S SEM REA ١G THE СТ adapti use f rle e paleet park ca

Karoline Manvik BINDER 02 - process booklet

diploma spring 2024

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Binder 02 contains all the process material for the final project.



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Delivery

BINDERS

Binder 01 - presentation booklet (Printed and digital) Binder 02 - process booklet (Digital only)

BOOKS

Archival book: Original drawings Archival book: Demolition book Photobook: Site 1895-2024 Photobook: Site visits

Sketchbook

Pre-diploma booklet

DRAWINGS

Tracings of original drawings Project drawings Construction diagram Sketches and diagrams

MODELS

Construction model 1:50 Artefact models 1:25

chapter 1 introduction to the project

^sresearch question

Can a building dimensioned for cars become spaces of comfort and joy?

9

abstract

This diploma aims to search for qualities in unwanted spaces, by working with adaptive reuse of Paleet Car Park as case—a multi-storey parking and office structure located in the centre of Oslo, Kvadraturen, slated for demolition in favor of a new office building later this year.

It has been an exploratory study where models have been the most important tool to effectively discover and test out simple measures to maximize the value of the structure.

Allowing history to interact with new concepts isn't just about sustainable reuse; it's also a way to preserve historical uniqueness of our cities and making sure our collective stories are not lost. But we live in a time where what is valued is mainly whats old, though we're not in a position to selectively choose which historical aspects to embrace.

It is important that we take these unwanted buildings seriously and take the time to search for a human scale that may have gotten a bit lost somewhere in the 80s. By letting this car parks original character persist, new and unexpected spaces is allowed; this project is looking at possibilities to prepare the existing building for whatever the occupants want to do with it.

In this case I chose to look for possibilities for residential use in combination with other more social programmes, as I in my pre-diploma was interested in the search for dwellings that provide an alternative to typical pre-determined apartments and brings life to the spaces between the houses.

As I researched in my pre-diploma, the focus on residential repurposing together with offices, studios and communal spaces also seeks to align with Oslo municipality's vision of enhancing Kvadraturens urban vitality and sense of neighbourhood.

Through discovering architectural potentials within Paleet Car Park, this diploma seeks to experiment with new possibilities for this building, and many buildings like it, to outlive their initial purpose.

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chapter 2 the existing building



The main challenge in the Norwegian housing market lies in Oslo, and at the same time as we need more housing, 40-60% of the parking spots in the city stands empty.¹

A city center that in the future is potentially free from private car use, offers many opportunities to create a city better facilitating for human life.

Mapping out independent multilevel car parks in Oslo, the most central of them all, Paleet car park stood out as an interesting case for further speculating on alternative urban housing in Oslo.

1: Oslo Bylivsundersøkelse 2014

16

multilevel parking structures



 \uparrow

Architect: Year: Area: Petter Bogen 1984-87 18 000 m2



Area:

18 000 m2

h o t

Before the cars inhabited the city ,"Paleet," derived from the French word "palais," served as Norways first royal residence between 1814 and 1848.

From the main house down to the sea, there was a garden, where traces can still be seen today. Paleet was a very modest royal residence compared to palaces in other capitals.

And after the royal castle was ready in 1848, Paleet continued to be used by the royal family, but as a residence for court officials and royal guests. It was formally discontinued as a royal residence after the dissolution of the union with Sweden in 1905.

The building burned down in 1942, and the remains were demolished.

The private car ownership spread across Norway in the 60s, and the site functioned as a parking lot since the fire until the car park and office building was built in 1987, since then it has had a facade restoration and stood as the building Oslo knows today.





Photo: Ferdinand Lorentz Prall Elster, ca. 1895-1905



Photo: Anders Beer Wilse, 1905



Photo: Anders Beer Wilse, 1905



Photo: Anders Beer Wilse, 1914



Photo: unknown, 1942



Photo: unknown, 1942



Photo: Leif Ørnelund, 1961



Photo: Knut B. Eng, 1967



Photo: Atelier Rude, 1971



Photo: Sverre Heiberg, 1975





Photo: Bjørn Melbye, 1987



Photo: Bjørn Melbye, 1987



37 a

r

There has for some years now been need and wish for housing in Kvadraturen to vitalize the area. Today the area is already highly saturated by office and commercial buildings, and a place most just pass trough and only a few live.

