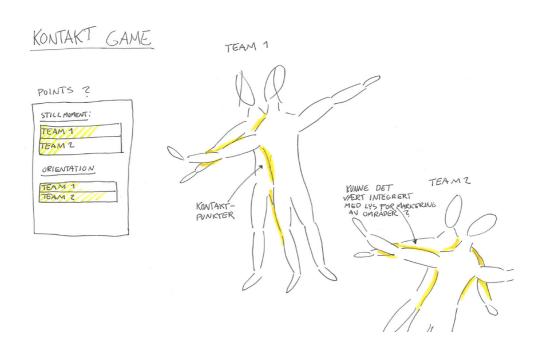


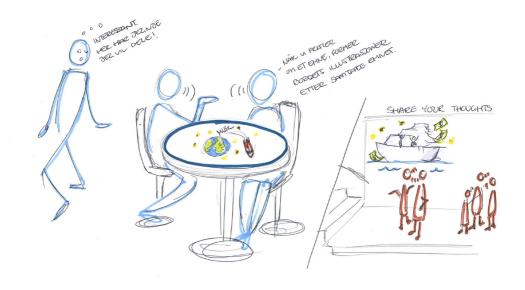
### TALK PERSONAL WITH STRANGERS



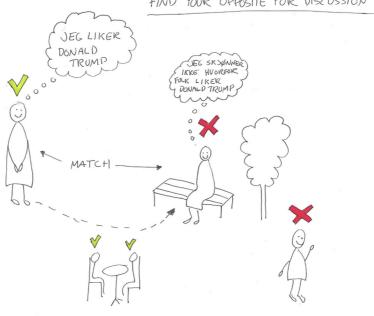








#### FIND YOUR OPPOSITE FOR DISCUSSION





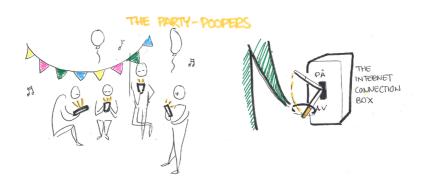
Use social media info to learn what you have in common with the person next to you, or just a fun fact to start conversation

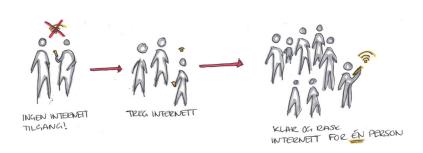
## Digital detox

Motivating and encouraging time off screen.

#### Why

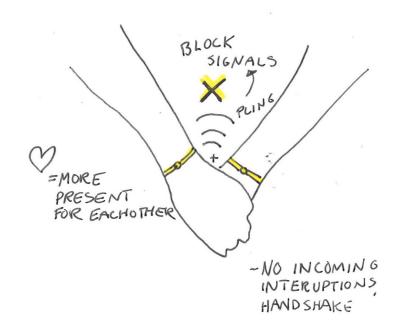
People sometimes can not be wary of their time spent on SoMe, and this creates a barrier from what is really going on in the outside world. With this in mind we wanted to look into how we could make a shift in making people pay attention to the more important things in life.

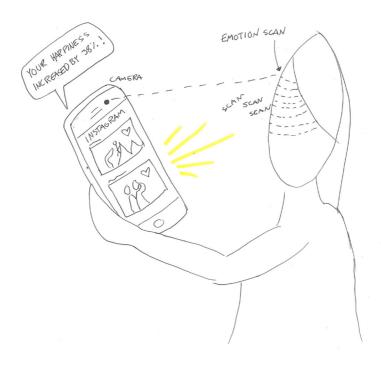




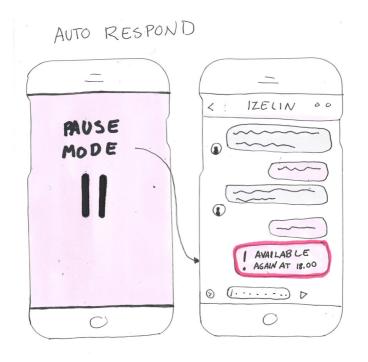
PHONE CACE WICH MAKES IT



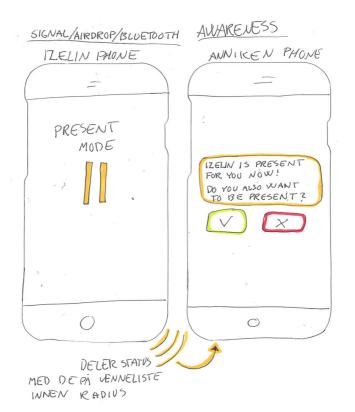










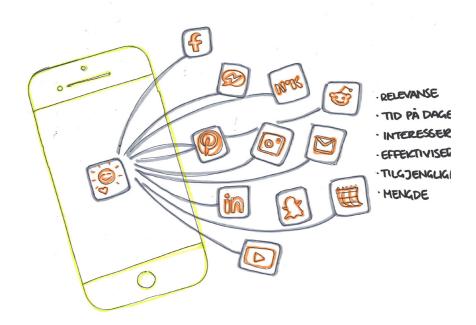


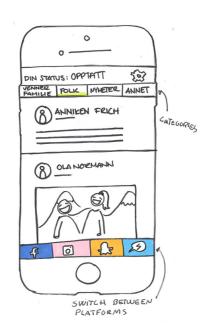
# Merging existing social media platforms

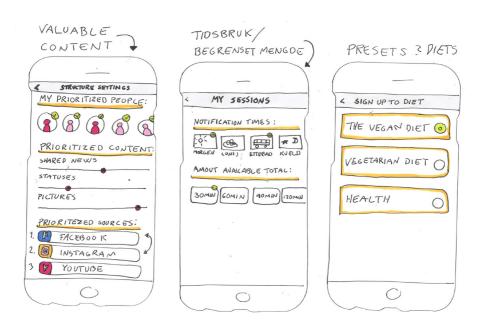
This direction was based on the idea of merging several different social media platforms into one separate app, helping control and overlook them all in one place.

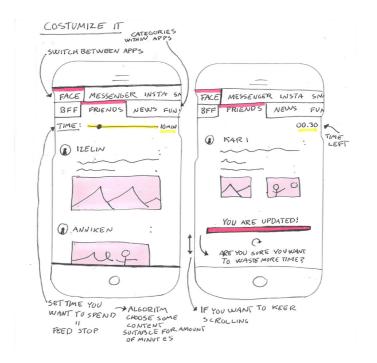
#### <u>Why</u>

This was based on an idea of making it more manageable and time saving, having them all in one place. Some of the teenages we talked too, expressed a wish of having this. We also looked into the possibility to filter, restrict and customize the content from these services. Allowing only to see things which was relevant for the user.







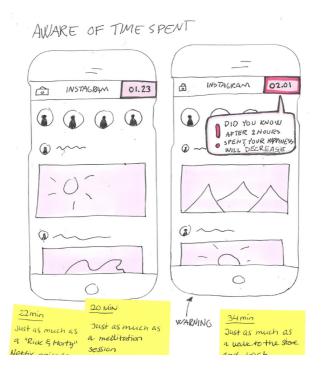


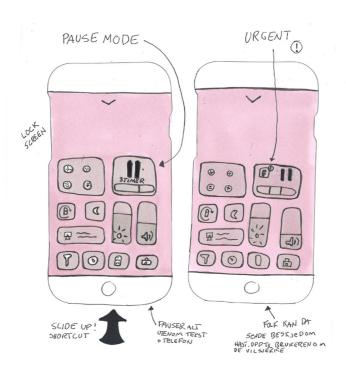
# Redesigning existing solutions

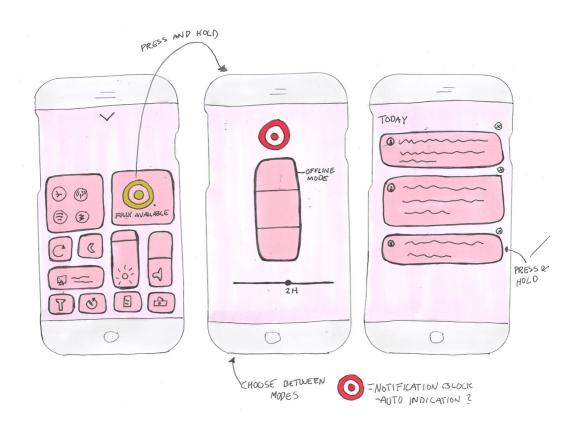
Iterations of small interactions that could be placed into already existing social media platforms and on phones operative systems. Which eventually could help the users gain better control on their daily media use.

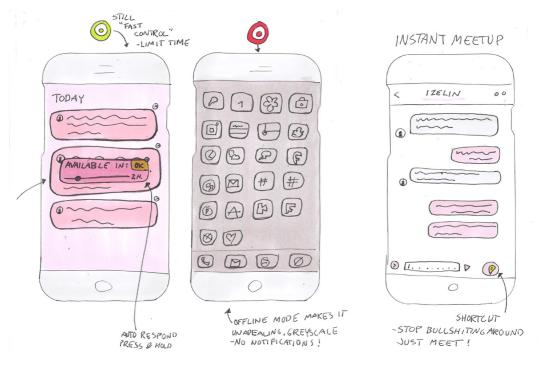
#### <u>Why</u>

We wanted to improve areas where social media platforms make the mistake of not meeting the users needs.