The area offers lot of historical depth, and much has happened since the seventeenth century Kvadraturen.

From planinnsyn it is clear that what is old is mailny what is valued, and many of the buildings from the 30s and later on is not even listed. *(see the analysis in binder 02)*

As a part of my pre-diploma I researched domestic extensions in existing structures (mostly urban), and if adding housing to the buildings in the city centre could facilitate for a more sustainable urban growth.

This existing car park could be a possibility for just that.







I.

39

programmes



au

housing



-1900 Leilighets/forretningsgårder Massiv murkonstruksjon og trebjelkelag.

Typen går i prinsippet tilbake til 1624

Type 2

1880-1930 Klassiske forretningsgårder Stålkonstruksjon og hovedsakelig betongdekker.

Typen har i en del tilfeller trebjelkelag på stålkonstruksjon ("hybrid")

Type 3

1930-2016 Moderne forretningsgårder Stålkonstruksjon og betongdekker.

Gårdene oppført før 1940 har gjerne høyere verneverdi enn de som er oppført etter 2. verdenskrig



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building typologies (source: KIMA, Atelier Oslo and NIKU, 2018)



45

conservation

e

ilding g Paleet car park is an 17900m2 80s concrete structure that is to be demolished later this year. It mainly serves as a car park, together with a smaller part of offices. The car park shares its block with the historical Amerikalinjen from 1919 by Bjerke and Eliassen, and has in the later years been one in few of its kind in the city centre.

The building has never seemed particularly cherished. Often described as sad, it stands out as Kvadraturens ugly duckling.

At the end of 2022 Bane Nor Eiendom presented the winning proposal for Strandgata 19. 400 parking spaces will now be replaced with an 11,000 square meter commercial building over seven floors, intended to accommodate offices. Same height, same footprint and same form as the car park.

The possibility of reusing the load bearing concrete structure has been considered, but the TT element slabs which suffers from the stress of being in av un-climatized space and constantly exposed to snow and salts were, in the assesment that followed by NTNU and SINTEFS in october 2023, concluded not suitable for re-use together with the evaluation of the pre-determined floor heights which doesn't reach the standard.

But, as the assessment also points out, if the elements are reassembled in an environment with low humidity, it can be assumed that this carbonation will essentially cease. This will reduce the risk of rust formation and associated damage, and the TT slabs could therefore re used.

The issue appear to be the costs of it all. It is cheaper to build new than to re-use and rehabilitate, and it is seen little or no value in these seemingly outdated structures.

But this is not the only 80s concrete car park or public building. These construction systems are to be found world wide. If they all reach their lifespan and are considered unusable after only 37 years, we have a huge sustainability issue no matter how "Low-carbon" the newer concrete is.

And if the concrete slabs is whats reached their time. What about all the other concrete and materials?

(see Binder 02 for the report regarding reuse and demolition)























d r a w i n g

Tracing the original drawings has been an important part of the process to better understand the buildings complexity. Following is a drwaing set of facades, plans and sections.















facade towards Prinsens gate 1:300







facade towards Fred Olsens gate 1:300





68

ground floor



1st floor


72

73

2nd to 6th floor



75

7th floor



8th floor



79

roof













Section 1:300





⁸⁷ construction principle

Todays structure, like most other car parks offers a lot of challenges when introduced to new use. Low ceiling height, little daylight because of deep floors, structural load about half the load needed to support programmes like office and housing, as well as all pedestrian circulation being situated at one end.

The construction system consists of hollow core elements on the office side and TT slabs om the garage side, all slabs stacked on concrete L beams, resting on the ledges of tall concrete columns.

The aim is to transition from tailor made into a more resilient structure for the building to be able to outlive its purpose.





Construction principle 1:200

Column-beam system model 1:25

chapter 3 the proposed reuse

Following is a excerpt from my sketchbook. The rest of the book is in the appendix and at the exhibition.





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Using TT slabs as facade. Not likely possible. Awnings makes the facade more dynamic



The possibility for each unit to choose if they want a second floor or a double high ceiling

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Can the ramps become comfortable spaces?

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Adding window to end of ramp where the ramp is part of a dwelling.

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Visual connection with Amerikalinjen. Keeping the ramps for circulation, as the car parks DNA.





Detail: Making each balcony a little private garden.

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hierarchy structural interventions

Step 1

What is to be dismantled and what can be reused within the project? Make room for sufficient daylight and floor heights.

Step 2

Establishing new structural members due to increased occupancy load.

Step 3

Implementing a human circulation and movement within the structure designed for cars.

Step 4

Piping for water

Step 5

Climate shell





The building is undressed of its granite tiles that gets new use as flooring and smaller cladding where the beams to the courtyard needs insulation. Broken tiles will be used as aggregate in necessary concrete floors.







168 TT slabs will be removed, and sent to storing or recycling. The projects new established courtyard garden recycles crushed concrete from unusable TT slabs as gravel.

152 TT slabs are kept and reinforced with constructive concrete cast for continued use. These TT slabs are from the upper floors, as they are to be assumed "healthier".

By removing these elements the building gains spatial qualities which makes it possible to live there. Even tough over 50% of the TT slabs will be removed, the reuse of almost all of this buildings load bearing concrete structure will significantly reduce the environmental impact.



They TT slabs must be used in their full length, as cutting them would compromise their structural integrity. Therefore, they will still function as floor dividers, but for the buildings changed use, they will require reinforcement to take the increased load.

The slabs are propped up, the asphalt is removed, the elements are sanded, and 100mm new structural topping is applied. The new and increased cross-section of the TT elements then provides sufficient load capacity to support residential/office use.



The beams in the northeast-facing facade now bear an increased load, which is resolved by introducing properly anchored support structures in the form of steel columns at the axis points that currently lack columns.

Leca blocks from the current car park is disassembled and reassembled as unit dividers, then lightly plastered.



Removing the TT slabs in the middle section reduces the load on the column/beam structure toward the new courtyard. Some of this load is absorbed along the side that still has TT elements on alternate floors, but the opposite site. By suspending a walkway from a new beam span on the roof, this balances out the structure again. The walkway is suspended by tension rods from I-beams over the roof and rests on HE 120A beams, which are mechanically attached to the column.





o d e l

5







Larger multi level - multi bedroom, apar All apartments have their own outdoor sp Almost all ramps are kept and use as circulation space. Middle ramp could be seating for events? ACTIVATING RAMPS WHEN NEEDED







The facades towards the city are pulled back from the construction to provide a sense of privacy, and space for private gardens. This privacy is even more important when living in the middle of the city centre.
































To emphasize the spatial qualities the structure can bring, the artefact models in 1:25 shows two of the facades and how small gestures brings a whole new feeling to the space.





Like adding windows to the gaps between the beams and isolating glass blocks on the beam "shelves" to climatize a room. This drags daylight along the underside of the TT slab and the lower window of 30 x 420cm facilitates for a more private space.

While on the north-west facing facade, apartments get daylight, privacy and balconies when the construction is exposed and the facade drawn in behind it.









160 C

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161





On the opposite side of the courtyard, the spaces becomes deeper and narrower when separating units. To maximize natural light and ventilation, there are windows in the spaces between the beams facing the courtyard, and recessed folding facades towards the street for private outdoor areas, increased privacy, and maximum natural light and air.





shallow





The long side of the building facing the Oslo Fjord, which currently houses office spaces, presents a challenge due to its shallow depth. This results in rather unfavorable circulation situations. Therefore, for continued use, a covered walkway is added on the courtyard facade, maximizing the utilization of the limited depth available and creates dwellings with ample facade space.









The outdoor space established after the removal of the mid section of TT elements, forms a narrow and tall green courtyard where the construction is fully readable.

The backyard becomes the mediator between programmes, mainly visually, and partially by access.

171





At some locations, the hallway grows to become small doubleheight rooms. These can be rented out as studios or ateliers where the occupant stands free to use it as one tall space or add a small loft.