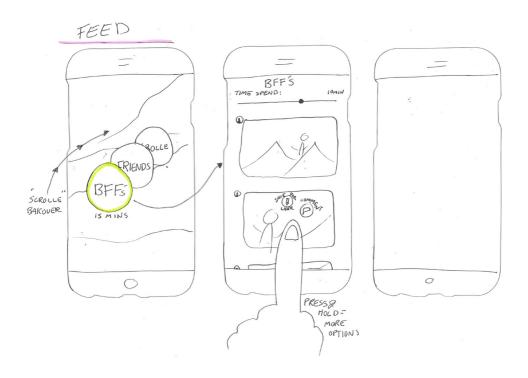


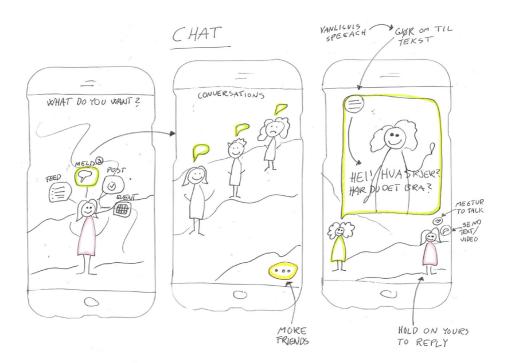
# Indepentent social media platform

Designing a social media platform from scratch.

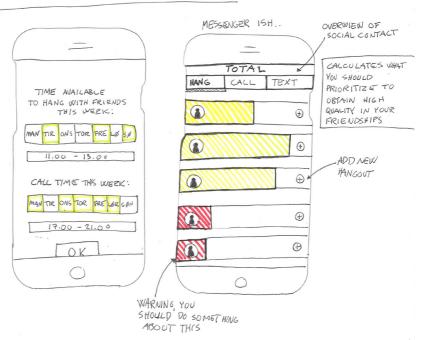
#### Why

We believed that social media platforms today use a lot of mechanisms and tricks to make their users spend too much time on their platform. So we wanted to fully focus on the users needs.





### MAINTAIN GOOD FRIENDSHIPS-CALCULATES PRIORITATIONS



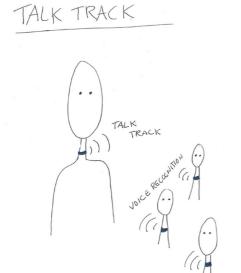
## Awareness on teens social media use

Bringing awareness on today's social media use through different measures, some of the ideas more discursive than others.

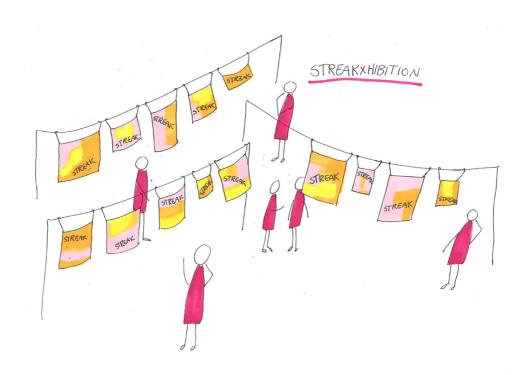
#### Why

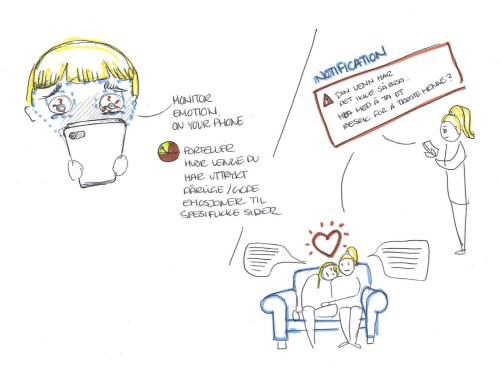
We believed awareness around social media use and seeing the proposed solutions would make an impact and encourage considerations in their everyday life.

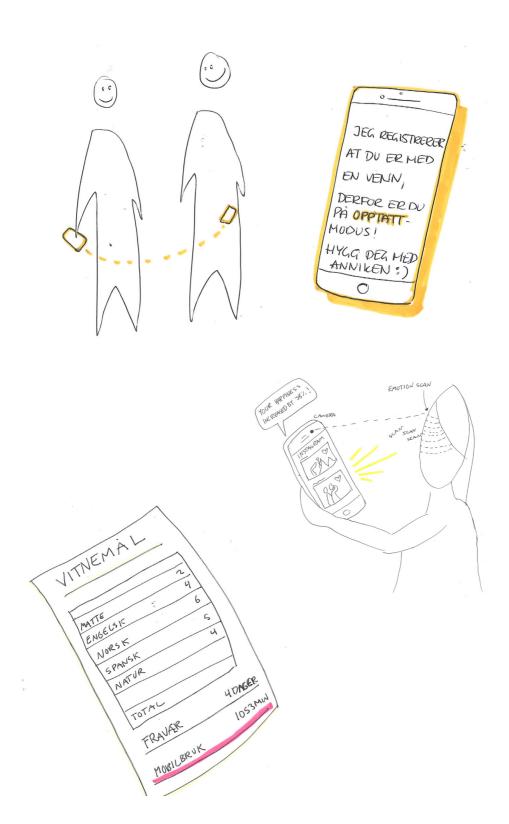












### YEARLY SUMMARY - SOCIAL MEDIA