O

1





The ramps, which continues as circulation areas, maintain their connection with the TT elements. These areas of the building also retain their low ceiling height of 2.2m under the ribs (2.1m after structural topping), and 2.5m (2.4m) between the ribs. These are spaces that, in addition to circulation, can be utilized as laundries, communal kitchens, bicycle parking, workshops, and play.



o b l i q u e









In the mid section, the ramps are kept as spaces for apartments and spaces for view of the garden.







There is a significant potential for this building to contribute to the revitalization of urban life in Kvadraturen, both because it is centrally located and because its plot relates to public green spaces, public transportation, and the sea.

At street level, therefore, the boundary between the street and the building is blurred by opening up the facade facing Standgata and inviting people in to the periphery of the building, which makes room for public programming, while the centre of it makes space for a green garden.



From the 4th to the 9th floor, the building is designed for residential purposes. The two different sides of the building offer different qualities to the apartments, thus providing a wide range of housing options. The ramps are used for circulation, as breathing spaces, and internally within units (as shown earlier), as well as collective amenities such as laundries, communal kitchens, and hobby rooms that are located adjacent to the ramps on each of the short sides. An important aspect has also been to visually open up towards Amerikalinjen's backyard.

To emphasize the buildings verticality, today's meeting rooms connected to the elevator core in the north wing will be transformed into small individual bars/restaurants of 20m2 each, with associated balconies.





On the 9th floor and rooftop plan, the space is opened up, and apartments are formed between the steel frames that previously held the roof panels. All of these apartments have balconies facing west where the steel frames slope, and a covered walkway is formed on the side facing the backyard.

There is a unique quality of being on the top of the tallest buildings in the midst of the city, and to make use of this potential, the roof has to be redifined.

Towards the Oslo Fjord and the Opera House, the floor is opened up for a semi-private rooftop garden with opportunities for dining, and the mezzanine above will have a private greenhouse for residents and dining where everyone has their own parcel. project d r a w i n g S e







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facade towards Strandgata 1:300





1	5	10	20

facade towards Prinsens gate 1:300





1 5 10	20

facade towards Fred Olsens gate 1:300







1: Mezzanine co working space 2: Mezzanine cafe

3: Mezzanine office

1st floor





- Living units
 Laundry
 Co-working space
 Bar/Dining
 Common areas
 Common hobby areas
 Atelier/Studio

2nd, 4th and 6th floor





Plan 1:300

- Living units
 Laundry
 Co-working space
 Bar/Dining
 Common areas
 Common hobby areas
 Atelier/Studio







- Living units
 Common kitchen/dining/party area
 Co-working space
 Bar/Dining
 Common areas
 Common hobby areas

3rd and 5th floor





Plan 1:300

1: Living units 2: Rooftop garden 3: Bar/Dining 4: Common hobby areas

7th floor





Plan 1:300

1: Roof top living units

2: Mezzanine parcel green house3: Technical room (as existing)

8th floor (rooftop)





roof





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chapter 4 references and sources

references



lingotto fiat factory giacomo mattè-trucco turin, italy 1923



pavilion annemarie hubacher-constam zurich, switzerland 1958



highrise of homes james wines usa 1981



pc caritas de vylder vinck tallieu melle, belgium 2016



apartment building in nerima go hasegawa tokyo, japan 2010



apartment building in nerima go hasegawa tokyo, japan 2010

229 s o u r c e s

planinnsyn

All original drawings is collected from Oslo Kommune Planinnsyn All material from suggested development collected from from Oslo Kommune Planinnsyn Complaint collected from Planinnsyn Notes regarding demolition and the possibility for reuse collected from Oslo Kommune Planinnsyn

other

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appendix

²³³ ketchbook



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Using ramps for other than circulation alternative: keeping ramps - action the roof suppopulation of the roof system potential ?? inter bicroschy of HE OW SPACES PROSJEKT _ HVA NA ? nodellis "Awerdan abtivisere rampene? i the slags program kan dra nytic av. structure? takca? t he style pa. I plan through technologic det seg til Amerikalingen
PRESENTASJON _TENK PA: (angord) . . fjorne pistoler som ikke går av. Flett sommer research og prosjekt la dum dra nyfte av hverandre og spille hverandre gade 1.
Perfeksjoner diagrammer og ikke foriell.
Aut steget 3 noved grep t hjelpere tegre . ut . 1. edg? rompere.















Using ramps for other than circulation ? SPACES - ap LOW SPACES SHALLO + public ground floor 44 apt . t gardin, laundries, affices, restaurants, orielters, conversing spaces, and generary. Apartments ranging from small studio/ student apartments to Larger multi level - multi bedroom, opartmuts All apartments inevertime and articleor space. Almost all ramps are kept and used. as circulation space. Middle ramp could be seating for ACTIVATING BAMPS WHEN NEEDED





















Using ramps for other than circulation vitaliseringsprogram tonits a veiled alog 3 april konstruksjon spriasipper veiledning my solveig ang. DT- clement og egnet onbi id term techback 03.02 Marten Branthan " (3900. til 13 februar : keep i 40000 FANTIKUARENS BYETBATTEGI 15810 (rengen of Byene er - og skal være - mangfældlige likke en læming, som gjelder for elt Ralett av muligheter Modull . 1:20. 4200 x 2000 Tegningesett. Bilder (Ny Barning): th Care enters to the care of the modell 1:50 1680 x 500 for brutuiking Sorrez : 12 ulike Gaylongper Utarbeidet 29.03.2019 ce cataloni a piper - 50/60 +7pe 5308: 4stk Tog UTVIKLINGS PEINSI PPEC . Situasimumodell - nabofasadur ?? : "idiudare i (150? amerikalinjan bakken College College talene En helhettruer En helhettruer Iternige tiltak Lenkigtoner Ult kanabi oner ut fasabet obrono Det ber etable er hereikttare Upggehendet Et samevoleal late hellesturi Atturen Notanzee Notanzee Notanzee Notanze De natur Honoria De natur De natur Notanze Realers Hillet Kvad USing Fames for other than circulation mative : hierarchy of vitaliscingsprogram kuadratura veiledning 3 april Konstruksjonsprinsipper existencing my solucing ang. mig them block as. 12 OLE Morten Branthan ginhomgang 13.02 toroday : Eartlegge p. hus og årstal Slabs or more? office par taksonomi keep sectional richness, the history of this building as a garage modul tanker triple check the slabs keeping amazing columns. other car parks phus over backen logistics and transporting operations - spektroum prhue parcet prhue gunerius prhus (322) car park as a typology integrating covis , void day light. thinness, wood, mismath Scors showing subtraction . D sitelan med tomt weight and dimention 12. 80, concrete norway map D. planur, snitt etc. Start with overall 6. nodellbilde P-hus forst and then housing horne. (nyti liv. til nurstain). lare à snable friere.











a part and

ind.













²⁶³ Collected original drawings





















Kjøper P-hus for å rive det

Bane Nor må skaffe ny bussparkering for buss for tog i Oslo sentrum. De har punget ut med 1 milliard kroner for Paleet P-hus.



Paleet P-hus er ikke byens vakreste. Nå skal det etter planen rives og blant annet bli buss-for-tog-terminal. Foto: Signe Dons

bes purchan + oppu

vurA cring



Publisert: 09.11.2021 19:25 | Oppdatert: 11.11.2021 14:33

Nyhetsbrev: Vink til helgen

Hver uke forteller vi deg hva som skjer i Oslo i helgen. Vi deler ferske tips om gode spisesteder, kule opplevelser og ting å finne på i byen og i Marka. God helg!

Det ligger på en av Oslos desiderte kremtomter tett ved Bjørvika. Men Paleet P-hus, nederst i Prinsens gate, har aldri vært spesielt høyt elsket. Det ni etasjers P-huset med en liten kontorfløy ble åpnet i 1986 og har de senere årene vært et av ganske få i sitt slag i indre by.

²⁷⁵ **demolition**


































pre-diploma

PRE-DIPLOMA l i v e t m e l l o m h u s e n e

Karoline MANVIK AUTUMN [2023] @ AHO















retninger for vekst directions of growing



























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